



Passmore Center Activity Calendar

October 2018

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Sunday	Monday ¹	Tuesday ²	Wednesday ³	Thursday ⁴	Friday ⁵	Saturday ⁶
	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 8:00pm Volunteer Connect 55+
	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 12:00pm Workshop: Online Safety-Mic	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 11:00am Table Tennis	9:00am - 11:00am Sportsplex Class
	8:45am - 9:45am Pacesetter Class	8:30am - 9:30am Hula Hooping	8:00am - 8:00pm Volunteer Connect 55+	9:30am - 11:30am Blood pressure check	8:00am - 8:00pm Volunteer Connect 55+	
	9:00am - 11:30am Rummikub	9:00am - 11:30am Rummikub	8:45am - 9:45am Pacesetter Class	9:30am - 11:00am Line Dance-Thursdays	9:00am - 11:30am Rummikub	
	10:00am - 10:50am Aerobics	9:00am - 10:00am Tap Dance-Beginners	9:00am - 11:30am Rummikub	10:00am - 10:50am Gentle Joy of Yoga-October	9:00am - 3:00pm Assistive Technology Vendor	
	10:00am - 10:50am Gentle Joy of Yoga-October	9:00am - 12:00pm Farmers' Market at Passmor	9:00am - 10:00am Employment Information	10:00am - 12:00pm Dominoes	9:30am - 11:30am Rook	
	10:00am - 12:00pm Dominoes	9:00am - 4:00pm SHIIP	9:00am - 11:00am Leatherworks	10:00am - 1:00pm Creative Crafters	10:00am - 12:00pm Dominoes	
	10:00am - 12:00pm Games	10:00am - 11:00am Inspirational Topics	10:00am - 12:00pm Karaoke Sing A Long	10:00am - 11:15am Strong and Steady	10:00am - 12:00pm Games	
	10:00am - 11:30am Project EngAGE	10:00am - 11:00am TOPS Weigh in	10:00am - 10:50am Aerobics	10:00am - 11:30am Hillsb. Garden Club	10:00am - 1:00pm Open Artist Studio/Crochet a	
	10:00am - 11:30am Jolly 79ers Club	10:00am - 12:00pm Dominoes	10:00am - 12:00pm Dominoes	10:30am - 11:30am Scrabble Talk	11:00am - 4:00pm Care Partner Respite	
	10:00am - 12:30pm Open Pottery Studio	10:00am - 12:00pm Games	10:00am - 12:00pm Garden Club	10:30am - 11:30am Fire Prevention	11:00am - 11:45am Silver Sneakers Strength Fri	
	11:00am - 11:45am Silver Sneakers-Mondays an	10:00am - 1:00pm Passmore Piece Makers Quil	10:30am - 12:00pm Nifty Knitters	12:00pm - 1:00pm Passmore Lunch Program	12:00pm - 1:00pm Passmore Lunch Program	
	11:00am - 12:00pm Tai Chi-Arthritis Foundation	10:00am - 11:00am Tap Dance-Intermediate	11:00am - 11:45am Silver Sneakers-Mondays an	12:00pm - 5:00pm Physical Therapy Services	12:30pm - 4:00pm Mah Jong	
	12:00pm - 1:00pm Passmore Lunch Program	10:00am - 12:00pm Matter of Balance	11:15am - 12:00pm Salli's Seated Workout	12:30pm - 2:30pm Computer Class	1:00pm - 4:00pm Hand & Foot Card Game	
	1:00pm - 4:00pm Contract Bridge	10:00am - 11:15am Strong and Steady	12:00pm - 1:00pm Passmore Lunch Program	12:30pm - 5:00pm Acupuncture	1:30pm - 3:30pm Open Pottery Studio	
	1:00pm - 3:00pm Card Making	11:00am - 12:00pm Take off pounds sensibly	12:30pm - 2:30pm Beginning Pottery-Wed Oct 3	1:00pm - 3:00pm Bakgammon & Checkers	2:00pm - 5:00pm Pickle Ball-Wed and Fri	
	1:00pm - 4:00pm Hand & Foot Card Game	12:00pm - 1:00pm Passmore Lunch Program	1:00pm - 4:00pm Contract Bridge	1:00pm - 3:00pm Digital Photography-Sep 20-	3:00pm - 5:00pm Busy Beaders	

Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the even or activity to verify that there have been no program changes.

