



Passmore Center Activity Calendar

October 2019

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 11:00am Table Tennis	8:00am - 8:00pm Volunteer Connect 55+
		8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 8:00pm Volunteer Connect 55+	9:00am - 11:00am Sportsplex Class
		8:30am - 9:30am Hula Hooping	8:30am - 9:20am Art of Balance	8:30am - 9:30am Hula Hooping	8:00am - 5:00pm Billiards	
		9:00am - 10:00am Tap Dance-Beginners	8:45am - 9:45am Pacesetter Class	9:00am - 5:00pm Project EngAGE Training	9:00am - 11:30am Rummikub	
		9:00am - 11:30am Rummikub	9:00am - 11:00am Leatherworks	9:30am - 11:30am Blood pressure check	9:30am - 11:30am Rook	
		10:00am - 11:00am Inspirational Topics	9:00am - 11:30am Rummikub	9:30am - 11:00am Line Dance-Thursdays	10:00am - 1:00pm Open Artist Studio/Crochet a	
		10:00am - 11:00am TOPS Weigh in	10:00am - 12:00pm Karaoke Sing A Long	10:00am - 10:50am Gentle Joy of Yoga-October	10:00am - 12:00pm Dominoes	
		10:00am - 1:00pm Passmore Piece Makers Quil	10:00am - 10:50am Aerobics	10:00am - 12:30pm Adopt a Dog Month	10:30am - 11:30am A Morning of Music with Eliz	
		10:00am - 11:00am Tap Dance-Intermediate	10:00am - 12:00pm Dominoes	10:00am - 11:30am Hillsb. Garden Club	10:30am - 11:30am A Morning of Music with Eliz	
		10:00am - 12:00pm Matter of Balance	10:30am - 12:00pm Nifty Knitters	10:00am - 1:00pm Creative Crafters	11:00am - 11:45am Silver Sneakers Strength Fri	
		10:00am - 11:15am Strong and Steady	11:00am - 11:45am Silver Sneakers-Mondays an	10:00am - 11:15am Strong and Steady	12:00pm - 1:00pm Passmore Lunch Program	
		10:00am - 12:00pm Dominoes	11:15am - 12:00pm Salli's Seated Workout	10:00am - 12:00pm Dominoes	12:30pm - 4:00pm Mah Jong	
		11:00am - 12:00pm Take off pounds sensibly	12:00pm - 1:00pm Passmore Lunch Program	10:30am - 11:30am Scrabble Talk	12:30pm - 4:00pm Contract Bridge	
		11:00am - 12:30pm True Movement	12:30pm - 2:30pm Beginning Pottery	11:00am - 12:00pm Flash Mob Class	1:00pm - 4:00pm Hand & Foot Card Game	
		12:00pm - 1:00pm Passmore Lunch Program	12:30pm - 4:00pm Contract Bridge	11:00am - 1:00pm Table Tennis	1:30pm - 3:30pm Open Pottery Studio	
		12:30pm - 1:30pm Passmore Singing Group	1:00pm - 4:00pm Hand & Foot Card Game	12:00pm - 1:00pm Passmore Lunch Program	2:00pm - 5:00pm Pickle Ball-Wed and Fri	
		12:30pm - 4:00pm Mah Jong	1:00pm - 4:00pm Wood Carving Club	1:00pm - 4:00pm Hand & Foot Card Game		

Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Passmore Center Activity Calendar

