



Passmore Center Activity Calendar

November 2018

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

				<p>8:00am - 5:00pm Billiards ¹</p> <p>8:00am - 8:00pm Volunteer Connect 55+</p> <p>9:30am - 11:00am Line Dance-Thursdays</p> <p>9:30am - 11:30am Blood pressure check</p> <p>10:00am - 11:30am Hillsb. Garden Club</p> <p>10:00am - 12:00pm Dominoes</p> <p>10:00am - 1:00pm Creative Crafters</p> <p>10:00am - 10:50am Gentle Joy of Yoga-Novemb</p> <p>10:00am - 11:15am Strong and Steady</p> <p>10:30am - 11:30am Scrabble Talk</p> <p>11:00am - 1:00pm Table Tennis</p> <p>12:00pm - 1:00pm Passmore Lunch Program</p> <p>12:00pm - 5:00pm Physical Therapy Services</p> <p>1:00pm - 3:00pm Bakgammon & Checkers</p> <p>1:00pm - 8:00pm SHIIP</p> <p>1:00pm - 3:00pm Digital Photography-Oct 18-</p> <p>1:00pm - 4:00pm Hand & Foot Card Game</p>	<p>8:00am - 5:00pm ² Billiards</p> <p>8:00am - 11:00am Table Tennis</p> <p>8:00am - 8:00pm Volunteer Connect 55+</p> <p>8:30am - 4:30pm NC State University</p> <p>9:00am - 11:30am Rummikub</p> <p>9:30am - 4:30pm Temple Theatre-Ghost</p> <p>9:30am - 11:30am Rook</p> <p>10:00am - 1:00pm Open Artist Studio/Crochet a</p> <p>10:00am - 12:00pm Dominoes</p> <p>10:00am - 12:00pm Games</p> <p>11:00am - 11:45am Silver Sneakers Strength Fri</p> <p>12:00pm - 1:00pm Passmore Lunch Program</p> <p>12:30pm - 4:00pm Mah Jong</p> <p>1:00pm - 4:00pm Hand & Foot Card Game</p> <p>1:30pm - 3:30pm Open Pottery Studio</p> <p>2:00pm - 5:00pm Pickle Ball-Wed and Fri</p> <p>3:00pm - 5:00pm Busy Beaders</p>	<p>8:00am - 8:00pm ³ Volunteer Connect 55+</p> <p>9:00am - 11:00am Sportsplex Class</p> <p>9:00am - 2:00pm Holiday Bazaar</p>
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Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the even or activity to verify that there have been no program changes.

Passmore Center Activity Calendar

November 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

				<i>(Continued)</i> ¹ 1:30pm - 3:30pm Advanced Watercolor-Oct 18 3:00pm - 4:00pm An Afternoon of Jazz 4:00pm - 5:30pm Fused Glass Workshop-Nov 5:30pm - 6:30pm Laughter Yoga 5:30pm - 7:30pm Beginning Watercolor-Oct 18 6:30pm - 7:30pm Moving Forward Live AFG	<i>(Continued)</i> ²	<i>(Continued)</i> ³
⁴ 8:00am - 8:00pm Volunteer Connect 55+	⁵ 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:45am - 9:45am Pacesetter Class 9:00am - 11:30am Rummikub 10:00am - 12:30pm Open Pottery Studio 10:00am - 11:30am Jolly 79ers Club 10:00am - 12:00pm Dominoes 10:00am - 12:00pm Games 10:00am - 10:50am Aerobics 10:00am - 10:50am Gentle Joy of Yoga-Novemb	⁶ 8:00am - 5:00pm Billiards 8:00am - 5:00pm SHIIP 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:30am Hula Hooping 9:00am - 10:00am Tap Dance-Beginners 9:00am - 10:00am NCBA 9:00am - 11:30am Rummikub 10:00am - 12:00pm Matter of Balance 10:00am - 12:00pm Dominoes 10:00am - 12:00pm Games	⁷ 8:00am - 5:00pm Billiards 8:00am - 5:00pm SHIIP 8:00am - 8:00pm Volunteer Connect 55+ 8:45am - 9:45am Pacesetter Class 9:00am - 10:00am Employment Information 9:00am - 11:00am Leatherworks 9:00am - 11:30am Rummikub 10:00am - 12:00pm Dominoes 10:00am - 12:00pm Karaoke Sing A Long 10:00am - 10:50am Aerobics	⁸ 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 9:00am - 10:00am Benefits of Yoga 9:30am - 11:00am Line Dance-Thursdays 9:30am - 11:30am Blood pressure check 10:00am - 12:00pm Dominoes 10:00am - 1:00pm Creative Crafters 10:00am - 10:50am Gentle Joy of Yoga-Novemb 10:00am - 11:15am Strong and Steady 10:30am - 11:30am Scrabble Talk	⁹ 8:00am - 5:00pm Billiards 8:00am - 11:00am Table Tennis 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 10:30am Veteran's Appreciation 9:00am - 4:00pm Physical Function Screen-No 9:00am - 11:30am Rummikub 9:30am - 11:30am Rook 10:00am - 1:00pm Open Artist Studio/Crochet a 10:00am - 12:00pm Dominoes 10:00am - 12:00pm Games	¹⁰ 8:00am - 8:00pm Volunteer Connect 55+ 9:00am - 11:00am Sportsplex Class

Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the even or activity to verify that there have been no program changes.