Passmore Center Activity Calendar

October 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

	<p><i>(Continued)</i> 1</p> <p>1:30pm - 2:00pm Savvy Savers Couponing</p> <p>2:00pm - 3:00pm Latino American Documentar</p> <p>2:00pm - 4:30pm Line Dance-Mondays</p> <p>2:00pm - 4:00pm American Sign Language-Be</p> <p>3:00pm - 5:00pm Oil Painting-Sep 17-Oct 15</p> <p>3:30pm - 4:30pm Moving Forward Live AFG</p> <p>4:30pm - 5:30pm Tai Chi -Chen-October</p> <p>5:00pm - 8:00pm Pickle Ball-Monday</p> <p>5:30pm - 8:00pm Dinner with David</p> <p>6:00pm - 6:50pm Tai Chi Wu/Hao-October</p> <p>6:00pm - 8:00pm Tarheel Depression Glass Cl</p>	<p><i>(Continued)</i> 2</p> <p>12:00pm - 5:00pm Physical Therapy Services</p> <p>12:30pm - 4:00pm Mah Jong</p> <p>12:30pm - 5:00pm Acupuncture</p> <p>1:00pm - 2:30pm Chess</p> <p>1:00pm - 2:30pm Line Dance-Tuesday</p> <p>1:00pm - 2:00pm Singing Group</p> <p>1:00pm - 4:00pm Hand & Foot Card Game</p> <p>2:00pm - 3:30pm Acrylic Painting-Sep 18-Oct</p> <p>2:30pm - 4:00pm Walking</p> <p>4:00pm - 5:30pm Caregiver's Support</p> <p>6:00pm - 8:00pm Open Pottery Studio</p> <p>6:00pm - 8:00pm Sportsplex Class</p> <p>6:00pm - 8:00pm Digital Photography-eve Sep</p> <p>6:00pm - 8:00pm Nimble Thimbles</p> <p>6:00pm - 8:00pm Sportsplex</p>	<p><i>(Continued)</i> 3</p> <p>1:00pm - 4:00pm Wood Carving Club</p> <p>1:00pm - 4:00pm Hand & Foot Card Game</p> <p>2:00pm - 5:00pm Pickle Ball-Wed and Fri</p> <p>3:00pm - 5:00pm Oil Painting Studio</p> <p>4:00pm - 6:00pm Sew What Sewing Group</p> <p>6:00pm - 8:00pm Sportsplex Class</p> <p>6:00pm - 7:30pm Wood Carving Club-Evening</p> <p>6:00pm - 8:00pm Sportsplex</p> <p>6:30pm - 7:30pm Broadening Your Knowledge</p>	<p><i>(Continued)</i> 4</p> <p>1:00pm - 3:00pm Investment Fraud Awarenes</p> <p>1:00pm - 2:00pm Stroke Support Group</p> <p>1:00pm - 4:00pm Hand & Foot Card Game</p> <p>1:30pm - 3:30pm Advanced Watercolor-Sep 6-</p> <p>2:00pm - 3:30pm Retirement for Boomers</p> <p>2:30pm - 3:30pm Laughter Yoga</p> <p>4:00pm - 5:30pm Fused Glass Workshop-Oct</p> <p>4:00pm - 7:00pm SHIP</p> <p>5:30pm - 7:30pm Beginning Watercolor-Sep 2</p> <p>6:30pm - 7:30pm Moving Forward Live AFG</p>	<p><i>(Continued)</i> 5</p>	<p><i>(Continued)</i> 6</p>
<p>8:00am - 8:00pm 7 Volunteer Connect 55+</p>	<p>8:00am - 5:00pm 8 Billiards</p>	<p>8:00am - 5:00pm 9 Billiards</p>	<p>8:00am - 5:00pm 10 Billiards</p>	<p>8:00am - 5:00pm 11 Billiards</p>	<p>8:00am - 5:00pm 12 Billiards</p>	<p>8:00am - 8:00pm 13 Volunteer Connect 55+</p>

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Passmore Center Activity Calendar

