



# Passmore Center Activity Calendar

**May 2019**

**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

Sunday	Monday	Tuesday	Wednesday <sup>1</sup>	Thursday <sup>2</sup>	Friday <sup>3</sup>	Saturday <sup>4</sup>
			<b>8:00am - 5:00pm</b> Billiards	<b>8:00am - 5:00pm</b> Billiards	<b>8:00am - 5:00pm</b> Billiards	<b>8:00am - 8:00pm</b> Volunteer Connect 55+
			<b>8:00am - 8:00pm</b> Volunteer Connect 55+	<b>8:00am - 8:00pm</b> Volunteer Connect 55+	<b>8:00am - 11:00am</b> Table Tennis	<b>9:00am - 11:00am</b> Sportsplex Class
			<b>8:45am - 9:45am</b> Pacesetter Class	<b>9:30am - 11:30am</b> Blood pressure check	<b>8:00am - 8:00pm</b> Volunteer Connect 55+	
			<b>9:00am - 11:00am</b> Leatherworks	<b>9:30am - 11:00am</b> Line Dance-Thursdays	<b>9:30am - 11:30am</b> Rook	
			<b>9:00am - 10:00am</b> Employment Information	<b>9:30am - 11:00am</b> Line Dance-Thursdays	<b>10:00am - 12:00pm</b> Dominoes	
			<b>10:00am - 12:00pm</b> Dominoes	<b>10:00am - 11:15am</b> Strong and Steady	<b>10:00am - 12:00pm</b> Games	
			<b>10:00am - 10:50am</b> Aerobics	<b>10:00am - 12:00pm</b> Mother's Day Photo Opportu	<b>10:00am - 1:00pm</b> Open Artist Studio/Crochet a	
			<b>10:00am - 12:00pm</b> Karaoke Sing A Long	<b>10:00am - 10:50am</b> Gentle Joy of Yoga-May	<b>10:30am - 11:30am</b> Friends of Passmore Annual	
			<b>10:30am - 12:00pm</b> Nifty Knitters	<b>10:00am - 12:00pm</b> Dominoes	<b>11:00am - 11:45am</b> Silver Sneakers Strength Fri	
			<b>11:00am - 11:45am</b> Silver Sneakers-Mondays an	<b>10:00am - 1:00pm</b> Creative Crafters	<b>12:00pm - 1:00pm</b> Passmore Lunch Program	
			<b>11:15am - 12:00pm</b> Salli's Seated Workout	<b>10:00am - 11:30am</b> Hillsb. Garden Club	<b>12:30pm - 4:00pm</b> Mah Jong	
			<b>12:00pm - 1:00pm</b> Time Matters: A Woman's O	<b>11:00am - 1:00pm</b> Table Tennis	<b>1:00pm - 4:00pm</b> Hand & Foot Card Game	
			<b>12:00pm - 1:00pm</b> Passmore Lunch Program	<b>12:00pm - 1:00pm</b> Passmore Lunch Program	<b>1:30pm - 3:30pm</b> Open Pottery Studio	
			<b>12:30pm - 2:30pm</b> Beginning Pottery-Wed Apr 2	<b>12:00pm - 5:00pm</b> Physical Therapy Services	<b>2:00pm - 5:00pm</b> Pickle Ball-Wed and Fri	
			<b>12:30pm - 4:00pm</b> Contract Bridge	<b>1:00pm - 4:00pm</b> Hand & Foot Card Game	<b>3:00pm - 5:00pm</b> Busy Beaders	
			<b>1:00pm - 4:00pm</b> Hand & Foot Card Game	<b>1:00pm - 3:00pm</b> Bakgammon & Checkers		
			<b>1:00pm - 4:00pm</b> Wood Carving Club	<b>1:00pm - 5:00pm</b> SHIIP		

Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the even or activity to verify that there have been no program changes.