October 2019 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

		<i>(Continued)</i> 1 12:30pm - 5:00pm Acupuncture 1:00pm - 2:30pm Chess 1:00pm - 2:30pm Line Dance-Tuesday 1:00pm - 4:00pm Hand & Foot Card Game 1:00pm - 2:00pm Investigating the Presidents 2:00pm - 3:00pm Newcomers' Welcome-Octob 2:00pm - 3:30pm Acrylic Painting 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Sportsplex Class 6:00pm - 8:00pm Open Pottery Studio	<i>(Continued)</i> 2 2:00pm - 5:00pm Pickle Ball-Wed and Fri 3:00pm - 5:00pm Oil Painting Studio 4:00pm - 6:00pm Sew What Sewing Group 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Sportsplex Class 6:00pm - 6:45pm Latin Dance Lessons 6:00pm - 7:30pm Wood Carving Club-Evening	<i>(Continued)</i> 3 1:00pm - 3:00pm Bakgammon & Checkers 1:00pm - 5:00pm Spades 1:30pm - 3:30pm Advanced Watercolor 2:00pm - 3:30pm Retirement for Boomers 3:30pm - 4:30pm Laughter Yoga-Oct 3 4:00pm - 5:30pm Fused Glass Workshop-Oct 5:30pm - 8:30pm NAMI Family to Family 5:30pm - 7:30pm Watercolor Painting-Interme 6:00pm - 8:00pm Moving Forward Live AFG	<i>(Continued)</i> 4	<i>(Continued)</i> 5
6 8:00am - 8:00pm Volunteer Connect 55+	7 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 8:45am - 9:45am Pacesetter Class 9:00am - 11:30am Rummikub 10:00am - 10:50am Gentle Joy of Yoga-October 10:00am - 10:50am Aerobics	8 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 8:30am - 9:30am Hula Hooping 9:00am - 10:00am Tap Dance-Beginners 9:00am - 11:30am Rummikub 10:00am - 11:00am Inspirational Topics	9 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 8:30am - 9:20am Art of Balance 8:45am - 9:45am Pacesetter Class 9:00am - 11:00am Leatherworks 9:00am - 4:00pm Fit Feet-October	10 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 8:30am - 9:30am Hula Hooping 9:00am - 5:00pm Project EngAGE Training 9:30am - 1:00pm Glucose & Cholesterol Scree 9:30am - 11:30am Blood pressure check	11 8:00am - 11:00am Table Tennis 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 9:00am - 4:00pm Physical Function Screen-Oc 9:00am - 11:30am Rummikub 9:30am - 11:30am Rook	12 8:00am - 8:00pm Volunteer Connect 55+ 9:00am - 11:00am Sportsplex Class

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Passmore Center Activity Calendar