October 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<i>(Continued)</i> 7	<i>(Continued)</i> 8	<i>(Continued)</i> 9	<i>(Continued)</i> 10	<i>(Continued)</i> 11	<i>(Continued)</i> 12	<i>(Continued)</i> 13
	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 12:00pm Workshop: Online Safety-Mic	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 11:00am Table Tennis	9:00am - 11:00am Sportsplex Class
	8:45am - 9:45am Pacesetter Class	8:30am - 9:30am Hula Hooping	8:00am - 8:00pm Volunteer Connect 55+	9:30am - 11:30am Blood pressure check	8:00am - 8:00pm Volunteer Connect 55+	
	9:00am - 11:30am Rummikub	9:00am - 11:30am Rummikub	8:45am - 9:45am Pacesetter Class	9:30am - 11:00am Line Dance-Thursdays	9:00am - 11:30am Rummikub	
	10:00am - 10:50am Aerobics	9:00am - 10:00am Tap Dance-Beginners	9:00am - 11:30am Rummikub	10:00am - 10:50am Gentle Joy of Yoga-October	9:00am - 4:00pm Physical Function Screen-Oc	
	10:00am - 10:50am Gentle Joy of Yoga-October	9:00am - 4:00pm Fit Feet-October	9:00am - 10:00am Veteran's Caregiver Support	10:00am - 12:00pm Dominoes	9:30am - 11:30am Rook	
	10:00am - 12:00pm Dominoes	9:00am - 12:00pm Dizzy Clinic	9:00am - 11:00am Leatherworks	10:00am - 1:00pm Creative Crafters	10:00am - 12:00pm Dominoes	
	10:00am - 12:00pm Games	9:00am - 12:00pm Farmers' Market at Passmor	10:00am - 12:00pm Karaoke Sing A Long	10:00am - 11:15am Strong and Steady	10:00am - 12:00pm Games	
	10:00am - 12:00pm Feeling Depressed Support	9:00am - 4:00pm SHIP	10:00am - 10:50am Aerobics	10:30am - 11:30am Scrabble Talk	10:00am - 1:00pm Open Artist Studio/Crochet a	
	10:00am - 12:30pm Open Pottery Studio	9:45am - 11:00am TOPS Weigh in	10:00am - 12:00pm Dominoes	12:00pm - 1:00pm Passmore Lunch Program	11:00am - 4:00pm Care Partner Respite	
	11:00am - 11:45am Silver Sneakers-Mondays an	10:00am - 11:00am Inspirational Topics	10:00am - 12:00pm Garden Club	12:00pm - 5:00pm Physical Therapy Services	11:00am - 11:45am Silver Sneakers Strength Fri	
	11:00am - 12:00pm Tai Chi-Arthritis Foundation	10:00am - 12:00pm Dominoes	10:30am - 12:00pm Nifty Knitters	12:30pm - 2:30pm Computer Class	12:00pm - 1:00pm Passmore Lunch Program	
	12:00pm - 1:00pm Passmore Lunch Program	10:00am - 12:00pm Games	11:00am - 11:45am Silver Sneakers-Mondays an	12:30pm - 5:00pm Acupuncture	12:30pm - 4:00pm Mah Jong	
	12:30pm - 2:30pm Pottery-Mon Oct 8-29	10:00am - 1:00pm Passmore Piece Makers Quil	11:15am - 12:00pm Salli's Seated Workout	1:00pm - 3:00pm Bakgammon & Checkers	1:00pm - 4:00pm Hand & Foot Card Game	
	1:00pm - 4:00pm Contract Bridge	10:00am - 11:00am Tap Dance-Intermediate	12:00pm - 1:00pm Passmore Lunch Program	1:00pm - 3:00pm Digital Photography-Sep 20-	1:30pm - 3:30pm Open Pottery Studio	
	1:00pm - 3:00pm Card Making	10:00am - 12:00pm Matter of Balance	12:30pm - 2:30pm Beginning Pottery-Wed Oct 3	1:00pm - 4:00pm Hand & Foot Card Game	2:00pm - 5:00pm Pickle Ball-Wed and Fri	
	1:00pm - 4:00pm Hand & Foot Card Game	10:00am - 11:15am Strong and Steady	1:00pm - 4:00pm Contract Bridge	2:00pm - 3:30pm Retirement for Boomers	3:00pm - 5:00pm Busy Beaders	
	1:00pm - 3:00pm Travel Club	11:00am - 12:00pm Take off pounds sensibly	1:00pm - 4:00pm Wood Carving Club	2:30pm - 3:30pm Laughter Yoga		

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Passmore Center Activity Calendar