# Passmore Center Activity Calendar

## May 2019 (Continued)

Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday

			<i>(Continued)</i> <sup>1</sup> <b>2:00pm - 5:00pm</b> Pickle Ball-Wed and Fri  <b>3:00pm - 5:00pm</b> Oil Painting Studio  <b>4:00pm - 6:00pm</b> Sew What Sewing Group  <b>6:00pm - 8:00pm</b> Sportsplex Class  <b>6:00pm - 7:30pm</b> Wood Carving Club-Evening  <b>6:00pm - 8:00pm</b> Sportsplex	<i>(Continued)</i> <sup>2</sup> <b>1:30pm - 3:30pm</b> Advanced Watercolor-April 1  <b>2:00pm - 3:00pm</b> Kentucky Derby Passmore S  <b>3:30pm - 4:30pm</b> Laughter Yoga  <b>4:00pm - 5:30pm</b> Fused Glass-May  <b>5:30pm - 7:30pm</b> Beginning Watercolor-May 2-  <b>6:00pm - 8:00pm</b> Moving Forward Live AFG	<i>(Continued)</i> <sup>3</sup>	<i>(Continued)</i> <sup>4</sup>
<sup>5</sup> <b>8:00am - 8:00pm</b> Volunteer Connect 55+	<sup>6</sup> <b>8:00am - 5:00pm</b> Billiards  <b>8:00am - 8:00pm</b> Volunteer Connect 55+  <b>8:45am - 9:45am</b> Pacesetter Class  <b>10:00am - 11:30am</b> Jolly 79ers Club  <b>10:00am - 10:50am</b> Gentle Joy of Yoga-May  <b>10:00am - 12:00pm</b> Dominoes  <b>10:00am - 12:00pm</b> Games  <b>10:00am - 10:50am</b> Aerobics  <b>10:00am - 11:30am</b> Project EngAGE  <b>10:00am - 12:30pm</b> Open Pottery Studio	<sup>7</sup> <b>8:00am - 5:00pm</b> Billiards  <b>8:00am - 8:00pm</b> Volunteer Connect 55+  <b>8:30am - 9:30am</b> Hula Hooping  <b>8:45am - 9:45am</b> NCBA  <b>9:00am - 10:00am</b> Tap Dance-Beginners  <b>10:00am - 11:15am</b> Strong and Steady  <b>10:00am - 11:00am</b> Tap Dance-Intermediate  <b>10:00am - 12:00pm</b> Glucose & Cholesterol Scree  <b>10:00am - 11:30am</b> Cinco de Mayo Bingo Party  <b>10:00am - 1:00pm</b> Passmore Piece Makers Quil	<sup>8</sup> <b>8:00am - 5:00pm</b> Billiards  <b>8:00am - 8:00pm</b> Volunteer Connect 55+  <b>8:45am - 9:45am</b> Pacesetter Class  <b>9:00am - 11:00am</b> Leatherworks  <b>9:00am - 10:00am</b> Veteran's Caregiver Support  <b>9:00am - 4:00pm</b> Fit Feet-May  <b>10:00am - 12:00pm</b> Dominoes  <b>10:00am - 10:50am</b> Aerobics  <b>10:00am - 12:00pm</b> Karaoke Sing A Long  <b>10:30am - 12:00pm</b> Nifty Knitters	<sup>9</sup> <b>8:00am - 5:00pm</b> Billiards  <b>8:00am - 8:00pm</b> Volunteer Connect 55+  <b>9:30am - 11:30am</b> Blood pressure check  <b>9:30am - 11:00am</b> Line Dance-Thursdays  <b>9:30am - 11:00am</b> Line Dance-Thursdays  <b>10:00am - 11:15am</b> Strong and Steady  <b>10:00am - 10:50am</b> Gentle Joy of Yoga-May  <b>10:00am - 6:00pm</b> Temple Theatre-Grease  <b>10:00am - 12:00pm</b> Dominoes  <b>10:00am - 1:00pm</b> Creative Crafters	<sup>10</sup> <b>8:00am - 5:00pm</b> Billiards  <b>8:00am - 11:00am</b> Table Tennis  <b>8:00am - 8:00pm</b> Volunteer Connect 55+  <b>9:00am - 4:00pm</b> Physical Function Screen-M  <b>9:30am - 11:30am</b> Rook  <b>10:00am - 12:00pm</b> Dominoes  <b>10:00am - 12:00pm</b> Games  <b>10:00am - 1:00pm</b> Open Artist Studio/Crochet a  <b>10:30am - 12:00pm</b> Mother's Day Celebration  <b>11:00am - 11:45am</b> Silver Sneakers Strength Fri	<sup>11</sup> <b>8:00am - 8:00pm</b> Volunteer Connect 55+  <b>9:00am - 11:00am</b> Sportsplex Class

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# Passmore Center Activity Calendar

## May 2019 (Continued)

**Sunday**                      **Monday**                      **Tuesday**                      **Wednesday**                      **Thursday**                      **Friday**                      **Saturday**