October 2019 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<i>(Continued)</i>	6	<i>(Continued)</i>	7	<i>(Continued)</i>	8	<i>(Continued)</i>	9	<i>(Continued)</i>	10	<i>(Continued)</i>	11	<i>(Continued)</i>	12
		10:00am - 11:30am Project EngAGE	10:00am - 11:00am TOPS Weigh in	9:00am - 11:30am Rummikub	9:30am - 11:00am Line Dance-Thursdays	10:00am - 1:00pm Lake Michael				10:00am - 1:00pm Open Artist Studio/Crochet a			
		10:00am - 11:30am Jolly 79ers Club	10:00am - 1:00pm Passmore Piece Makers Quil	10:00am - 12:00pm Karaoke Sing A Long	10:00am - 10:50am Gentle Joy of Yoga-October	10:00am - 1:00pm Open Artist Studio/Crochet a				10:00am - 1:00pm Open Artist Studio/Crochet a			
		10:00am - 12:30pm Open Pottery Studio	10:00am - 11:00am Tap Dance-Intermediate	10:00am - 10:50am Aerobics	10:00am - 1:00pm Creative Crafters	10:00am - 12:00pm Dominoes				10:00am - 12:00pm Dominoes			
		10:00am - 12:00pm Dominoes	10:00am - 12:00pm Matter of Balance	10:00am - 12:00pm Dominoes	10:00am - 11:15am Strong and Steady	11:00am - 11:45am Silver Sneakers Strength Fri				11:00am - 11:45am Silver Sneakers Strength Fri			
		10:30am - 12:30pm American Sign Language II	10:00am - 1:00pm Plant Swap and Sale	10:30am - 12:00pm Nifty Knitters	10:00am - 12:00pm Dominoes	12:00pm - 1:00pm Passmore Lunch Program				12:00pm - 1:00pm Passmore Lunch Program			
		10:30am - 11:30am Savvy Savers Couponing	10:00am - 11:15am Strong and Steady	11:00am - 11:45am Silver Sneakers-Mondays an	10:30am - 11:30am Scrabble Talk	12:30pm - 4:00pm Mah Jong				12:30pm - 4:00pm Mah Jong			
		11:00am - 11:45am Silver Sneakers-Mondays an	10:00am - 12:00pm Dominoes	11:15am - 12:00pm Salli's Seated Workout	11:00am - 12:00pm Flash Mob Class	12:30pm - 4:00pm Contract Bridge				12:30pm - 4:00pm Contract Bridge			
		12:00pm - 12:30pm Birthday Party-October	11:00am - 12:00pm Take off pounds sensibly	12:00pm - 1:00pm Passmore Lunch Program	11:00am - 1:00pm Table Tennis	1:00pm - 4:00pm Hand & Foot Card Game				1:00pm - 4:00pm Hand & Foot Card Game			
		12:00pm - 1:00pm Passmore Lunch Program	11:00am - 12:30pm True Movement	12:30pm - 2:30pm Beginning Pottery	12:00pm - 1:00pm Passmore Lunch Program	1:30pm - 3:30pm Open Pottery Studio				1:30pm - 3:30pm Open Pottery Studio			
		12:30pm - 2:30pm Pottery-Mon	12:00pm - 12:30pm Tell All	12:30pm - 4:00pm Contract Bridge	1:00pm - 4:00pm Hand & Foot Card Game	2:00pm - 5:00pm Pickle Ball-Wed and Fri				2:00pm - 5:00pm Pickle Ball-Wed and Fri			
		12:30pm - 4:00pm Contract Bridge	12:00pm - 1:00pm Passmore Lunch Program	1:00pm - 4:00pm Hand & Foot Card Game	1:00pm - 3:00pm Bakgammon & Checkers	2:00pm - 5:00pm Spades							
		12:45pm - 1:45pm American Sign Language III	12:30pm - 1:30pm Passmore Singing Group	1:00pm - 4:00pm Wood Carving Club	1:00pm - 2:30pm Caregiver's Support	2:00pm - 5:00pm Acupuncture							
		1:00pm - 4:00pm Hand & Foot Card Game	12:30pm - 4:00pm Mah Jong	2:00pm - 5:00pm Pickle Ball-Wed and Fri	1:00pm - 5:00pm Spades	2:00pm - 4:00pm American Sign Language I							
		2:00pm - 4:00pm American Sign Language I	12:30pm - 5:00pm Acupuncture	3:00pm - 5:00pm Oil Painting Studio	1:30pm - 3:30pm Advanced Watercolor	2:00pm - 2:45pm Line Dance Beginners							
		2:00pm - 2:45pm Line Dance Beginners	1:00pm - 2:30pm Chess	4:00pm - 6:00pm Sew What Sewing Group	2:00pm - 3:30pm Retirement for Boomers	3:00pm - 5:00pm Oil Painting							
		3:00pm - 5:00pm Oil Painting	1:00pm - 2:30pm Line Dance-Tuesday	6:00pm - 8:00pm Sportsplex	4:00pm - 5:30pm Fused Glass Workshop-Oct	3:00pm - 5:00pm Acupuncture							
		3:00pm - 4:30pm Line Dance-Mondays	1:00pm - 4:00pm Hand & Foot Card Game	6:00pm - 8:00pm Sportsplex Class	5:30pm - 8:30pm NAMI Family to Family	2:00pm - 2:45pm Line Dance Beginners							

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Passmore Center Activity Calendar

