

Year 3 MAP Goal Implementation Status

| INDICATOR | Lead Agency/ Person | Status October 2014 | Status January 2015 | Status April 2015 | Status July 2015 |
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| GOAL 1 | | | | | |
| 1.1.2 Information Dissemination Plan implemented - mobile information table created, meetings held with faith-based groups – Project EngAGE implemented – Communication s Toolkit created and distributed to MD offices | OCDoA | Faith-based Symposium being planned for 3/5/15 with help from Project Engage leaders. 2 nd Project EngAGE leadership class begun 9/11/14. UNC PhD student volunteering to create info packet for local MDs. | 13 more Project EngAGE senior leaders graduated on 1/8/15. Meetings begun with UNC Health Network to find ways to disseminate info about OCDOA services to Orange Co. patients | The Aging and Faith Symposium was held on March 5, 2015. Approx 20 Faith groups were represented. All are being surveyed to assess next steps. Project EngAGE SRT will help organize follow-up activities | MPH summer practicum student focused on medical provider outreach |
| 1.2.1 Info related to finances, long- term care insurance and estate planning provided through Senior Centers | OCDoA/RSVP/ Senior Centers | Ongoing program offerings at both senior centers | Ongoing | Ongoing. | Ongoing. |
| 1.3.1 Older adults from minority, refugee and immigrant groups linked to Senior Centers | OCDoA/Senior Centers | Strong outreach to Chinese and LBGT communities. Will focus on Spanish speaking elders in Year 3. | Aging Transitions brochure and other senior center items being translated into Spanish. Co-hosted a Latino Health Fair | Older Adult Latino Open House planned for May 5 th at the Seymour Center. | Older Adult Latino Open House planned for Sept 16 th at the Central Orange Ctr. Spanish Help Line created. |
| GOAL 2 | | | | | |
| 2.2.1 Changes in policies that may prevent development of | Planning Department with help from OCDOA Advisory | Summer Intern report on housing barriers completed and to be used for | | OCDOA staff and Board members have been attending public housing | Public Health intern developed report suggesting |

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| senior housing | Board | discussion with city/county planning depts. | | meetings to represent older adult housing interests. | specific policy changes needed to promote senior housing |
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| 2.2.3 New partnerships created to increase housing choices | Housing Dept, Planning Dept, OCDOA | Senior Housing Expo to be held at the Seymour Center on 10/25/14. Event to draw both those looking for senior housing and those who want to develop it. | Senior Housing Expo great success, attracting close to 300 participants! Next Aging in Community session will focus on Tiny Houses/living small - Identifying builders. | Presentation on Tiny Houses held in March – attracting 200+. Local planning offices and 4 small home builders were there to answer questions | MPH Student intern meeting with senior housing developers to assess barriers and facilitators for further development |
| 2.2.4 Organization of intentional communities in Orange County encouraged – toolkit developed | OCDoA with Charles House | | Creating a shared/co-housing roommate screening tool to assist with roommate selection | A Shared-housing workshop is planned for June to help home owners find people to share and to set up rental guidelines. | Shared Housing discussion held in June brought together those who want to share a home and those who have space to share with others. Consultation with intentional community leaders - ongoing |
| 2.3.1 Increased awareness of universal design | Planning Dept, OCDOA | Presentation on Universal Design included in Senior Housing Expo offerings | | | |
| 2.3.2 New standards and codes proposed for universal design | OCDOA Advisory Board | Standard will be considered for adoption at the October Senior Tarheel Leg | Plans begin to host a policy related think-tank for vendors of universal | Ongoing | Plans for workshop put on hold as we re-visit the overall concept |