<i>(Continued)</i>	<b>5</b>	<i>(Continued)</i>	<b>6</b>	<i>(Continued)</i>	<b>7</b>	<i>(Continued)</i>	<b>8</b>	<i>(Continued)</i>	<b>9</b>	<i>(Continued)</i>	<b>10</b>	<i>(Continued)</i>	<b>11</b>
		<b>10:30am - 11:30am</b> Savvy Savers Couponing		<b>10:00am - 12:00pm</b> Dominoes		<b>11:00am - 11:45am</b> Silver Sneakers-Mondays an		<b>11:00am - 1:00pm</b> Table Tennis		<b>12:00pm - 1:00pm</b> Passmore Lunch Program			
		<b>11:00am - 12:00pm</b> Tai Chi-Arthritis Foundation		<b>10:00am - 12:00pm</b> Games		<b>11:15am - 12:00pm</b> Salli's Seated Workout		<b>12:00pm - 1:00pm</b> Passmore Lunch Program		<b>12:30pm - 4:00pm</b> Mah Jong			
		<b>11:00am - 1:00pm</b> American Sign Language-Le		<b>10:00am - 11:00am</b> TOPS Weigh in		<b>12:00pm - 1:00pm</b> Passmore Lunch Program		<b>12:00pm - 5:00pm</b> Physical Therapy Services		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game			
		<b>11:00am - 11:45am</b> Silver Sneakers-Mondays an		<b>10:00am - 11:00am</b> Inspirational Topics		<b>12:30pm - 2:30pm</b> Beginning Pottery-Wed Apr 2		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game		<b>1:30pm - 3:30pm</b> Open Pottery Studio			
		<b>12:00pm - 12:30pm</b> Birthday Party-May		<b>11:00am - 12:00pm</b> Take off pounds sensibly		<b>12:30pm - 4:00pm</b> Contract Bridge		<b>1:00pm - 2:30pm</b> Caregiver's Support		<b>2:00pm - 5:00pm</b> Pickle Ball-Wed and Fri			
		<b>12:00pm - 1:00pm</b> Passmore Lunch Program		<b>12:00pm - 1:00pm</b> Passmore Lunch Program		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game		<b>1:00pm - 3:00pm</b> Bakgammon & Checkers		<b>3:00pm - 5:00pm</b> Busy Beaders			
		<b>12:30pm - 2:30pm</b> Pottery Class Mon May 6-Ju		<b>12:00pm - 5:00pm</b> Physical Therapy Services		<b>1:00pm - 4:00pm</b> Wood Carving Club		<b>1:00pm - 5:00pm</b> SHIIP					
		<b>12:30pm - 4:00pm</b> Contract Bridge		<b>12:30pm - 1:30pm</b> Singing Group		<b>2:00pm - 5:00pm</b> Pickle Ball-Wed and Fri		<b>1:15pm - 3:00pm</b> Flicks at Passmore-					
		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game		<b>12:30pm - 5:00pm</b> Acupuncture		<b>2:00pm - 4:30pm</b> Hot Water Bath Canning of J		<b>1:30pm - 3:30pm</b> Advanced Watercolor-April 1					
		<b>1:00pm - 3:00pm</b> Card Making		<b>12:30pm - 4:00pm</b> Mah Jong		<b>3:00pm - 5:00pm</b> Oil Painting Studio		<b>3:30pm - 4:30pm</b> Laughter Yoga					
		<b>2:00pm - 4:00pm</b> American Sign Language-Be		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game		<b>4:00pm - 6:00pm</b> Sew What Sewing Group		<b>4:00pm - 5:30pm</b> Fused Glass-May					
		<b>2:00pm - 2:45pm</b> Line Dance Beginners		<b>1:00pm - 3:00pm</b> Matter of Balance		<b>4:00pm - 5:00pm</b> Senior Care		<b>4:30pm - 6:00pm</b> Direct Care Worker Award C					
		<b>3:00pm - 5:00pm</b> Moving Forward Live AFG		<b>1:00pm - 2:30pm</b> Chess		<b>6:00pm - 8:00pm</b> Sportsplex Class		<b>5:30pm - 7:30pm</b> Beginning Watercolor-May 2-					
		<b>3:00pm - 5:00pm</b> Oil Painting-Apr 15-May 13		<b>1:00pm - 2:30pm</b> Line Dance-Tuesday		<b>6:00pm - 7:30pm</b> Wood Carving Club-Evening		<b>6:00pm - 8:00pm</b> Moving Forward Live AFG					
		<b>3:00pm - 4:00pm</b> Art Show Reception		<b>2:00pm - 3:30pm</b> Basics of Home Food Preser		<b>6:00pm - 8:00pm</b> Sportsplex							
		<b>3:00pm - 4:30pm</b> Line Dance-Mondays		<b>2:00pm - 3:30pm</b> Acrylic Painting-Apr 30-May									
		<b>4:00pm - 7:00pm</b> SHIIP		<b>2:00pm - 3:00pm</b> Newcomers' Welcome-May									

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# Passmore Center Activity Calendar

## May 2019 (Continued)

**Sunday**                      **Monday**                      **Tuesday**                      **Wednesday**                      **Thursday**                      **Friday**                      **Saturday**