October 2019 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

(Continued) 6	(Continued) 7 3:00pm - 5:00pm Moving Forward Live AFG 3:30pm - 7:00pm Hills. Heddlers: Little Loom 4:30pm - 6:00pm Tarheel Depression Glass Cl 4:30pm - 5:30pm Tai Chi -Chen-October 5:00pm - 8:00pm Pickle Ball-Monday 5:30pm - 8:00pm Dinner with David 5:30pm - 8:00pm Cooking & Dinner with David 6:00pm - 6:50pm Tai Chi Wu/Hao-October	(Continued) 8 1:00pm - 2:00pm Investigating the Presidents 1:00pm - 3:00pm Advisory Board on Aging 2:00pm - 3:30pm Acrylic Painting 6:00pm - 8:00pm Nimble Thimbles 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Sportsplex Class 6:00pm - 8:00pm Open Pottery Studio	(Continued) 9 6:00pm - 6:45pm Latin Dance Lessons 6:00pm - 7:30pm Wood Carving Club-Evening 6:30pm - 7:30pm Know Your Retirement Plan	(Continued) 10 5:30pm - 7:30pm Watercolor Painting-Interme 6:00pm - 8:00pm Moving Forward Live AFG	(Continued) 11	(Continued) 12
8:00am - 8:00pm Volunteer Connect 55+ 13	8:00am - 8:00pm Volunteer Connect 55+ 14 8:00am - 5:00pm Billiards 8:45am - 9:45am Pacesetter Class 9:00am - 11:30am Rummikub 10:00am - 10:50am Gentle Joy of Yoga-October 10:00am - 10:50am Aerobics 10:00am - 12:30pm Open Pottery Studio 10:00am - 12:00pm Dominoes	8:00am - 8:00pm Volunteer Connect 55+ 15 8:00am - 5:00pm Billiards 8:30am - 9:30am Hula Hooping 9:00am - 10:00am Tap Dance-Beginners 9:00am - 4:00pm SHIIP Open Enrollment 9:00am - 12:00pm Flu Shots 9:00am - 11:30am Rummikub 10:00am - 11:00am Inspirational Topics	8:00am - 8:00pm Volunteer Connect 55+ 16 8:00am - 5:00pm Billiards 8:30am - 9:20am Art of Balance 8:45am - 9:45am Pacesetter Class 9:00am - 11:00am Leatherworks 9:00am - 12:00pm SHIIP Open Enrollment 9:00am - 11:30am Rummikub 10:00am - 12:00pm Karaoke Sing A Long	8:00am - 8:00pm Volunteer Connect 55+ 17 8:00am - 9:30am Hillsborough SeniorStriders- 8:00am - 5:00pm Billiards 8:30am - 9:30am Hula Hooping 9:00am - 11:00am Staff Meeting 9:00am - 5:00pm Project EngAGE Training 9:30am - 11:30am Blood pressure check 9:30am - 11:00am Line Dance-Thursdays	8:00am - 11:00am Table Tennis 18 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 9:00am - 4:00pm Physical Function Screen-Oc 9:00am - 11:30am Rummikub 9:30am - 11:30am Rook 10:00am - 1:00pm Open Artist Studio/Crochet a 10:00am - 12:00pm Dominoes	8:00am - 8:00pm Volunteer Connect 55+ 19 9:00am - 11:00am Sportsplex Class

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Passmore Center Activity Calendar

