



## FAMILY SUCCESS ALLIANCE

*Strengthening the pipeline of success for children and families in Orange County*

ISSUE 4 - September 2016



### Updates & Events

Focus on past and future news, events, and updates

### Resources & Tips

Helpful/practical information

### Spotlight

Highlighting FSA families and partner organizations

## About the Family Success Alliance

We are a group of caring and proactive community members, organizations, and local government agencies working together to ensure children in Orange County, whose families struggle to make ends meet, have the opportunity for a healthy, safe, and productive life.

We are strengthening the pipeline of success for children from cradle-to-college and career.



## Coby's Corner

By Coby Jansen Austin, FSA Director of Programs and Policy



When was the last time you felt both inspired and challenged?

That's how I feel today, as the Family Success Alliance shares its hot-off-the-press [2016-2018 Strategic Plan](#). After hearing our zone families' priorities, summarized in the 2015 Gap Analysis, we convened dozens of partners across the county to identify specific things we need to do as a collaborative to achieve our common agenda.

I encourage you to take a peak. When you look at this plan, you will see more than 30 organizations who are key in implementing it. Is there some way YOU are uniquely positioned to help? Let us know, and we'll make sure you're at the table.

## Updates & Events

### Mark your calendars

#### Events

#### **FREE Citizenship Classes**

**When:** Mondays and Wednesdays from September 19 - December 14

**Time:** 6:00 PM - 8:00 PM

**Where:** Orange County Public Library, West Campus Building 009, 131 W. Margaret Lane, Hillsborough, NC

**Details:** Students must be legal permanent residents of the U.S. (Green Card holders) and applying for citizenship soon. The classes are a partnership between Orange Literacy and the Orange County Public Library.

**Contact:** Orange Literacy (919) 914-6153 or [ewood@orangeliteracy.org](mailto:ewood@orangeliteracy.org)

#### **Faith ID Drive**

**When:** September 24th

**Time:** 8:30 AM - 11:00 AM

**Where:** Saint Thomas More, 940 Carmichael Street, Chapel Hill

**Details:** Come get your Faith ID. 300 ID's will be given at this event. Bring proof of identification (passport, national ID card, matricula consular, driver's license from NC or other state); proof of current address with a date from the preceding three months (utility bill, lease agreement, bank statement, medical record, approved ID with address), and \$10 in cash.

**Contact:** El Centro Hispano at (919) 945-0132

### FREE English Classes for Parents

**When:** Mondays and Wednesdays beginning September 26

**Time:** 6:00 PM

**Where:** Northside Elementary, 350 Caldwell Street, Chapel Hill, NC

**Details:** Offered by Orange Literacy and the Family Success Alliance. Improve your English to: Talk to your child's teachers; Help your child with homework; Read to your children; and Learn about your community. Free childcare is provided for children age 4 and older.

**Registration: September 19 at 6:00 PM**

### FREE Incredible Years Baby Parenting Group (English)

**When:** Wednesdays starting September 28th for 10 weeks

**Where:** Holy Trinity Lutheran Church, 300 E. Franklin Street, Chapel Hill

**Time:** 9:00 AM - 11:00 AM

**Details:** Babies attend with parents. Snacks and toys provided. Additional child care and transportation available upon request. Please register in advance.



These free 10-week groups are for parents in Orange County who have babies birth - 9 months of age to receive group support while they learn about meeting their babies' developmental and emotional needs. Groups will meet once per week and will follow the Incredible Years Baby curriculum. Parents will increase their understanding of their baby's development, behavior, and needs, and have the opportunity to connect with other parents.

**To Register, Contact Alexandra Morris:** (919) 593-4655

### New Hope Elementary Latino Festival

**When:** October 7th

**Where:** New Hope Elementary School, 1900 New Hope Church Road, Chapel Hill

**Time:** 5:30 PM - 8:00 PM

### New Hope Elementary Fall Festival

**When:** November 4th

**Where:** New Hope Elementary School, 1900 New Hope Church Road, Chapel Hill

**Time:** 5:00 PM - 7:30 PM

## FSA Spotlight on Racial Equity

by Meredith McMonigle, Program Coordinator

Let's be real. Many of the challenges facing families are rooted in the structures of our institutions. The collective impact work of FSA cannot be done well without a strong commitment to racial equity and advancing opportunities for all. Here's what we've committed to doing over the course of the next two years:

- By June 2017, FSA staff will have completed Racial Equity trainings, proposed strategies for providing similar trainings for FSA Advisory Council members, and piloted the use of a racial equity tool to make programmatic decisions.
- By June 2018, FSA staff will adapt a racial equity tool(s) for use in decision-making and hiring and develop a plan for ongoing use and reporting to Advisory Council and the community.
- By June 2018, FSA backbone staff will participate in and report to Advisory Council on equity activities of the United Way, Chapel Hill-Carrboro Public Schools and other local entities identified that are working in this area.