Passmore Center Activity Calendar

November 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<i>(Continued)</i>	4	<i>(Continued)</i>	5	<i>(Continued)</i>	6	<i>(Continued)</i>	7	<i>(Continued)</i>	8	<i>(Continued)</i>	9	<i>(Continued)</i>	10
		10:00am - 11:30am Project EngAGE		10:00am - 11:00am TOPS Weigh in		10:00am - 12:00pm Garden Club		11:00am - 1:00pm Table Tennis		11:00am - 11:45am Silver Sneakers Strength Fri			
		11:00am - 11:45am Silver Sneakers-Mondays an		10:00am - 11:15am Strong and Steady		10:30am - 12:00pm Nifty Knitters		12:00pm - 1:00pm Passmore Lunch Program		12:00pm - 1:00pm Passmore Lunch Program			
		11:00am - 12:00pm Tai Chi-Arthritis Foundation		10:00am - 11:00am Inspirational Topics		11:00am - 11:45am Silver Sneakers-Mondays an		12:00pm - 5:00pm Physical Therapy Services		12:30pm - 4:00pm Mah Jong			
		12:00pm - 1:00pm Passmore Lunch Program		10:00am - 11:00am Tap Dance-Intermediate		11:15am - 12:00pm Salli's Seated Workout		12:30pm - 3:00pm Acupuncture		1:00pm - 4:00pm Hand & Foot Card Game			
		12:00pm - 12:30pm Birthday Party-November		10:00am - 1:00pm Passmore Piece Makers Quil		12:00pm - 1:00pm Passmore Lunch Program		1:00pm - 3:00pm Bakgammon & Checkers		1:30pm - 3:30pm Open Pottery Studio			
		12:30pm - 2:30pm Pottery-Mon Nov 5-26		11:00am - 12:00pm Take off pounds sensibly		12:00pm - 1:00pm Retirement: Making Your Mo		1:00pm - 8:00pm SHIIP		2:00pm - 5:00pm Pickle Ball-Wed and Fri			
		1:00pm - 4:00pm Contract Bridge		12:00pm - 1:00pm Passmore Lunch Program		12:30pm - 2:30pm Beginning Pottery-Wed Oct 3		1:00pm - 3:00pm Digital Photography-Oct 18-		3:00pm - 5:00pm Busy Beaders			
		1:00pm - 8:00pm SHIIP		12:00pm - 5:00pm Physical Therapy Services		1:00pm - 4:00pm Wood Carving Club		1:00pm - 2:00pm Stroke Support Group					
		1:00pm - 3:00pm Card Making		12:30pm - 5:00pm Acupuncture		1:00pm - 4:00pm Contract Bridge		1:00pm - 4:00pm Hand & Foot Card Game					
		1:00pm - 4:00pm Hand & Foot Card Game		12:30pm - 4:00pm Mah Jong		1:00pm - 4:00pm Hand & Foot Card Game		1:30pm - 3:30pm Advanced Watercolor-Oct 18					
		1:30pm - 2:00pm Savvy Savers Couponing		1:00pm - 2:30pm Line Dance-Tuesday		2:00pm - 5:00pm Pickle Ball-Wed and Fri		4:00pm - 5:30pm Fused Glass Workshop-Nov					
		2:00pm - 4:30pm Line Dance-Mondays		1:00pm - 2:30pm Chess		3:00pm - 5:00pm Oil Painting Studio		5:30pm - 6:30pm Laughter Yoga					
		3:00pm - 5:00pm Oil Painting-Oct 22-Nov 19		1:00pm - 2:00pm Singing Group		4:00pm - 6:00pm Sew What Sewing Group		5:30pm - 7:30pm Beginning Watercolor-Oct 18					
		3:30pm - 4:30pm Moving Forward Live AFG		1:00pm - 4:00pm Hand & Foot Card Game		6:00pm - 8:00pm Sportsplex Class		6:30pm - 7:30pm Moving Forward Live AFG					
		4:30pm - 5:30pm Tai Chi -Chen-November		2:00pm - 3:30pm Acrylic Painting-Oct 16-Nov		6:00pm - 8:00pm Sportsplex							
		5:00pm - 8:00pm Pickle Ball-Monday		2:00pm - 3:00pm Newcomers' Welcome-Nove		6:00pm - 7:30pm Wood Carving Club-Evening							
		5:30pm - 8:00pm Dinner with David		2:30pm - 4:00pm Walking									