October 2019 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<i>(Continued)</i>	13	<i>(Continued)</i>	14	<i>(Continued)</i>	15	<i>(Continued)</i>	16	<i>(Continued)</i>	17	<i>(Continued)</i>	18	<i>(Continued)</i>	19
		10:30am - 12:30pm American Sign Language II	10:00am - 11:00am TOPS Weigh in	10:00am - 11:00am Aerobics	10:00am - 10:50am Aerobics	10:00am - 10:50am Gentle Joy of Yoga-October	11:00am - 11:45am Silver Sneakers Strength Fri						
		10:30am - 11:30am Savvy Savers Couponing	10:00am - 1:00pm Passmore Piece Makers Quil	10:00am - 12:00pm Dominoes	10:00am - 11:00am Fall Straw Hat Arrangement	10:00am - 11:00am Passmore Lunch Program							
		11:00am - 11:45am Silver Sneakers-Mondays an	10:00am - 11:00am Tap Dance-Intermediate	10:30am - 12:00pm Nifty Knitters	10:00am - 11:15am Strong and Steady	12:30pm - 4:00pm Mah Jong							
		12:00pm - 1:00pm Passmore Lunch Program	10:00am - 12:00pm Matter of Balance	11:00am - 11:45am Silver Sneakers-Mondays an	10:00am - 12:00pm Dominoes	12:30pm - 4:00pm Contract Bridge							
		12:30pm - 4:00pm Contract Bridge	10:00am - 11:15am Strong and Steady	11:15am - 12:00pm Salli's Seated Workout	10:30am - 11:30am Scrabble Talk	1:00pm - 4:00pm Hand & Foot Card Game							
		12:45pm - 1:45pm American Sign Language III	10:00am - 12:00pm Dominoes	12:00pm - 2:00pm Flu Shots	11:00am - 12:00pm Flash Mob Class	1:30pm - 3:30pm Open Pottery Studio							
		1:00pm - 3:00pm Travel Club	11:00am - 12:00pm Take off pounds sensibly	12:00pm - 1:00pm Passmore Lunch Program	11:00am - 1:00pm Table Tennis	2:00pm - 5:00pm Pickle Ball-Wed and Fri							
		1:00pm - 4:00pm Hand & Foot Card Game	11:00am - 12:30pm True Movement	12:30pm - 2:30pm Beginning Pottery	12:00pm - 1:00pm Passmore Lunch Program								
		2:00pm - 4:00pm American Sign Language I	12:00pm - 1:00pm Passmore Lunch Program	12:30pm - 4:00pm Contract Bridge	1:00pm - 4:00pm Hand & Foot Card Game								
		2:00pm - 4:00pm Blooming Floral Pumpkin	12:30pm - 1:30pm Passmore Singing Group	1:00pm - 4:00pm Hand & Foot Card Game	1:00pm - 2:00pm Stroke Support Group								
		2:00pm - 2:45pm Line Dance Beginners	12:30pm - 4:00pm Mah Jong	1:00pm - 2:30pm Medicare Mythbusters	1:00pm - 8:00pm SHIIP Open Enrollment								
		3:00pm - 5:00pm Oil Painting	12:30pm - 5:00pm Acupuncture	1:00pm - 4:00pm Wood Carving Club	1:00pm - 3:00pm Bakgammon & Checkers								
		3:00pm - 4:30pm Line Dance-Mondays	1:00pm - 2:30pm Chess	2:00pm - 5:00pm Pickle Ball-Wed and Fri	1:00pm - 5:00pm Spades								
		3:00pm - 5:00pm Moving Forward Live AFG	1:00pm - 2:30pm Line Dance-Tuesday	3:00pm - 5:00pm Oil Painting Studio	2:00pm - 3:30pm Retirement for Boomers								
		4:30pm - 5:30pm Tai Chi -Chen-October	1:00pm - 4:00pm Hand & Foot Card Game	4:00pm - 6:00pm Sew What Sewing Group	2:00pm - 4:00pm Holiday Tablesapes								
		5:00pm - 8:00pm Pickle Ball-Monday	1:00pm - 2:00pm Investigating the Presidents	6:00pm - 8:00pm Sportsplex	3:30pm - 4:30pm Laughter Yoga-Oct 17								
		5:30pm - 8:00pm Dinner with David	2:00pm - 3:30pm Acrylic Painting	6:00pm - 8:00pm Sportsplex Class	4:00pm - 5:30pm Fused Glass Workshop-Oct								

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Passmore Center Activity Calendar