<p><i>(Continued)</i> <span style="float: right;">5</span></p>	<p><i>(Continued)</i> <span style="float: right;">6</span></p> <p><b>4:30pm - 6:00pm</b> Tarheel Depression Glass Cl</p> <p><b>4:30pm - 5:30pm</b> Tai Chi -Chen-May</p> <p><b>5:00pm - 8:00pm</b> Pickle Ball-Monday</p> <p><b>5:30pm - 8:00pm</b> Dinner with David</p> <p><b>5:30pm - 8:00pm</b> Cooking and Dinner with Dav</p> <p><b>6:00pm - 8:00pm</b> Pottery Class-Eve May 6-Jun</p> <p><b>6:00pm - 6:50pm</b> Tai Chi Wu/Hao-May</p>	<p><i>(Continued)</i> <span style="float: right;">7</span></p> <p><b>3:30pm - 5:00pm</b> Project EngAGE-SALT</p> <p><b>6:00pm - 8:00pm</b> Open Pottery Studio</p> <p><b>6:00pm - 8:00pm</b> Sportsplex Class</p> <p><b>6:00pm - 8:00pm</b> Sportsplex</p>	<p><i>(Continued)</i> <span style="float: right;">8</span></p>	<p><i>(Continued)</i> <span style="float: right;">9</span></p>	<p><i>(Continued)</i> <span style="float: right;">10</span></p>	<p><i>(Continued)</i> <span style="float: right;">11</span></p>
<p><b>8:00am - 8:00pm</b> Volunteer Connect 55+ <span style="float: right;">12</span></p>	<p><b>8:00am - 5:00pm</b> Billiards <span style="float: right;">13</span></p> <p><b>8:00am - 8:00pm</b> Volunteer Connect 55+</p> <p><b>8:45am - 9:45am</b> Pacesetter Class</p> <p><b>10:00am - 10:50am</b> Gentle Joy of Yoga-May</p> <p><b>10:00am - 12:00pm</b> Dominoes</p> <p><b>10:00am - 12:00pm</b> Games</p> <p><b>10:00am - 10:50am</b> Aerobics</p> <p><b>10:00am - 12:00pm</b> Feeling Depressed Support</p> <p><b>10:00am - 12:30pm</b> Open Pottery Studio</p>	<p><b>8:00am - 5:00pm</b> Billiards <span style="float: right;">14</span></p> <p><b>8:00am - 8:00pm</b> Volunteer Connect 55+</p> <p><b>8:30am - 9:30am</b> Hula Hooping</p> <p><b>9:00am - 10:00am</b> Tap Dance-Beginners</p> <p><b>10:00am - 11:15am</b> Strong and Steady</p> <p><b>10:00am - 11:00am</b> Tap Dance-Intermediate</p> <p><b>10:00am - 1:00pm</b> Passmore Piece Makers Quil</p> <p><b>10:00am - 12:00pm</b> Dominoes</p> <p><b>10:00am - 12:00pm</b> Games</p>	<p><b>8:00am - 5:00pm</b> Billiards <span style="float: right;">15</span></p> <p><b>8:00am - 8:00pm</b> Volunteer Connect 55+</p> <p><b>8:45am - 9:45am</b> Pacesetter Class</p> <p><b>9:00am - 11:00am</b> Leatherworks</p> <p><b>10:00am - 12:00pm</b> Dominoes</p> <p><b>10:00am - 10:50am</b> Aerobics</p> <p><b>10:00am - 12:00pm</b> Karaoke Sing A Long</p> <p><b>10:30am - 12:00pm</b> Nifty Knitters</p> <p><b>11:00am - 11:45am</b> Silver Sneakers-Mondays an</p>	<p><b>8:00am - 5:00pm</b> Billiards <span style="float: right;">16</span></p> <p><b>8:00am - 8:00pm</b> Volunteer Connect 55+</p> <p><b>8:00am - 9:00am</b> Hillsborough Senior Striders-</p> <p><b>9:00am - 11:00am</b> Staff Meeting</p> <p><b>9:30am - 11:30am</b> Blood pressure check</p> <p><b>9:30am - 11:00am</b> Line Dance-Thursdays</p> <p><b>9:30am - 11:00am</b> Line Dance-Thursdays</p> <p><b>10:00am - 11:15am</b> Strong and Steady</p> <p><b>10:00am - 10:50am</b> Gentle Joy of Yoga-May</p>	<p><b>8:00am - 5:00pm</b> Billiards <span style="float: right;">17</span></p> <p><b>8:00am - 11:00am</b> Table Tennis</p> <p><b>8:00am - 8:00pm</b> Volunteer Connect 55+</p> <p><b>9:00am - 4:00pm</b> Physical Function Screen-M</p> <p><b>9:30am - 4:30pm</b> NC Symphony-Beethoven</p> <p><b>9:30am - 11:30am</b> Rook</p> <p><b>10:00am - 12:00pm</b> Dominoes</p> <p><b>10:00am - 12:00pm</b> Games</p> <p><b>10:00am - 1:00pm</b> Open Artist Studio/Crochet a</p>	<p><b>8:00am - 8:00pm</b> Volunteer Connect 55+ <span style="float: right;">18</span></p> <p><b>9:00am - 11:00am</b> Sportsplex Class</p>

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# Passmore Center Activity Calendar

## May 2019 (Continued)

**Sunday**                      **Monday**                      **Tuesday**                      **Wednesday**                      **Thursday**                      **Friday**                      **Saturday**