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Passmore Center Activity Calendar

November 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<p><i>(Continued)</i> 4</p>	<p><i>(Continued)</i> 5</p> <p>5:30pm - 8:00pm Cooking & Dinner with David</p> <p>6:00pm - 8:00pm Pottery Class-Eve Nov 5-26</p> <p>6:00pm - 6:50pm Tai Chi Wu/Hao-November</p> <p>6:00pm - 8:00pm Basic Drawing-Nov 5-26</p> <p>6:00pm - 8:00pm Tarheel Depression Glass Cl</p>	<p><i>(Continued)</i> 6</p> <p>4:00pm - 5:30pm Caregiver's Support</p> <p>5:00pm - 6:00pm Heart Transformed: Ending</p> <p>6:00pm - 8:00pm Open Pottery Studio</p> <p>6:00pm - 8:00pm Sportsplex Class</p> <p>6:00pm - 8:00pm Sportsplex</p> <p>6:00pm - 8:00pm Digital Photography-eve Oct</p> <p>6:00pm - 8:00pm Nimble Thimbles</p>	<p><i>(Continued)</i> 7</p>	<p><i>(Continued)</i> 8</p>	<p><i>(Continued)</i> 9</p>	<p><i>(Continued)</i> 10</p>
<p>8:00am - 8:00pm Volunteer Connect 55+ 11</p>	<p>8:00am - 5:00pm Billiards 12</p> <p>8:00am - 8:00pm Volunteer Connect 55+</p> <p>8:45am - 9:45am Pacesetter Class</p> <p>9:00am - 11:30am Rummikub</p> <p>10:00am - 12:30pm Open Pottery Studio</p> <p>10:00am - 12:00pm Dominoes</p> <p>10:00am - 12:00pm Games</p> <p>10:00am - 10:50am Aerobics</p> <p>10:00am - 12:00pm Feeling Depressed Support</p>	<p>8:00am - 5:00pm Billiards 13</p> <p>8:00am - 5:00pm SHIIP</p> <p>8:00am - 8:00pm Volunteer Connect 55+</p> <p>8:30am - 9:30am Hula Hooping</p> <p>9:00am - 10:00am Tap Dance-Beginners</p> <p>9:00am - 11:30am Rummikub</p> <p>10:00am - 12:00pm Matter of Balance</p> <p>10:00am - 1:00pm Glucose & Cholesterol Scree</p> <p>10:00am - 12:00pm Dominoes</p>	<p>8:00am - 5:00pm Billiards 14</p> <p>8:00am - 5:00pm SHIIP</p> <p>8:00am - 8:00pm Volunteer Connect 55+</p> <p>8:45am - 9:45am Pacesetter Class</p> <p>9:00am - 10:00am Veteran's Caregiver Support</p> <p>9:00am - 4:00pm Fit Feet-November</p> <p>9:00am - 11:00am Leatherworks</p> <p>9:00am - 11:30am Rummikub</p> <p>10:00am - 12:00pm Dominoes</p>	<p>8:00am - 5:00pm Billiards 15</p> <p>8:00am - 9:30am Hillsborough SeniorStriders-</p> <p>8:00am - 8:00pm Volunteer Connect 55+</p> <p>9:30am - 11:00am Line Dance-Thursdays</p> <p>9:30am - 11:30am Blood pressure check</p> <p>10:00am - 12:00pm Dominoes</p> <p>10:00am - 1:00pm Creative Crafters</p> <p>10:00am - 10:50am Gentle Joy of Yoga-Novemb</p> <p>10:00am - 11:15am Strong and Steady</p>	<p>8:00am - 5:00pm Billiards 16</p> <p>8:00am - 11:00am Table Tennis</p> <p>8:00am - 8:00pm Volunteer Connect 55+</p> <p>9:00am - 4:00pm Physical Function Screen-No</p> <p>9:00am - 11:30am Rummikub</p> <p>9:30am - 11:30am Rook</p> <p>10:00am - 1:00pm Open Artist Studio/Crochet a</p> <p>10:00am - 12:00pm Dominoes</p> <p>10:00am - 12:00pm Games</p>	<p>8:00am - 8:00pm Volunteer Connect 55+ 17</p> <p>9:00am - 11:00am Sportsplex Class</p>

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Passmore Center Activity Calendar