October 2019 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<i>(Continued)</i> 13	<i>(Continued)</i> 14 5:30pm - 8:00pm Cooking & Dinner with David 6:00pm - 6:50pm Tai Chi Wu/Hao-October 6:00pm - 8:00pm Pottery Class-Eve Oct 8-29	<i>(Continued)</i> 15 2:00pm - 3:00pm TED Talks-October 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Sportsplex Class 6:00pm - 8:00pm Open Pottery Studio	<i>(Continued)</i> 16 6:00pm - 6:45pm Latin Dance Lessons 6:00pm - 7:30pm Wood Carving Club-Evening	<i>(Continued)</i> 17 5:30pm - 8:30pm NAMI Family to Family 5:30pm - 7:30pm Watercolor Painting-Interme 6:00pm - 8:00pm Moving Forward Live AFG	<i>(Continued)</i> 18	<i>(Continued)</i> 19
20 8:00am - 8:00pm Volunteer Connect 55+	21 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 8:45am - 9:45am Pacesetter Class 9:00am - 11:30am Rummikub 9:30am - 11:30am Friends of Passmore 10:00am - 10:50am Gentle Joy of Yoga-October 10:00am - 10:50am Aerobics 10:00am - 12:30pm Open Pottery Studio 10:00am - 12:00pm Dominoes 10:30am - 12:30pm American Sign Language II 10:30am - 11:30am Savvy Savers Couponing 11:00am - 11:45am Silver Sneakers-Mondays an	22 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 8:30am - 9:30am Hula Hooping 9:00am - 10:00am Tap Dance-Beginners 9:00am - 11:00am SEANC 9:00am - 4:00pm SHIIP Open Enrollment 9:00am - 11:30am Rummikub 10:00am - 11:00am Inspirational Topics 10:00am - 11:00am TOPS Weigh in 10:00am - 1:00pm Passmore Piece Makers Quil 10:00am - 11:00am Tap Dance-Intermediate 10:00am - 12:00pm Matter of Balance	23 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 8:30am - 9:20am Art of Balance 8:45am - 9:45am Pacesetter Class 8:45am - 10:00am Healthy Carolinians 9:00am - 11:00am Leatherworks 9:00am - 4:00pm Fit Feet-October 9:00am - 12:00pm SHIIP Open Enrollment 9:00am - 11:30am Rummikub 10:00am - 12:00pm Karaoke Sing A Long 10:00am - 10:50am Aerobics 10:00am - 12:00pm Dominoes	24 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 8:30am - 9:30am Hula Hooping 9:00am - 5:00pm Project EngAGE Training 9:30am - 11:30am Blood pressure check 9:30am - 11:00am Line Dance-Thursdays 10:00am - 11:00am Legal Aid 10:00am - 10:50am Gentle Joy of Yoga-October 10:00am - 1:00pm Creative Crafters 10:00am - 11:15am Strong and Steady 10:00am - 12:00pm Dominoes 10:30am - 11:30am Scrabble Talk	25 8:00am - 11:00am Table Tennis 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 9:00am - 11:30am Rummikub 9:30am - 11:30am Rook 10:00am - 1:00pm Open Artist Studio/Crochet a 10:00am - 12:00pm Dominoes 11:00am - 11:45am Silver Sneakers Strength Fri 12:00pm - 1:00pm Passmore Lunch Program 12:30pm - 4:00pm Mah Jong 12:30pm - 4:00pm Contract Bridge 1:00pm - 4:00pm Hand & Foot Card Game	26 8:00am - 8:00pm Volunteer Connect 55+ 9:00am - 12:00pm Barn Quilt Painting 9:00am - 11:00am Sportsplex Class

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Passmore Center Activity Calendar