Our racial equity bookmarks:

- Organizing Against Racism: <http://www.oarnc.org/>
- Government Alliance on Race and Equity: <http://racialequityalliance.org/>
- Racial Equity Institute: <http://rei.racialequityinstitute.org/>
- Stanford Social Innovation Review: [http://ssir.org/articles/entry/the equity imperative in collective impact](http://ssir.org/articles/entry/the_equity_imperative_in_collective_impact)



FSA staff and partners learned about the Campaign for Racial Equity in Our Schools report 'Excellence with Equity: The Schools Our Children Deserve'. Read it here: <http://d3h47xle2cecj9.cloudfront.net/wp-content/uploads/2013/08/Excellence-with-Equity-Report-Final10.29.15.pdf>

## Resources & Tips

### Helpful Hints

#### Parents/Guardians of 9-11-Year-Olds

This is a time of growing independence and changes both physically and mentally. The following are some things you can do to help your child during this time.



- Spend time with your child. Talk with him/her about their friend, accomplishments, and challenges.
- Be involved with your child's school. Go to school events; meet their teachers.
- Encourage your child to join school and community groups such as a sports team or volunteer with a local charity.
- Help your child develop their own sense of right and wrong. Talk with him/her about risky things friends might pressure them to do and how they can say 'no'.
- Help your child develop a sense of responsibility -- involve him/her in household tasks like cleaning and cooking. Talk with your child about saving and spending money wisely.
- Meet the families of your child's friends.

For more tips on positive parenting of 9-11-year-olds

visit: <http://www.cdc.gov/ncbddd/childdevelopment/positiveparenting/middle2.html>

## Healthy Cooking on a Budget

### Chicken with Parmesan Noodles

Makes: 6 servings

Cost: \$2.10 per serving

Source w/ video:

[www.bhg.com/recipe/chicken/chicken-with-parmesan-noodles/#page=0](http://www.bhg.com/recipe/chicken/chicken-with-parmesan-noodles/#page=0)

#### Ingredients:

- 1 - 9 ounce package angel hair pasta
- 4 large carrots, thinly sliced
- 2 Tablespoons butter
- 1 1/2 pounds skinless, boneless chicken breast halves, sliced
- 6 Tablespoons purchased basil pesto
- 1/4 cup finely shredded Parmesan cheese
- Olive oil (optional)
- Fresh basil (optional)



#### Directions:

1. Cook pasta according to package directions.
2. Meanwhile, in a 12-inch skillet, cook carrots in 1 Tablespoon melted butter over medium heat for 3 minutes. Add chicken; cook and stir 4 to 5 minutes or until no pink remains in the chicken. Add 4 Tablespoons pesto; toss to coat.
3. Drain pasta. Return to pan; toss with remaining butter and pesto. Serve with chicken mixture. Sprinkle pasta with Parmesan cheese and ground black pepper. Drizzle with olive oil and top with basil.

Nutrition Facts Per Serving: 390 kcal cal., 16 g fat (5 g sat. fat), 369 mg sodium, 28 g carb, 3 g fiber, 33 g protein.

## Funding Opportunity

### Innovation Grant Seed Fund for Zone 4 & 6 Elementary and Middle Schools

The Family Success Alliance is offering one-time seed money of up to \$2,500 for FSA zone elementary and middle schools to fund pilot initiatives that align with the FSA goals and indicators, as outlined in the [2016-2018 Strategic Plan](#). This is a competitive process, and the total amount of money available is \$10,000.

Schools may collaborate on a joint application. Each school would be eligible for up to \$2,500, and the respective principals must approve the application.

Eligible schools include: New Hope Elementary, A.L. Stanback Middle, Northside Elementary, Carrboro Elementary, Frank Porter Graham Elementary, Culbreth Middle

**Deadline: September 30, 2016.**

[Click here to download the application.](#)

For more information contact Meredith McMonigle at (919) 245-2071.

## Partner Organization Spotlight



About Volunteers for Youth: VFY focuses on delinquency prevention. Through their mentoring program, community service program, and teen court program, they work to provide young people with the tools to become responsible adults. Their mission is to provide services to Orange County youth that help them become contributing members of the community by:

- Cultivating their strengths
- Encouraging positive relationships
- Developing their ability to make responsible choices

Mentors needed: Volunteers for Youth matches adult volunteers with youth in Orange County. Volunteers and young people agree to spend at least two hours per week together for one year.

[Click here](#) to learn more about Volunteers for Youth.

## Ways to Get Involved

- Volunteer with one of our partner organizations or with the schools.
- There is a big need for mentors with our partner agencies, with an especially high need for Spanish speakers.
- Make a tax deductible donation via the Orange County [Community Giving Fund](#), look for and select the Family Success Alliance fund or through the [United Way of the Greater Triangle](#), and specify that you want your donation to go to the Family Success Alliance.
- Be a part of our online community on [Facebook](#) and [Twitter](#).

## Contacts:

### Program Coordinator:

- Meredith McMonigle - or [mmcmonigle@orangecountync.gov](mailto:mmcmonigle@orangecountync.gov)

### Zone 4 Navigators

- Angela Clapp - or [anclapp@orangecountync.gov](mailto:anclapp@orangecountync.gov)
- Alizarina Rojas - or [arojas@orangecountync.gov](mailto:arojas@orangecountync.gov)

### Zone 6 Navigators

- Mariella Hernandez - or [mhernandez@orangecountync.gov](mailto:mhernandez@orangecountync.gov)
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