<i>(Continued)</i>	<b>12</b>	<i>(Continued)</i>	<b>13</b>	<i>(Continued)</i>	<b>14</b>	<i>(Continued)</i>	<b>15</b>	<i>(Continued)</i>	<b>16</b>	<i>(Continued)</i>	<b>17</b>	<i>(Continued)</i>	<b>18</b>
		<b>10:30am - 11:30am</b> Savvy Savers Couponing		<b>10:00am - 11:00am</b> TOPS Weigh in		<b>11:15am - 12:00pm</b> Salli's Seated Workout		<b>10:00am - 12:00pm</b> Dominoes		<b>11:00am - 11:45am</b> Silver Sneakers Strength Fri			
		<b>11:00am - 1:00pm</b> American Sign Language-Le		<b>10:00am - 11:00am</b> Inspirational Topics		<b>12:00pm - 1:00pm</b> Passmore Lunch Program		<b>10:00am - 1:00pm</b> Creative Crafters		<b>12:00pm - 1:00pm</b> Passmore Lunch Program			
		<b>11:00am - 11:45am</b> Silver Sneakers-Mondays an		<b>11:00am - 12:00pm</b> Take off pounds sensibly		<b>12:30pm - 2:30pm</b> Beginning Pottery-Wed Apr 2		<b>11:00am - 1:00pm</b> Table Tennis		<b>12:30pm - 4:00pm</b> Mah Jong			
		<b>12:00pm - 1:00pm</b> Passmore Lunch Program		<b>12:00pm - 12:30pm</b> Tell All		<b>12:30pm - 4:00pm</b> Contract Bridge		<b>12:00pm - 1:00pm</b> Passmore Lunch Program		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game			
		<b>12:30pm - 2:30pm</b> Pottery Class Mon May 6-Ju		<b>12:00pm - 1:00pm</b> Passmore Lunch Program		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game		<b>12:00pm - 5:00pm</b> Physical Therapy Services		<b>1:30pm - 3:30pm</b> Open Pottery Studio			
		<b>12:30pm - 4:00pm</b> Contract Bridge		<b>12:00pm - 5:00pm</b> Physical Therapy Services		<b>1:00pm - 4:00pm</b> Wood Carving Club		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game		<b>2:00pm - 5:00pm</b> Pickle Ball-Wed and Fri			
		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game		<b>12:30pm - 1:30pm</b> Singing Group		<b>2:00pm - 5:00pm</b> Pickle Ball-Wed and Fri		<b>1:00pm - 2:00pm</b> Stroke Support Group		<b>3:00pm - 5:00pm</b> Busy Beaders			
		<b>1:00pm - 3:00pm</b> Card Making		<b>12:30pm - 5:00pm</b> Acupuncture		<b>3:00pm - 5:00pm</b> Oil Painting Studio		<b>1:00pm - 3:00pm</b> Bakgammon & Checkers					
		<b>1:00pm - 3:00pm</b> Travel Club		<b>12:30pm - 4:00pm</b> Mah Jong		<b>4:00pm - 6:00pm</b> Sew What Sewing Group		<b>1:00pm - 5:00pm</b> SHIIP					
		<b>2:00pm - 4:00pm</b> American Sign Language-Be		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game		<b>6:00pm - 8:00pm</b> Sportsplex Class		<b>1:30pm - 3:30pm</b> Advanced Watercolor-April 1					
		<b>2:00pm - 2:45pm</b> Line Dance Beginners		<b>1:00pm - 3:00pm</b> Matter of Balance		<b>6:00pm - 7:30pm</b> Wood Carving Club-Evening		<b>3:30pm - 4:30pm</b> Laughter Yoga					
		<b>3:00pm - 5:00pm</b> Moving Forward Live AFG		<b>1:00pm - 2:30pm</b> Chess		<b>6:00pm - 8:00pm</b> Sportsplex		<b>4:00pm - 5:30pm</b> Fused Glass-May					
		<b>3:00pm - 5:00pm</b> Oil Painting-Apr 15-May 13		<b>1:00pm - 2:30pm</b> Line Dance-Tuesday				<b>5:30pm - 7:30pm</b> Beginning Watercolor-May 2-					
		<b>3:00pm - 4:30pm</b> Line Dance-Mondays		<b>2:00pm - 3:30pm</b> Acrylic Painting-Apr 30-May				<b>5:30pm - 7:00pm</b> 70's Dance Party and Dinner					
		<b>4:00pm - 7:00pm</b> SHIIP		<b>2:30pm - 3:30pm</b> International Conflicts and A				<b>6:00pm - 8:00pm</b> Moving Forward Live AFG					
		<b>4:30pm - 5:30pm</b> Tai Chi -Chen-May		<b>6:00pm - 8:00pm</b> Open Pottery Studio									
		<b>5:00pm - 8:00pm</b> Pickle Ball-Monday		<b>6:00pm - 8:00pm</b> Sportsplex Class									

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# Passmore Center Activity Calendar