October 2019 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<i>(Continued)</i> 20	<i>(Continued)</i> 21	<i>(Continued)</i> 22	<i>(Continued)</i> 23	<i>(Continued)</i> 24	<i>(Continued)</i> 25	<i>(Continued)</i> 26
	11:00am - 12:00pm Hearing Wellness Talk 12:00pm - 1:00pm Hearing Screening 12:00pm - 1:00pm Passmore Lunch Program 12:30pm - 2:30pm Pottery-Mon 12:30pm - 4:00pm Contract Bridge 12:45pm - 1:45pm American Sign Language III 1:00pm - 4:00pm Hand & Foot Card Game 2:00pm - 4:00pm American Sign Language I 2:00pm - 3:30pm Doodling with Dawn 2:00pm - 2:45pm Line Dance Beginners 3:00pm - 5:00pm Oil Painting 3:00pm - 4:30pm Line Dance-Mondays 3:00pm - 5:00pm Moving Forward Live AFG 4:00pm - 8:00pm SHIIP Open Enrollment 4:30pm - 5:30pm Tai Chi -Chen-October 5:00pm - 8:00pm NCCU Alumni Association 5:00pm - 8:00pm Pickle Ball-Monday	10:00am - 11:15am Strong and Steady 10:00am - 12:00pm Dominoes 11:00am - 12:00pm Take off pounds sensibly 11:00am - 12:30pm True Movement 12:00pm - 12:30pm Tell All 12:00pm - 1:00pm Passmore Lunch Program 12:30pm - 1:30pm Passmore Singing Group 12:30pm - 4:00pm Mah Jong 12:30pm - 5:00pm Acupuncture 1:00pm - 2:30pm Chess 1:00pm - 2:30pm Line Dance-Tuesday 1:00pm - 4:00pm Hand & Foot Card Game 1:00pm - 2:00pm Investigating the Presidents 2:00pm - 3:30pm Acrylic Painting 6:00pm - 8:00pm Nimble Thimbles 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Sportsplex Class	10:30am - 11:30am Book Club 10:30am - 12:00pm Nifty Knitters 11:00am - 11:45am Silver Sneakers-Mondays an 11:15am - 12:00pm Salli's Seated Workout 12:00pm - 1:00pm Passmore Lunch Program 12:30pm - 2:30pm Beginning Pottery 12:30pm - 4:00pm Contract Bridge 1:00pm - 4:00pm Hand & Foot Card Game 1:00pm - 2:30pm VITA Orientation 1:00pm - 4:00pm Wood Carving Club 2:00pm - 5:00pm Pickle Ball-Wed and Fri 3:00pm - 5:00pm Oil Painting Studio 4:00pm - 6:00pm Sew What Sewing Group 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Sportsplex Class 6:00pm - 6:45pm Latin Dance Lessons 6:00pm - 7:30pm Wood Carving Club-Evening	11:00am - 1:00pm Legal Aid 11:00am - 12:00pm Flash Mob Class 11:00am - 1:00pm Table Tennis 12:00pm - 1:00pm Passmore Lunch Program 1:00pm - 4:00pm Hand & Foot Card Game 1:00pm - 8:00pm SHIIP Open Enrollment 1:00pm - 3:00pm Bakgammon & Checkers 1:00pm - 2:30pm Caregiver's Support 1:00pm - 5:00pm Spades 1:30pm - 3:30pm Advanced Watercolor 4:00pm - 5:30pm Fused Glass Workshop-Oct 5:00pm - 8:00pm Twilight Zone Marathon 5:30pm - 8:30pm NAMI Family to Family 5:30pm - 7:30pm Watercolor Painting-Interme 6:00pm - 8:00pm Moving Forward Live AFG	1:30pm - 3:30pm Open Pottery Studio 2:00pm - 5:00pm Pickle Ball-Wed and Fri 2:00pm - 3:00pm Chat & Chew Movie Club	

Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Passmore Center Activity Calendar

October 2019 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

(Continued) 20	(Continued) 21 5:30pm - 8:00pm Dinner with David 5:30pm - 8:00pm Cooking & Dinner with David 6:00pm - 6:50pm Tai Chi Wu/Hao-October 6:00pm - 8:00pm Pottery Class-Eve Oct 8-29	(Continued) 22 6:00pm - 8:00pm Open Pottery Studio	(Continued) 23	(Continued) 24	(Continued) 25	(Continued) 26
27 8:00am - 8:00pm Volunteer Connect 55+	28 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 8:45am - 9:45am Pacesetter Class 9:00am - 11:30am Rummikub 10:00am - 10:50am Gentle Joy of Yoga-October 10:00am - 10:50am Aerobics 10:00am - 12:30pm Open Pottery Studio 10:00am - 12:00pm Dominoes 10:30am - 11:30am Savvy Savers Couponing 11:00am - 11:45am Silver Sneakers-Mondays an 12:00pm - 1:00pm Passmore Lunch Program 12:30pm - 2:30pm Pottery-Mon	29 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 8:30am - 9:30am Hula Hooping 9:00am - 10:00am Tap Dance-Beginners 9:00am - 4:00pm SHIIP Open Enrollment 9:00am - 11:30am Rummikub 10:00am - 11:00am Inspirational Topics 10:00am - 11:00am TOPS Weigh in 10:00am - 1:00pm Passmore Piece Makers Quil 10:00am - 11:00am Tap Dance-Intermediate 10:00am - 12:00pm Matter of Balance 10:00am - 11:15am Strong and Steady	30 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 8:30am - 9:20am Art of Balance 8:45am - 9:45am Pacesetter Class 9:00am - 11:00am Leatherworks 9:00am - 4:00pm Fit Feet-October 9:00am - 12:00pm SHIIP Open Enrollment 9:00am - 11:30am Rummikub 10:00am - 12:00pm Karaoke Sing A Long 10:00am - 10:50am Aerobics 10:00am - 12:00pm Dominoes 10:30am - 12:00pm Nifty Knitters	31 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm Billiards 8:30am - 9:30am Hula Hooping 9:00am - 5:00pm Project EngAGE Training 9:30am - 11:30am Blood pressure check 9:30am - 11:00am Line Dance-Thursdays 10:00am - 10:50am Gentle Joy of Yoga-October 10:00am - 1:00pm Creative Crafters 10:00am - 11:15am Strong and Steady 10:00am - 12:00pm Dominoes 10:30am - 11:30am Carnival 10:30am - 11:30am Scrabble Talk		

