

Senior Center-Based Opportunities

Senior Center Support Programs

- Front Desk Team
- Gardening/ Flower Arrangement Team
- Nutrition Team (Food Service)
- Special Events & Projects
- Greeter Team
- TechKnowledge

Wellness Programs

- Blood Pressure Monitor Team (requires LPN or RN License)
- Clerical Team
- Exercise/ Health Instructor Team
- Music/ Memory Teams
- Senior Games Team
- Special Events/Projects

Chinese Connections (Seymour Center)

- Chinese Ambassador Program (general volunteering)
- Chinese ESL-Conversation Lab
- Chinese Hospitality
- Chinese Peer to Peer Support Program

The Arts & Entertainment

- Jammers
- Media- Film, Photos, Video
- Musicians
- Quilting
- Prime Time Players
- Special Events/Projects
- Teach Your Specialty
- Tappers
- Village Revue

Volunteer Income Tax Assistance (VITA)

- Administrative Assistants
- Tax Preparers
- Appointment Schedulers
- Computer Specialist
- Instructors
- Receptionists

Community-Based Opportunities

Aging Well Supports

- Volunteer Drivers Program
- Friend to Friend Team
- Telephone Reassurance Team
- SHIP: Senior Health Insurance Information Program (Medicare & Affordable Care Insurance Assistance & Education)
- Handy Helpers Team
- Senior Times Delivery Team
- Long-Term Care Visitor Team
- CSFP Food Box Program

Dementia Support Teams

- Dementia Friendly Business Team
- Care Partner Collaborative

Project EngAGE Community Resource Teams

- Community Visitors/SALT Team
- Faith-Based Outreach Team
- Senior Falls Prevention & Health Promotion Team
- End of Life Choices Team
- Senior Transportation & Mobility Team
- Neighborhood Connections Team
- Caregiver Support Team
- Mental Health and Aging Team
- Long-term Care
- Intergenerational Aging
- Aging Policy and Advocacy
- LGBTQ and Aging

Boards & Committees

- Friend of the Senior Centers
- Program Advisory Teams
- Aging/ Adult Daycare/ Nursing Home Boards
- Chinese Advisory Committee

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