## May 2019 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Continued) 12	(Continued) 13 5:30pm - 8:00pm Dinner with David  5:30pm - 8:00pm Cooking and Dinner with Dav  6:00pm - 8:00pm Pottery Class-Eve May 6-Jun  6:00pm - 6:50pm Tai Chi Wu/Hao-May	(Continued) 14 6:00pm - 8:00pm Nimble Thimbles  6:00pm - 8:00pm Sportsplex	(Continued) 15	(Continued) 16	(Continued) 17	(Continued) 18
19 8:00am - 8:00pm Volunteer Connect 55+	20 8:00am - 5:00pm Billiards  8:00am - 8:00pm Volunteer Connect 55+  8:45am - 9:45am Pacesetter Class  9:30am - 11:30am Friends of Passmore  10:00am - 10:50am Gentle Joy of Yoga-May  10:00am - 12:00pm Dominoes  10:00am - 12:00pm Games  10:00am - 10:50am Aerobics  10:00am - 12:30pm Open Pottery Studio  10:30am - 11:30am Savvy Savers Couponing  11:00am - 1:00pm American Sign Language-Le  11:00am - 11:45am Silver Sneakers-Mondays an	21 8:00am - 5:00pm Billiards  8:00am - 8:00pm Volunteer Connect 55+  8:30am - 9:30am Hula Hooping  9:00am - 10:00am Tap Dance-Beginners  10:00am - 11:15am Strong and Steady  10:00am - 11:00am Tap Dance-Intermediate  10:00am - 1:00pm Passmore Piece Makers Quil  10:00am - 12:00pm Dominoes  10:00am - 12:00pm Games  10:00am - 11:00am TOPS Weigh in  10:00am - 11:00am Inspirational Topics  11:00am - 12:00pm Take off pounds sensibly	22 8:00am - 5:00pm Billiards  8:00am - 8:00pm Volunteer Connect 55+  8:45am - 9:45am Pacesetter Class  8:45am - 10:00am Healthy Carolinians  9:00am - 11:00am Leatherworks  9:00am - 4:00pm Fit Feet-May  10:00am - 12:00pm Dominoes  10:00am - 10:50am Aerobics  10:00am - 12:00pm Karaoke Sing A Long  10:30am - 12:00pm Nifty Knitters  10:30am - 11:30am Book Club  11:00am - 11:45am Silver Sneakers-Mondays an	23 8:00am - 5:00pm Billiards  8:00am - 8:00pm Volunteer Connect 55+  9:30am - 11:30am Blood pressure check  9:30am - 11:00am Line Dance-Thursdays  9:30am - 11:00am Line Dance-Thursdays  10:00am - 11:15am Strong and Steady  10:00am - 12:00pm Bedazzled Wreath  10:00am - 10:50am Gentle Joy of Yoga-May  10:00am - 12:00pm Dominoes  11:00am - 1:00pm Table Tennis  12:00pm - 1:00pm Passmore Lunch Program  12:00pm - 5:00pm Physical Therapy Services	24 8:00am - 5:00pm Billiards  8:00am - 11:00am Table Tennis  8:00am - 8:00pm Volunteer Connect 55+  9:30am - 11:30am Rook  10:00am - 12:00pm Dominoes  10:00am - 12:00pm Games  10:00am - 1:00pm Open Artist Studio/Crochet a  11:00am - 11:45am Silver Sneakers Strength Fri  12:00pm - 1:30pm Dine and Dash  12:00pm - 1:00pm Passmore Lunch Program  12:30pm - 4:00pm Mah Jong  1:00pm - 4:00pm Hand & Foot Card Game	25 8:00am - 10:00pm Maintenance  8:00am - 10:00pm Maintenance  8:00am - 8:00pm Volunteer Connect 55+

Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the even or activity to verify that there have been no program changes.

# Passmore Center Activity Calendar

## May 2019 (Continued)

**Sunday**                      **Monday**                      **Tuesday**                      **Wednesday**                      **Thursday**                      **Friday**                      **Saturday**