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| | | meeting in October | design features | | and speaker choices |
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| 2.4.1 Meetings held with NCDOT to advocate for safer navigation mechanisms for older adults | Planning Dept with support from OCDOA Advisory Board | | Advisory Board on Aging initiates Complete Streets task force | | MPH student intern developing Complete Streets presentation to advocate inclusion of older adult issues |
| 2.4.2 Meetings with county/ regional transportation organizations to advocate for more public transportation options in rural areas | OCDOA Advisory Board | Mobility Manager working closely with OC Planning Department and OPT to expand bus service in rural areas with ½ cent tax revenues. | Ongoing | Ongoing | Ongoing |
| 2.4.3 Designation of an Aging-related Mobility Manager | OCDoA/ Planning Department | Transportation Specialist (Mobility Manager) in place. Grant received from MPO for additional funding through July 1, 2016. | Ongoing | Ongoing | Ongoing |
| 2.4.4 Navigation and transportation needs assessments conducted every 3-5 years in areas densely populated or heavily used by older adults | OCDOA, Triangle J COG, OC Planning Dept, Towns of CH, Carrboro and Hillsborough | Summer intern assessed OPT bus ridership in northern orange and for Chinese Speaking community. OPT is using data to enhance ridership. | | | Summer intern interviewed seniors about barriers to road side safety and walkability in Hillsborough, Chapel Hill, and Carrboro |

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| 2.4.6 Maps with county-wide navigation and transportation routes created | OCDoA, OC Planning Dept | 2.4.6a – Maps updated in 2014 | | | |
| 2.5.1 Expansion of volunteer driver programs to low-income older adults | OCDoA/RSVP | Mobility Manager beginning to explore new service. Received continued funding for FY 2016. | Recruitment for volunteer driver program through OCDOA will begin in Feb 2015 | Volunteer Driver training provided in March and April. Service to begin in May. | Volunteer Driver program initiated. |
| 2.5.2 Private transportation providers encouraged to offer door-to door and other services to shopping areas | OCDoA Advisory Board | | | | |
| 2.5.3 Expanded bus service between the senior centers and other businesses, especially at midday and weekends | OC Planning Dept, Chapel Hill Transit | ½ cent tax expansion plan approved by BOCC. To be implemented over 4 years. Some new expansion began in July and Sept. | More expansion for later afternoon shuttles at Senior Centers in the plans for implementation April 2015 | Expanded fixed-route bus service in rural parts of county to begin in June. | Additional buses and demand service will be added in Sept |
| 2.5.5 Advocacy for a consolidated /coordinated transportation system organized | OCDoA Advisory Board | Mobility Manager trying to coordinate services for older adults on an individual level. | Ongoing | Ongoing | Ongoing |
| 2.5.6 Senior driver education programs offered | OCDoA/AT | One or two programs offered every quarter through AARP or Aging Transitions | ongoing | Ongoing | Ongoing |

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| 2.6.1 More home-delivered meals provided to more individuals and areas of the county | OCDOA Advisory Board | Both OCIM and Meals on Wheels report delivering more meals. Project EngAGE leaders researching way to provide frozen meals in rural areas too more people. | Project EngAGE resource team formed to address this problem | Ongoing | MPH student intern helping to provide needs assessment data. Maps developed to show senior population densities and location of food sources |
| 2.7.1 Faith-based groups encouraged to provide respite services to caregivers | OCDoA/AT | Pilot project being discussed with First Baptist Church in Chapel Hill. Respite services will be on agenda for Faith-based Symposium planned for March 2015 | Ongoing | | |
| 2.7.5 Carolina Villages project supported to promote creation of more "villages" | OCDOA, Carolina Villages | On-going support offered through meeting space and staff liaison. | Ongoing | Ongoing | Ongoing |
| 2.8.1 Feasibility of raising income qualification under Homestead Tax program explored | OCDoA Advisory Board | 2.8.1a -BOCC included this in its 2013-14 legislative agenda but not picked up. Also brought to Senior Tarheel Legislature for inclusion by OC reps | | | |
| 2.8.2 Home modification assistance info included in community | OCDoA/AT/ Housing Department | Information available in 2013-14 Resource Guide and at Senior Housing Expo on | On-going | Ongoing | Ongoing |