November 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

(Continued) 11	(Continued) 12	(Continued) 13	(Continued) 14	(Continued) 15	(Continued) 16	(Continued) 17
	10:00am - 10:50am Gentle Joy of Yoga-Novemb	10:00am - 12:00pm Games	10:00am - 12:00pm Karaoke Sing A Long	10:30am - 11:30am Scrabble Talk	10:30am - 1:00pm Thanksgiving Luncheon	
	11:00am - 11:45am Silver Sneakers-Mondays an	10:00am - 11:00am TOPS Weigh in	10:00am - 10:50am Aerobics	11:00am - 1:00pm Table Tennis	11:00am - 11:45am Silver Sneakers Strength Fri	
	11:00am - 12:00pm Tai Chi-Arthritis Foundation	10:00am - 11:15am Strong and Steady	10:00am - 12:00pm Garden Club	12:00pm - 5:00pm Physical Therapy Services	12:30pm - 4:00pm Mah Jong	
	12:00pm - 1:00pm Passmore Lunch Program	10:00am - 11:00am Inspirational Topics	10:30am - 12:00pm Nifty Knitters	12:00pm - 1:00pm Passmore Lunch Program	1:00pm - 4:00pm Hand & Foot Card Game	
	12:30pm - 2:30pm Pottery-Mon Nov 5-26	10:00am - 11:00am Tap Dance-Intermediate	11:00am - 11:45am Silver Sneakers-Mondays an	12:30pm - 2:00pm Acupuncture	1:30pm - 3:30pm Open Pottery Studio	
	1:00pm - 4:00pm Contract Bridge	10:00am - 1:00pm Passmore Piece Makers Quil	11:15am - 12:00pm Salli's Seated Workout	1:00pm - 3:00pm Bakgammon & Checkers	2:00pm - 5:00pm Pickle Ball-Wed and Fri	
	1:00pm - 8:00pm SHIIP	10:30am - 4:30pm Southern Supreme Fruitcake	12:00pm - 1:00pm Passmore Lunch Program	1:00pm - 8:00pm SHIIP	3:00pm - 5:00pm Busy Beaders	
	1:00pm - 3:00pm Travel Club	11:00am - 12:00pm Take off pounds sensibly	12:30pm - 2:30pm Beginning Pottery-Wed Oct 3	1:00pm - 3:00pm Digital Photography-Nov 15-		
	1:00pm - 3:00pm Card Making	12:00pm - 1:00pm Passmore Lunch Program	1:00pm - 4:00pm Wood Carving Club	1:00pm - 4:00pm Hand & Foot Card Game		
	1:00pm - 4:00pm Hand & Foot Card Game	12:00pm - 5:00pm Physical Therapy Services	1:00pm - 4:00pm Contract Bridge	1:30pm - 3:30pm Advanced Watercolor-Oct 18		
	1:30pm - 2:00pm Savvy Savers Couponing	12:00pm - 12:30pm Tell All	1:00pm - 2:30pm Bus Riding 101	3:30pm - 5:00pm Adult Care Home Committee		
	2:00pm - 4:30pm Line Dance-Mondays	12:30pm - 5:00pm Acupuncture	1:00pm - 4:00pm Hand & Foot Card Game	4:00pm - 5:30pm Fused Glass Workshop-Nov		
	3:00pm - 5:00pm Oil Painting-Oct 22-Nov 19	12:30pm - 4:00pm Mah Jong	2:00pm - 5:00pm Pickle Ball-Wed and Fri	5:30pm - 7:30pm Beginning Watercolor-Nov 1		
	3:30pm - 4:30pm Moving Forward Live AFG	1:00pm - 2:30pm Line Dance-Tuesday	3:00pm - 5:00pm Oil Painting Studio	5:30pm - 6:30pm Laughter Yoga		
	4:30pm - 5:30pm Tai Chi -Chen-November	1:00pm - 2:30pm Chess	4:00pm - 7:00pm Baking Class	6:30pm - 7:30pm Moving Forward Live AFG		
	5:00pm - 8:00pm Pickle Ball-Monday	1:00pm - 2:00pm Singing Group	4:00pm - 6:00pm Sew What Sewing Group			
	5:30pm - 8:00pm Dinner with David	1:00pm - 4:00pm Hand & Foot Card Game	6:00pm - 8:00pm Sportsplex Class			

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Passmore Center Activity Calendar

