



“What’s Up Doc?”

Take Charge of Your Health

Talking With Your Doctor

Managing Your Medications

Finding Help & Information

Presentations:

“Talking With Your Doctor”

Jean McDonald, FNP

Orange County Health Dept.

“Managing Your Medications”

Jena Ivey Burkhart, PharmD

UNC Medical Center

Get Info About:

- Medicare
- Medications
- Mental Health
- My UNC Chart
- Transportation
- Internet & Computer Access

FREE SEMINAR

Dates and Locations

Seymour Center

2551 Homestead Road in Chapel Hill

Wednesday, September 30

1:00 p.m. – 3:00 p.m.

To register, call 919.968.2070

Central Orange Senior Center

103 Meadowlands Drive in Hillsborough

Wednesday, October 7

9:30 a.m. – 11:30 a.m.

To register, call 919.245.2015

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