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| resource guides and part of information fairs | | Oct 25 th . | | | |
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| GOAL 3 | | | | | |
| 3.1.1 Dissemination of GIS map of where older adults are concentrated to other county departments, faith-based organizations, and UNC websites | OCDoA/RSVP | | | | GIS maps of County areas noting concentration of seniors disseminated to researchers at UNC for use with a healthy food access program |
| 3.1.2 Two trainings a year scheduled at senior centers to train volunteers in how to lead evidence-based exercise programs | DoA/Wellness | Wellness Coordinator will be trained as a Master Lay Leader so that she can train volunteers to lead evidence-based programs. Recreational Therapy student intern will develop and help deliver pilot exercise class at New Hope Presbyterian church in fall. | Pilot exercise programs were started in two faith-based groups in OC in Nov. 2014 Trying to find additional volunteers to lead. | Student advisors identified for summer. Classes continuing. | Classes are operating on their own - peer lead. Interest of volunteers teachers to be trained in evidence-based exercise/education classes. |
| 3.1.3 Social Marketing Campaign implemented to encourage older adults to exercise | DoA/Wellness | Plans to create new campaign in fall 2014 to encourage Senior Games participation | 2015 OCSG registration forms out to community and new SG ambassadors 1 st of Jan. Trained new ambassadors | Senior Games in process. | New exercise and walking programs scheduled in the community & at SC's Fall 2015. |

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| 3.2.1 Promotion of the model of medical homes | CRC | On-going promotion of and referral to PACE programs in Burlington and Pittsboro | Ongoing | Ongoing | Ongoing |
| 3.2.2 Expansion of hospital transition programs – decline in hospital readmission rates | CRC, UNC hospitals | UNC continues to enroll participants into various care transitions programs | Ongoing | Ongoing | Ongoing |
| 3.3.1 Older adults educated on mental health and substance abuse issues | OCDoA/AT/ Cardinal Innovations/ Wellness | Cardinal Innovations will provide program at SeniorStrider meetings in Nov 2014 in Chapel Hill and Hillsborough | Plans to offer on-going qtrly MH education to the public beginning in May 2015 | | Mental Health First Aid course offered to staff and public June '15. Substance Abuse in Older Adults and Families Forum held 7/15/15. Mental Health Screenings co-held with the National Memory Screening Day Nov. '15. |
| 3.3.2 Healthy IDEAS materials sent to primary care practices | OCDOA/ Wellness | | | | Summer Practicum Student working on contact with Care managers in medical offices. |
| 3.3.3 Access to free MH and SA screening, referrals, and | OCDoA/AT | On-going. Brief counseling available at the Seymour Center one day a week. | Ongoing. | Ongoing | Ongoing |

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| brief counseling services expanded at Senior Centers | | | | | |
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| 3.3.4 MH needs of long-term care residents identified and advocacy for appropriate treatment organized | Cardinal Innovations – /OCDoA | | | | Move to Year 4 |
| GOAL 4 | | | | | |
| 4.1.1 EMS and DoA collaborate to provide info and training on falls prevention | OCDoA/EMS | EMS/DOA Stay Up and Active initiative ongoing. Last year, EMS has screened more than 450 adults older than 60 as being “at-risk” and has been in touch with more than 70 of them for additional follow up | 1,000+ people have screened positive for falls risk through EMS program. Falls prevent Advisory Committee formed to include reps from long-term care and UNC hospital | Joint EMS project is ongoing. Project SRT formed to address fall prevention and Exercise promotion. MPH summer intern assigned to work with them. | Ongoing |
| 4.1.2 Reduce need for EMS ambulance response for falls intervention at LTC facilities | EMS | | To be addressed by falls prevention Advisory Committee | | Move to Year 4 |
| 4.1.3 Frail older adults are in safe places during emergencies | EMS/DSS/OCDOA | EMS plan in effect. | Ongoing. | Ongoing | Ongoing |