November 2018 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

(Continued) 11	(Continued) 12 5:30pm - 8:00pm Cooking & Dinner with David 6:00pm - 8:00pm Pottery Class-Eve Nov 5-26 6:00pm - 6:50pm Tai Chi Wu/Hao-November 6:00pm - 8:00pm Basic Drawing-Nov 5-26	(Continued) 13 2:00pm - 3:30pm Acrylic Painting-Nov 13-Dec 2:30pm - 4:00pm Walking 2:30pm - 4:00pm Gentle Acupressure 5:00pm - 6:00pm Heart Transformed: Ending 6:00pm - 8:00pm Open Pottery Studio 6:00pm - 8:00pm Sportsplex Class 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Digital Photography-eve Nov 6:00pm - 8:00pm Nimble Thimbles	(Continued) 14 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Golden Age of Movies-Rand 6:00pm - 7:30pm Wood Carving Club-Evening	(Continued) 15	(Continued) 16	(Continued) 17
8:00am - 8:00pm Volunteer Connect 55+ 18	8:00am - 5:00pm Billiards 19 8:00am - 8:00pm Volunteer Connect 55+ 8:45am - 9:45am Pacesetter Class 9:00am - 11:30am Rummikub 9:30am - 11:30am Friends of Passmore 10:00am - 12:30pm Open Pottery Studio 10:00am - 12:00pm Dominoes	8:00am - 5:00pm Billiards 20 8:00am - 5:00pm SHIP 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:30am Hula Hooping 9:00am - 10:00am Tap Dance-Beginners 9:00am - 11:30am Rummikub 10:00am - 12:00pm Matter of Balance	8:00am - 5:00pm Billiards 21 8:00am - 5:00pm SHIP 8:00am - 8:00pm Volunteer Connect 55+ 8:45am - 9:45am Pacesetter Class 9:00am - 11:00am Leatherworks 9:00am - 11:30am Rummikub 10:00am - 12:00pm Dominoes	8:00am - 5:00pm Billiards 22 8:00am - 8:00pm Volunteer Connect 55+ 9:30am - 11:00am Line Dance-Thursdays 9:30am - 11:30am Blood pressure check 10:00am - 12:00pm Dominoes 10:00am - 1:00pm Creative Crafters 10:00am - 10:50am Gentle Joy of Yoga-Novemb	8:00am - 5:00pm Billiards 23 8:00am - 8:00pm Volunteer Connect 55+ 9:00am - 11:30am Rummikub 9:30am - 11:30am Rook 10:00am - 1:00pm Open Artist Studio/Crochet a 10:00am - 12:00pm Dominoes 10:00am - 12:00pm Games	8:00am - 8:00pm Volunteer Connect 55+ 24 9:00am - 11:00am Sportsplex Class

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Passmore Center Activity Calendar

November 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<i>(Continued)</i>	18	<i>(Continued)</i>	19	<i>(Continued)</i>	20	<i>(Continued)</i>	21	<i>(Continued)</i>	22	<i>(Continued)</i>	23	<i>(Continued)</i>	24
		10:00am - 12:00pm Games	10:00am - 12:00pm Dominoes	10:00am - 12:00pm Dominoes	10:00am - 12:00pm Karaoke Sing A Long	10:00am - 11:15am Strong and Steady	12:00pm - 1:00pm Passmore Lunch Program						
		10:00am - 10:50am Aerobics	10:00am - 12:00pm Games	10:00am - 11:00am TOPS Weigh in	10:00am - 10:50am Aerobics	10:30am - 11:30am Scrabble Talk	12:30pm - 4:00pm Mah Jong						
		10:00am - 10:50am Gentle Joy of Yoga-Novemb	10:00am - 11:15am Strong and Steady	10:00am - 11:00am Inspirational Topics	10:00am - 12:00pm Garden Club	11:00am - 1:00pm Table Tennis	1:00pm - 4:00pm Hand & Foot Card Game						
		11:00am - 11:45am Silver Sneakers-Mondays an	10:00am - 11:00am Tap Dance-Intermediate	10:00am - 11:15am Strong and Steady	10:30am - 12:00pm Nifty Knitters	12:00pm - 5:00pm Physical Therapy Services	1:30pm - 3:30pm Open Pottery Studio						
		11:00am - 12:00pm Tai Chi-Arthritis Foundation	10:00am - 11:00am Passmore Piece Makers Quil	11:00am - 12:00pm Take off pounds sensibly	11:00am - 11:45am Silver Sneakers-Mondays an	12:00pm - 1:00pm Passmore Lunch Program	2:00pm - 5:00pm Pickle Ball-Wed and Fri						
		12:00pm - 1:00pm Passmore Lunch Program	11:00am - 12:00pm Physical Therapy Services	12:00pm - 1:00pm Passmore Lunch Program	11:15am - 12:00pm Salli's Seated Workout	12:30pm - 5:00pm Acupuncture	3:00pm - 5:00pm Busy Beaders						
		12:30pm - 2:30pm Pottery-Mon Nov 5-26	12:00pm - 1:00pm Passmore Lunch Program	12:30pm - 2:30pm Beginning Pottery-Wed Oct 3	12:00pm - 1:00pm Passmore Lunch Program	1:00pm - 3:00pm Bakgammon & Checkers							
		1:00pm - 4:00pm Contract Bridge	12:30pm - 5:00pm Acupuncture	1:00pm - 4:00pm Wood Carving Club	12:30pm - 2:30pm Beginning Pottery-Wed Oct 3	1:00pm - 8:00pm SHIIP							
		1:00pm - 8:00pm SHIIP	12:30pm - 4:00pm Mah Jong	1:00pm - 4:00pm Contract Bridge	1:00pm - 4:00pm Wood Carving Club	1:00pm - 3:00pm Digital Photography-Nov 15-							
		1:00pm - 3:00pm Card Making	1:00pm - 2:30pm Line Dance-Tuesday	1:00pm - 4:00pm Contract Bridge	1:00pm - 4:00pm Contract Bridge	1:00pm - 4:00pm Hand & Foot Card Game							
		1:00pm - 4:00pm Hand & Foot Card Game	1:00pm - 2:30pm Chess	1:00pm - 4:00pm Hand & Foot Card Game	1:00pm - 4:00pm Hand & Foot Card Game	4:00pm - 5:30pm Fused Glass Workshop-Nov							
		1:30pm - 2:00pm Savvy Savers Couponing	1:00pm - 2:00pm Singing Group	2:00pm - 5:00pm Pickle Ball-Wed and Fri	2:00pm - 5:00pm Pickle Ball-Wed and Fri	5:30pm - 7:30pm Beginning Watercolor-Nov 1							
		2:00pm - 4:30pm Line Dance-Mondays	1:00pm - 4:00pm Hand & Foot Card Game	3:00pm - 5:00pm Oil Painting Studio	3:00pm - 5:00pm Oil Painting Studio	5:30pm - 6:30pm Laughter Yoga							
		3:00pm - 5:00pm Oil Painting-Oct 22-Nov 19	2:00pm - 3:30pm Acrylic Painting-Nov 13-Dec	4:00pm - 6:00pm Sew What Sewing Group	4:00pm - 6:00pm Sew What Sewing Group	6:30pm - 7:30pm Moving Forward Live AFG							
		3:30pm - 4:30pm Moving Forward Live AFG		6:00pm - 8:00pm Sportsplex Class	6:00pm - 8:00pm Sportsplex Class								
		4:30pm - 5:30pm Tai Chi -Chen-November		6:00pm - 8:00pm Sportsplex	6:00pm - 8:00pm Sportsplex								
		5:00pm - 8:00pm Pickle Ball-Monday		6:00pm - 7:30pm Wood Carving Club-Evening	6:00pm - 7:30pm Wood Carving Club-Evening								