<i>(Continued)</i>	<b>19</b>	<i>(Continued)</i>	<b>20</b>	<i>(Continued)</i>	<b>21</b>	<i>(Continued)</i>	<b>22</b>	<i>(Continued)</i>	<b>23</b>	<i>(Continued)</i>	<b>24</b>	<i>(Continued)</i>	<b>25</b>
		<b>12:00pm - 1:00pm</b> Passmore Lunch Program		<b>12:00pm - 1:00pm</b> Passmore Lunch Program		<b>11:15am - 12:00pm</b> Salli's Seated Workout		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game		<b>1:30pm - 3:30pm</b> Open Pottery Studio			
		<b>12:30pm - 2:30pm</b> Pottery Class Mon May 6-Ju		<b>12:00pm - 5:00pm</b> Physical Therapy Services		<b>12:00pm - 1:00pm</b> Passmore Lunch Program		<b>1:00pm - 2:30pm</b> Caregiver's Support		<b>2:00pm - 5:00pm</b> Pickle Ball-Wed and Fri			
		<b>12:30pm - 4:00pm</b> Contract Bridge		<b>12:30pm - 1:30pm</b> Singing Group		<b>12:30pm - 2:30pm</b> Beginning Pottery Wed May		<b>1:00pm - 3:00pm</b> Bakgammon & Checkers		<b>3:00pm - 5:00pm</b> Busy Beaders			
		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game		<b>12:30pm - 5:00pm</b> Acupuncture		<b>12:30pm - 4:00pm</b> Contract Bridge		<b>1:00pm - 5:00pm</b> SHIIP		<b>5:00pm - 10:00pm</b> Maintenance			
		<b>1:00pm - 3:00pm</b> Card Making		<b>12:30pm - 4:00pm</b> Mah Jong		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game		<b>2:00pm - 4:00pm</b> Speak Out		<b>5:00pm - 10:00pm</b> Maintenance			
		<b>2:00pm - 4:00pm</b> American Sign Language-Be		<b>1:00pm - 4:00pm</b> Hand & Foot Card Game		<b>1:00pm - 4:00pm</b> Wood Carving Club		<b>3:30pm - 4:30pm</b> Laughter Yoga					
		<b>2:00pm - 2:45pm</b> Line Dance Beginners		<b>1:00pm - 3:00pm</b> Matter of Balance		<b>2:00pm - 5:00pm</b> Pickle Ball-Wed and Fri		<b>4:00pm - 5:30pm</b> Fused Glass-May					
		<b>3:00pm - 5:00pm</b> Moving Forward Live AFG		<b>1:00pm - 2:30pm</b> Chess		<b>3:00pm - 5:00pm</b> Oil Painting Studio		<b>5:30pm - 7:30pm</b> Beginning Watercolor-May 2-					
		<b>3:00pm - 5:00pm</b> Oil Painting-May 20-Jun 24		<b>1:00pm - 2:30pm</b> Line Dance-Tuesday		<b>4:00pm - 6:00pm</b> Sew What Sewing Group		<b>6:00pm - 8:00pm</b> Moving Forward Live AFG					
		<b>3:00pm - 4:30pm</b> Line Dance-Mondays		<b>2:00pm - 3:00pm</b> TED Talks-May		<b>6:00pm - 8:00pm</b> Sportsplex Class							
		<b>4:00pm - 7:00pm</b> SHIIP		<b>2:00pm - 3:30pm</b> Acrylic Painting-Apr 30-May		<b>6:00pm - 7:30pm</b> Wood Carving Club-Evening							
		<b>4:30pm - 5:30pm</b> Tai Chi -Chen-May		<b>6:00pm - 8:00pm</b> Open Pottery Studio		<b>6:00pm - 8:00pm</b> Sportsplex							
		<b>5:00pm - 8:00pm</b> NCCU Alumni Association		<b>6:00pm - 8:00pm</b> Sportsplex Class									
		<b>5:00pm - 8:00pm</b> Pickle Ball-Monday		<b>6:00pm - 8:00pm</b> Sportsplex									
		<b>5:30pm - 8:00pm</b> Dinner with David		<b>6:45pm - 8:00pm</b> County Government Academ									
		<b>5:30pm - 8:00pm</b> Cooking and Dinner with Dav											
		<b>6:00pm - 8:00pm</b> Pottery Class-Eve May 6-Jun											

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# Passmore Center Activity Calendar

## May 2019 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Continued) 19	(Continued) 20 6:00pm - 6:50pm Tai Chi Wu/Hao-May	(Continued) 21	(Continued) 22	(Continued) 23	(Continued) 24	(Continued) 25
26 8:00am - 10:00pm Maintenance 8:00am - 10:00pm Maintenance 8:00am - 10:00pm Maintenance 8:00am - 8:00pm Volunteer Connect 55+	27 8:00am - 5:00pm Billiards 8:00am - 10:00pm Maintenance 8:00am - 10:00pm Maintenance 8:00am - 10:00pm Maintenance 8:00am - 8:00pm Volunteer Connect 55+ 8:45am - 9:45am Pacesetter Class 10:00am - 10:50am Gentle Joy of Yoga-May 10:00am - 12:00pm Dominoes 10:00am - 12:00pm Games 10:00am - 10:50am Aerobics 10:00am - 12:30pm Open Pottery Studio 10:30am - 11:30am Savvy Savers Couponing 11:00am - 11:45am Silver Sneakers-Mondays an 12:00pm - 1:00pm Passmore Lunch Program 12:30pm - 2:30pm Pottery Class Mon May 6-Ju	28 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:30am Hula Hooping 9:00am - 10:00am Tap Dance-Beginners 9:00am - 11:00am SEANC 10:00am - 11:15am Strong and Steady 10:00am - 11:00am Tap Dance-Intermediate 10:00am - 1:00pm Passmore Piece Makers Quil 10:00am - 12:00pm Dominoes 10:00am - 12:00pm Games 10:00am - 11:00am TOPS Weigh in 10:00am - 11:00am Inspirational Topics 11:00am - 12:00pm Take off pounds sensibly 12:00pm - 12:30pm Tell All 12:00pm - 1:00pm Passmore Lunch Program	29 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:45am - 9:45am Pacesetter Class 9:00am - 11:00am Leatherworks 9:00am - 4:00pm Fit Feet-May 10:00am - 12:00pm Dominoes 10:00am - 10:50am Aerobics 10:00am - 12:00pm Karaoke Sing A Long 10:30am - 12:00pm Nifty Knitters 11:00am - 11:45am Silver Sneakers-Mondays an 11:15am - 12:00pm Salli's Seated Workout 12:00pm - 1:00pm Passmore Lunch Program 12:30pm - 2:30pm Beginning Pottery Wed May 12:30pm - 4:00pm Contract Bridge 1:00pm - 4:00pm Hand & Foot Card Game	30 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 9:30am - 11:30am Blood pressure check 9:30am - 11:00am Line Dance-Thursdays 9:30am - 11:00am Line Dance-Thursdays 10:00am - 11:15am Strong and Steady 10:00am - 10:50am Gentle Joy of Yoga-May 10:00am - 12:00pm Dominoes 10:00am - 1:00pm Creative Crafters 11:00am - 1:00pm Table Tennis 12:00pm - 1:00pm Passmore Lunch Program 12:00pm - 5:00pm Physical Therapy Services 1:00pm - 4:00pm Hand & Foot Card Game 1:00pm - 3:00pm Bakgammon & Checkers 1:00pm - 5:00pm SHIIP	31 8:00am - 5:00pm Billiards 8:00am - 11:00am Table Tennis 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 5:00pm Mental Health First Aid 9:30am - 11:30am Rook 10:00am - 12:00pm Dominoes 10:00am - 12:00pm Games 10:00am - 1:00pm Open Artist Studio/Crochet a 11:00am - 11:45am Silver Sneakers Strength Fri 12:00pm - 1:00pm Passmore Lunch Program 12:30pm - 4:00pm Mah Jong 1:00pm - 4:00pm Hand & Foot Card Game 1:30pm - 2:30pm Pineapple Succulent Mason 1:30pm - 3:30pm Open Pottery Studio 2:00pm - 5:00pm Pickle Ball-Wed and Fri	