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| 4.2.1 LTC Learning Collaborative promotes a) on-site continuing education and exercise classes, b) a model of person-centered care, and c) evidence-based activities that meet individual needs in LTC facilities | OCDOA Advisory Board/Triangle JAAA | 2014 OC LTC Quality Service Awards presented to Carol Woods, Livewell FCH and Acorn Home Care for innovative practices supported by the LTC Learning Collaborative. LTC-LC workshop planned for OCT 2014 to share results from award process and kick-off 2015 project focus. | Focus for 2015 to be on the Music in My Mind/Orange County program. OCDOA sponsors MIMM User group meetings once a quarter for peer consultation. | Ongoing, | Ongoing |
| 4.2.2 LTC Learning Collaborative focus on palliative care and end of life programs – Music in My Mind | OCDOA Advisory Board/Triangle JAAA | Focus on palliative care delayed until Year 4. Year 3 focus will be on implementing the Music in My Mind/OC program in all LTC facilities. | Nine long-term care organizations signed up to participate in Music in My Mind program for LTC Quality Service Award. | Deadline for LTC Quality Service Awards focused on MIMM implementation extended to Aug 2015. | |
| 4.3.2 Information distributed about how to report abuse and neglect | OCDoA/DSS/ CRC | | Information distributed through Senior Centers during Elderabuse Awareness Month. | | |
| GOAL 5 | | | | | |
| 5.1.1 Programs offered at Senior Centers, libraries and other community locations widely advertised | OCDoA/ Senior Centers | On-going via Senior Times distribution, press releases, webpage, Facebook, and list serv blasts. | Ongoing | Ongoing | Ongoing |

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| 5.1.2 Faith communities encouraged to offer adult education at their sites | OCDoA/AT/Wellness | | Pilot exercise program was started in two groups in OC in Nov. 2014 | Ongoing | Some FBOs hosting exercise, evidenced-based classes/workshops/Tai Chi |
| 5.2.1 Forums to discuss housing and transportation services offered | DoA/Housing & Planning Departments | | Senior Housing Expo held on Oct 25. Transportation seminar provided to Chinese-speaking seniors in fall. | | |
| 5.2.2 Volunteer recruitment services maintained through RSVP programs | DoA/RSVP | RSVP will not renew federal grant in April 2015 and will transition to be a full program of OCDOA over the winter/spring. | New volunteer program, called Volunteer Connect 55+ in transition. | RSVP grant ended March 31. Volunteer Connect 55+ transition coordinator identified. Will be assisted by MPH summer intern through end of July. | New Volunteer Connect 55+ manager hired. Transition from RSVP program in progress |
| GOAL 6 | | | | | |
| 6.2.1 Members of the Aging Advisory Board designated to participate in town and county housing and transportation planning efforts | OCDoA Advisory Board | 6.2.1a – Aging Board member serving on transportation OUTBOARD planning Committee. Two Aging Advisory Board members taking lead on housing issues. | | On-going | Ongoing |
| 6.2.2 Complete Streets policies promoted | Aging Advisory Board | | Complete Streets task force being created. | Complete Streets Planning group meeting. | Ongoing |

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| 6.2.3 Advocate for legislation that would increase the number of handicapped parking places in public developments | OCDOA Advisory Board | | | | Move to Year 4 Plan |
| 6.3..1 Funding sought for transportation and housing initiatives | OCDoA/Housing & Planning Departments | ½ cent tax increase for transportation in rural areas funding more bus service in northern orange county. MPO grant awarded for additional bus service in southern part of county beginning in July 2015. | Mobility Manager funding continued until June 30. 2016 through grant with MPO | | Grant written to assess criteria for aging friendly neighborhoods using Carrboro and Hillsborough as test communities. Submission planned for Fall 2015 |
| GOAL 7 | | | | | |
| 7.1.1 Opportunities for healthcare providers and students to learn more about aging-related issues expanded | UNC Center for Aging and Health | OCDOA is hosting 2 MSW, 1 RT, and 5 MPH students in field placements/projects this fall. Relationship with SHAC (Student Health Action Coalition) formalized to host "Beyond Clinic Walls" program. | OCDOA will provide opportunities for students to participate in new "One-Stop-Shop Clinic for Community Living" to begin in Feb 2015 | OCDOA awarded 5-member MPH Capstone Team for 2015/16. Will host 6 MPH summer interns between May and August. | Hosted 8 MPH student summer practicums between May and Aug. |
| 7.1.2 Countywide recognition program for direct care workers established | OCDOA Advisory Board | SHARP (senior health advocacy and resource project) committee has agreed to organize a county-wide | Applications for Direct Service Worker awards available in Feb. Awards to be determined and given in May | Award ceremony planned for May 6, 2015. | Direct Care Worker Awards Ceremony held with 26 nominations, and 8 finalists. |

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| | | award process for direct-care workers. | 2015. | | |
| 8.1.3 Annual MAP update | OCDoA | | | | |