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Passmore Center Activity Calendar

November 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

(Continued) 18	(Continued) 19 5:00pm - 8:00pm NCCU Alumni Association 5:30pm - 8:00pm Dinner with David 5:30pm - 8:00pm Cooking & Dinner with David 6:00pm - 8:00pm Pottery Class-Eve Nov 5-26 6:00pm - 6:50pm Tai Chi Wu/Hao-November 6:00pm - 8:00pm Basic Drawing-Nov 5-26	(Continued) 20 2:00pm - 3:00pm TED Talks-November 2:30pm - 4:00pm Walking 5:00pm - 6:00pm Heart Transformed: Ending 6:00pm - 8:00pm Open Pottery Studio 6:00pm - 8:00pm Sportsplex Class 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Digital Photography-eve Nov 6:00pm - 8:00pm Nimble Thimbles	(Continued) 21	(Continued) 22	(Continued) 23	(Continued) 24
8:00am - 8:00pm Volunteer Connect 55+ 25	8:00am - 5:00pm Billiards 26 8:00am - 8:00pm Volunteer Connect 55+ 8:45am - 9:45am Pacesetter Class 9:00am - 11:30am Rummikub 10:00am - 12:30pm Open Pottery Studio 10:00am - 12:00pm Dominoes 10:00am - 12:00pm Games 10:00am - 10:50am Aerobics	8:00am - 5:00pm Billiards 27 8:00am - 5:00pm SHIIP 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:30am Hula Hooping 9:00am - 10:00am Tap Dance-Beginners 9:00am - 11:30am Rummikub 9:00am - 11:00am SEANC 10:00am - 12:00pm Dominoes	8:00am - 5:00pm Billiards 28 8:00am - 5:00pm SHIIP 8:00am - 8:00pm Volunteer Connect 55+ 8:45am - 9:45am Pacesetter Class 8:45am - 10:00am Healthy Carolinians 9:00am - 4:00pm Fit Feet-November 9:00am - 11:00am Leatherworks 9:00am - 11:30am Rummikub	8:00am - 5:00pm Billiards 29 8:00am - 8:00pm Volunteer Connect 55+ 9:30am - 11:00am Line Dance-Thursdays 9:30am - 11:30am Blood pressure check 10:00am - 12:00pm Dominoes 10:00am - 1:00pm Creative Crafters 10:00am - 10:50am Gentle Joy of Yoga-Novemb 10:00am - 11:15am Strong and Steady	8:00am - 5:00pm Billiards 30 8:00am - 11:00am Table Tennis 8:00am - 8:00pm Volunteer Connect 55+ 9:00am - 11:30am Rummikub 9:30am - 11:30am Rook 10:00am - 1:00pm Open Artist Studio/Crochet a 10:00am - 12:00pm Party 10:00am - 12:00pm Dominoes	