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Passmore Center Activity Calendar

October 2019 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Continued)	27	(Continued)	28	(Continued)	29	(Continued)
	12:30pm - 4:00pm Contract Bridge	10:00am - 12:00pm Dominoes	11:00am - 11:45am Silver Sneakers-Mondays an	11:00am - 12:00pm Flash Mob Class		
	12:45pm - 1:45pm American Sign Language III	11:00am - 12:00pm Take off pounds sensibly	11:15am - 12:00pm Salli's Seated Workout	11:00am - 1:00pm Table Tennis		
	1:00pm - 4:00pm Hand & Foot Card Game	11:00am - 12:30pm True Movement	12:00pm - 1:00pm Passmore Lunch Program	12:00pm - 1:00pm Passmore Lunch Program		
	2:00pm - 4:00pm Fall-Tastic Autumn Soap	12:00pm - 1:00pm Passmore Lunch Program	12:30pm - 2:30pm Beginning Pottery	1:00pm - 4:00pm Hand & Foot Card Game		
	2:00pm - 2:45pm Line Dance Beginners	12:30pm - 1:30pm Passmore Singing Group	12:30pm - 4:00pm Contract Bridge	1:00pm - 8:00pm SHIIP Open Enrollment		
	3:00pm - 5:00pm Oil Painting	12:30pm - 4:00pm Mah Jong	1:00pm - 4:00pm Hand & Foot Card Game	1:00pm - 3:00pm Bakgammon & Checkers		
	3:00pm - 4:30pm Line Dance-Mondays	12:30pm - 5:00pm Acupuncture	1:00pm - 4:00pm Wood Carving Club	1:00pm - 5:00pm Spades		
	3:00pm - 5:00pm Moving Forward Live AFG	1:00pm - 2:30pm Chess	2:00pm - 5:00pm Pickle Ball-Wed and Fri	1:30pm - 3:30pm Advanced Watercolor		
	4:00pm - 8:00pm SHIIP Open Enrollment	1:00pm - 2:30pm Line Dance-Tuesday	2:00pm - 3:00pm Aging in Place	2:00pm - 3:00pm Human Trafficking Awarenes		
	4:30pm - 5:30pm Tai Chi -Chen-October	1:00pm - 4:00pm Hand & Foot Card Game	3:00pm - 5:00pm Oil Painting Studio	4:00pm - 5:30pm Fused Glass Workshop-Nov		
	5:00pm - 8:00pm Pickle Ball-Monday	1:00pm - 2:00pm Investigating the Presidents	4:00pm - 6:00pm Sew What Sewing Group	5:30pm - 8:30pm NAMI Family to Family		
	5:30pm - 8:00pm Dinner with David	2:00pm - 3:30pm Acrylic Painting	6:00pm - 8:00pm Sportsplex	5:30pm - 7:30pm Watercolor Painting-Interme		
	5:30pm - 8:00pm Cooking & Dinner with David	2:00pm - 3:00pm Snacks and Learn-Conspirac	6:00pm - 8:00pm Sportsplex Class	6:00pm - 8:00pm Moving Forward Live AFG		
	6:00pm - 6:50pm Tai Chi Wu/Hao-October	6:00pm - 8:00pm Sportsplex	6:00pm - 6:45pm Latin Dance Lessons			
	6:00pm - 8:00pm Pottery Class-Eve Oct 8-29	6:00pm - 8:00pm Sportsplex Class	6:00pm - 7:30pm Wood Carving Club-Evening			
		6:00pm - 8:00pm Open Pottery Studio				