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# Passmore Center Activity Calendar

## May 2019 (Continued)

**Sunday**                      **Monday**                      **Tuesday**                      **Wednesday**                      **Thursday**                      **Friday**                      **Saturday**

<i>(Continued)</i>	<b>26</b>	<i>(Continued)</i>	<b>27</b>	<i>(Continued)</i>	<b>28</b>	<i>(Continued)</i>	<b>29</b>	<i>(Continued)</i>	<b>30</b>	<i>(Continued)</i>	<b>31</b>
	<b>12:30pm - 4:00pm</b> Contract Bridge  <b>1:00pm - 4:00pm</b> Hand & Foot Card Game  <b>1:00pm - 3:00pm</b> Card Making  <b>2:00pm - 2:45pm</b> Line Dance Beginners  <b>3:00pm - 5:00pm</b> Moving Forward Live AFG  <b>3:00pm - 5:00pm</b> Oil Painting-May 20-Jun 24  <b>3:00pm - 4:30pm</b> Line Dance-Mondays  <b>4:00pm - 7:00pm</b> SHIP  <b>5:00pm - 8:00pm</b> Pickle Ball-Monday  <b>5:30pm - 8:00pm</b> Dinner with David  <b>5:30pm - 8:00pm</b> Cooking and Dinner with Dav  <b>6:00pm - 8:00pm</b> Pottery Class-Eve May 6-Jun  <b>6:00pm - 6:50pm</b> Tai Chi Wu/Hao-May	<b>12:00pm - 5:00pm</b> Physical Therapy Services  <b>12:30pm - 1:30pm</b> Singing Group  <b>12:30pm - 5:00pm</b> Acupuncture  <b>12:30pm - 4:00pm</b> Mah Jong  <b>1:00pm - 4:00pm</b> Hand & Foot Card Game  <b>1:00pm - 2:30pm</b> Chess  <b>1:00pm - 2:30pm</b> Line Dance-Tuesday  <b>3:00pm - 4:00pm</b> Financial Planning in 2019  <b>6:00pm - 8:00pm</b> Open Pottery Studio  <b>6:00pm - 8:00pm</b> Sportsplex Class  <b>6:00pm - 8:00pm</b> Nimble Thimbles  <b>6:00pm - 8:00pm</b> Sportsplex	<b>1:00pm - 4:00pm</b> Wood Carving Club  <b>2:00pm - 5:00pm</b> Pickle Ball-Wed and Fri  <b>2:00pm - 3:30pm</b> Downsizing and Decluttering  <b>3:00pm - 5:00pm</b> Oil Painting Studio  <b>4:00pm - 6:00pm</b> Sew What Sewing Group  <b>6:00pm - 8:00pm</b> Sportsplex Class  <b>6:00pm - 7:30pm</b> Wood Carving Club-Evening  <b>6:00pm - 8:00pm</b> Sportsplex	<b>3:30pm - 4:30pm</b> Laughter Yoga  <b>4:00pm - 5:30pm</b> Fused Glass-May  <b>6:00pm - 8:00pm</b> Moving Forward Live AFG	<b>3:00pm - 5:00pm</b> Busy Beaders						

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