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Passmore Center Activity Calendar

November 2018 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

(Continued)	25	(Continued)	26	(Continued)	27	(Continued)	28	(Continued)	29	(Continued)	30	
		10:00am - 10:50am Gentle Joy of Yoga-Novemb	10:00am - 12:00pm Games	10:00am - 12:00pm Dominoes	10:00am - 11:00am TOPS Weigh in	10:00am - 12:00pm Karaoke Sing A Long	10:00am - 12:00pm Garden Club	10:30am - 11:30am Scrabble Talk	10:00am - 12:00pm Games	11:00am - 11:45am Silver Sneakers-Mondays an	11:00am - 11:45am Silver Sneakers Strength Fri	
		11:00am - 11:45am Silver Sneakers-Mondays an	10:00am - 11:15am Strong and Steady	10:00am - 10:50am Aerobics	10:00am - 11:00am Inspirational Topics	10:00am - 12:00pm Karaoke Sing A Long	10:00am - 12:00pm Garden Club	11:00am - 1:00pm Table Tennis	12:00pm - 1:30pm Dine and Dash	11:00am - 11:45am Silver Sneakers Strength Fri		
		11:00am - 12:00pm Tai Chi-Arthritis Foundation	10:00am - 11:15am Strong and Steady	10:00am - 10:50am Aerobics	10:00am - 11:00am Inspirational Topics	10:00am - 12:00pm Karaoke Sing A Long	10:00am - 12:00pm Garden Club	12:00pm - 5:00pm Physical Therapy Services	12:00pm - 1:00pm Passmore Lunch Program	12:00pm - 1:30pm Dine and Dash		
		12:00pm - 1:00pm Passmore Lunch Program	10:00am - 11:00am Inspirational Topics	10:00am - 12:00pm Garden Club	10:00am - 11:00am Inspirational Topics	10:00am - 12:00pm Garden Club	10:00am - 12:00pm Garden Club	12:00pm - 1:00pm Passmore Lunch Program	12:00pm - 1:00pm Passmore Lunch Program	12:00pm - 1:00pm Passmore Lunch Program		
		12:30pm - 2:30pm Pottery-Mon Nov 5-26	10:00am - 11:00am Tap Dance-Intermediate	10:30am - 12:00pm Nifty Knitters	10:00am - 11:00am Tap Dance-Intermediate	10:30am - 12:00pm Nifty Knitters	10:30am - 12:00pm Nifty Knitters	12:30pm - 5:00pm Acupuncture	12:30pm - 3:30pm Guided Tour Li Ming's Marke	12:30pm - 3:30pm Guided Tour Li Ming's Marke		
		1:00pm - 4:00pm Contract Bridge	10:00am - 1:00pm Passmore Piece Makers Quil	10:30am - 11:30am Book Club	10:00am - 1:00pm Passmore Piece Makers Quil	10:30am - 11:30am Book Club	10:30am - 11:30am Book Club	1:00pm - 3:00pm Bakgammon & Checkers	12:30pm - 4:00pm Mah Jong	12:30pm - 4:00pm Mah Jong		
		1:00pm - 8:00pm SHIIP	11:00am - 12:00pm Take off pounds sensibly	11:00am - 11:45am Silver Sneakers-Mondays an	11:00am - 12:00pm Take off pounds sensibly	11:00am - 11:45am Silver Sneakers-Mondays an	11:00am - 11:45am Silver Sneakers-Mondays an	1:00pm - 8:00pm SHIIP	1:00pm - 4:00pm Hand & Foot Card Game	1:00pm - 4:00pm Hand & Foot Card Game		
		1:00pm - 3:00pm Card Making	12:00pm - 5:00pm Physical Therapy Services	11:15am - 12:00pm Salli's Seated Workout	12:00pm - 5:00pm Physical Therapy Services	11:15am - 12:00pm Salli's Seated Workout	11:15am - 12:00pm Salli's Seated Workout	1:00pm - 3:00pm Digital Photography-Nov 15-	1:30pm - 3:30pm Open Pottery Studio	1:30pm - 3:30pm Open Pottery Studio		
		1:00pm - 4:00pm Hand & Foot Card Game	12:00pm - 1:00pm Passmore Lunch Program	12:00pm - 1:00pm Passmore Lunch Program	12:00pm - 1:00pm Passmore Lunch Program	12:00pm - 1:00pm Passmore Lunch Program	12:00pm - 1:00pm Passmore Lunch Program	1:00pm - 4:00pm Hand & Foot Card Game	2:00pm - 5:00pm Pickle Ball-Wed and Fri	2:00pm - 5:00pm Pickle Ball-Wed and Fri		
		1:30pm - 2:00pm Savvy Savers Couponing	12:00pm - 12:30pm Tell All	1:00pm - 4:00pm Wood Carving Club	12:00pm - 12:30pm Tell All	1:00pm - 4:00pm Wood Carving Club	1:00pm - 4:00pm Wood Carving Club	1:30pm - 3:30pm Advanced Watercolor-Nov 2	3:00pm - 5:00pm Busy Beaders	3:00pm - 5:00pm Busy Beaders		
		2:00pm - 4:30pm Line Dance-Mondays	12:30pm - 5:00pm Acupuncture	1:00pm - 4:00pm Contract Bridge	12:30pm - 5:00pm Acupuncture	1:00pm - 4:00pm Contract Bridge	1:00pm - 4:00pm Contract Bridge	2:00pm - 4:00pm Prime Time Players				
		3:00pm - 5:00pm Oil Painting-Nov 26-Dec 31	12:30pm - 4:00pm Mah Jong	1:00pm - 4:00pm Hand & Foot Card Game	12:30pm - 4:00pm Mah Jong	1:00pm - 4:00pm Hand & Foot Card Game	1:00pm - 4:00pm Hand & Foot Card Game	4:00pm - 5:30pm Fused Glass Workshop-Nov				
		3:30pm - 4:30pm Moving Forward Live AFG	1:00pm - 2:30pm Line Dance-Tuesday	2:00pm - 3:30pm Dressing for you Body Type	1:00pm - 2:30pm Line Dance-Tuesday	2:00pm - 3:30pm Dressing for you Body Type	2:00pm - 3:30pm Dressing for you Body Type	5:30pm - 7:30pm Beginning Watercolor-Nov 1				
		4:30pm - 5:30pm Tai Chi -Chen-November	1:00pm - 2:30pm Chess	2:00pm - 5:00pm Pickle Ball-Wed and Fri	1:00pm - 2:30pm Chess	2:00pm - 5:00pm Pickle Ball-Wed and Fri	2:00pm - 5:00pm Pickle Ball-Wed and Fri	5:30pm - 6:30pm Laughter Yoga				
		5:00pm - 8:00pm Pickle Ball-Monday	1:00pm - 2:00pm Singing Group	3:00pm - 5:00pm Oil Painting Studio	1:00pm - 2:00pm Singing Group	3:00pm - 5:00pm Oil Painting Studio	3:00pm - 5:00pm Oil Painting Studio	6:30pm - 7:30pm Moving Forward Live AFG				
		5:30pm - 8:00pm Dinner with David	1:00pm - 4:00pm Hand & Foot Card Game	4:00pm - 6:00pm Sew What Sewing Group	1:00pm - 4:00pm Hand & Foot Card Game	4:00pm - 6:00pm Sew What Sewing Group	4:00pm - 6:00pm Sew What Sewing Group					
		5:30pm - 8:00pm Cooking & Dinner with David	2:00pm - 3:30pm Acrylic Painting-Nov 13-Dec	6:00pm - 8:00pm Sportsplex Class	2:00pm - 3:30pm Acrylic Painting-Nov 13-Dec	6:00pm - 8:00pm Sportsplex Class	6:00pm - 8:00pm Sportsplex Class					

