

Flu Shots - Mark Your Calendar!

Flu vaccines will be available for seniors (65+) and those over 55 with chronic health problems at each of the Orange County Senior Centers this fall. People with standard Medicare Part B or private insurance should be able to receive the vaccine at no charge. Clients should bring their health insurance card for coverage/payment. If your insurance does not cover the shot, the traditional flu vaccine will be \$31 and high-dose vaccine for senior citizens is \$40. High-dose vaccine is recommended for those 65 and up as it provides better protection than standard flu vaccine.

Flu clinics will be:

- Wed, Oct 14 from 9 am - 12 noon at Central Orange (919-245-2015) and
- Thurs, Oct 15 from 9 am - 1 pm at the Seymour Center (919-968-2070)

You may **call your nearest Senior Center on or after Wed, Sept 16** to schedule an appointment. Shots will be given by appointment only.

Central Orange SC

Wed, Oct 14 (242500)

9 am - 12 noon

Seymour Center

Thurs, Oct 15 (352000)

9 am - 1 pm