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Passmore Center Activity Calendar

November 2018 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>(Continued)</i> 25</p>	<p><i>(Continued)</i> 26</p> <p>6:00pm - 8:00pm Pottery Class-Eve Nov 5-26</p> <p>6:00pm - 6:50pm Tai Chi Wu/Hao-November</p> <p>6:00pm - 8:00pm Basic Drawing-Nov 5-26</p>	<p><i>(Continued)</i> 27</p> <p>2:30pm - 5:30pm Prime Time Practice</p> <p>2:30pm - 5:30pm Prime Time Practice</p> <p>2:30pm - 4:00pm Walking</p> <p>5:00pm - 6:00pm Heart Transformed: Ending</p> <p>6:00pm - 8:00pm Open Pottery Studio</p> <p>6:00pm - 8:00pm Sportsplex Class</p> <p>6:00pm - 8:00pm Sportsplex</p> <p>6:00pm - 8:00pm Digital Photography-eve Nov</p> <p>6:00pm - 8:00pm Nimble Thimbles</p>	<p><i>(Continued)</i> 28</p> <p>6:00pm - 8:00pm Sportsplex</p> <p>6:00pm - 8:00pm Golden Age of Movies-Wom</p> <p>6:00pm - 7:30pm Wood Carving Club-Evening</p>	<p><i>(Continued)</i> 29</p>	<p><i>(Continued)</i> 30</p>	



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