October 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

(Continued) 7	(Continued) 8 1:30pm - 2:00pm Savvy Savers Couponing 2:00pm - 3:00pm Latino American Documentar 2:00pm - 4:30pm Line Dance-Mondays 2:00pm - 4:00pm American Sign Language-Be 3:00pm - 5:00pm Oil Painting-Sep 17-Oct 15 3:30pm - 4:30pm Moving Forward Live AFG 4:30pm - 5:30pm Tai Chi -Chen-October 5:00pm - 8:00pm Pickle Ball-Monday 5:30pm - 8:00pm Dinner with David 6:00pm - 6:50pm Tai Chi Wu/Hao-October 6:00pm - 8:00pm Basic Drawing-Oct 8-29 6:00pm - 8:00pm Pottery Class-Eve Oct 8-29	(Continued) 9 12:00pm - 1:00pm Passmore Lunch Program 12:00pm - 12:30pm Tell All 12:00pm - 5:00pm Physical Therapy Services 12:30pm - 4:00pm Mah Jong 1:00pm - 2:30pm Chess 1:00pm - 2:30pm Line Dance-Tuesday 1:00pm - 3:30pm Advisory Board on Aging 1:00pm - 2:00pm Singing Group 1:00pm - 4:00pm Hand & Foot Card Game 2:00pm - 3:30pm Acrylic Painting-Sep 18-Oct 2:30pm - 4:00pm Walking 6:00pm - 8:00pm Open Pottery Studio 6:00pm - 8:00pm Sportsplex Class 6:00pm - 8:00pm Digital Photography-eve Sep 6:00pm - 8:00pm Nimble Thimbles 6:00pm - 8:00pm Sportsplex	(Continued) 10 1:00pm - 4:00pm Hand & Foot Card Game 2:00pm - 5:00pm Pickle Ball-Wed and Fri 3:00pm - 5:00pm Oil Painting Studio 4:00pm - 6:00pm Sew What Sewing Group 6:00pm - 8:00pm Sportsplex Class 6:00pm - 7:30pm Wood Carving Club-Evening 6:00pm - 8:00pm Golden Age of Movies-Arsen 6:00pm - 8:00pm Sportsplex	(Continued) 11 4:00pm - 5:30pm Fused Glass Workshop-Oct 4:00pm - 7:00pm SHIIP 5:30pm - 7:30pm Beginning Watercolor-Sep 2 6:30pm - 7:30pm Moving Forward Live AFG	(Continued) 12	(Continued) 13
14	15	16	17	18	19	20
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Passmore Center Activity Calendar

October 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

(Continued) 14	(Continued) 15	(Continued) 16	(Continued) 17	(Continued) 18	(Continued) 19	(Continued) 20
8:00am - 8:00pm Volunteer Connect 55+	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 8:00pm Volunteer Connect 55+
	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 12:00pm Workshop: Online Safety-Mic	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 11:00am Table Tennis	9:00am - 11:00am Sportsplex Class
	8:45am - 9:45am Pacesetter Class	8:00am - 5:00pm SHIIP	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 9:30am Hillsborough SeniorStriders-	8:00am - 8:00pm Volunteer Connect 55+	12:00pm - 5:00pm Maintenance
	9:00am - 11:30am Rummikub	8:30am - 4:30pm NC State Fair	8:00am - 5:00pm SHIIP	9:30am - 11:30am Blood pressure check	9:00am - 11:30am Rummikub	12:00pm - 5:00pm Maintenance
	9:30am - 11:30am Friends of Passmore	8:30am - 9:30am Hula Hooping	8:45am - 9:45am Pacesetter Class	9:30am - 11:00am Line Dance-Thursdays	9:00am - 4:00pm Physical Function Screen-Oc	
	10:00am - 10:50am Aerobics	9:00am - 11:30am Rummikub	9:00am - 11:30am Rummikub	10:00am - 10:50am Gentle Joy of Yoga-October	9:30am - 11:30am Rook	
	10:00am - 10:50am Gentle Joy of Yoga-October	9:00am - 10:00am Tap Dance-Beginners	9:00am - 11:00am Leatherworks	10:00am - 12:00pm Dominoes	10:00am - 12:00pm Dominoes	
	10:00am - 12:00pm Dominoes	9:00am - 12:00pm Farmers' Market at Passmor	10:00am - 12:00pm Karaoke Sing A Long	10:00am - 1:00pm Creative Crafters	10:00am - 12:00pm Games	
	10:00am - 12:00pm Games	10:00am - 11:00am Inspirational Topics	10:00am - 10:50am Aerobics	10:00am - 11:15am Strong and Steady	10:00am - 1:00pm Open Artist Studio/Crochet a	
	10:00am - 12:30pm Open Pottery Studio	10:00am - 11:00am TOPS Weigh in	10:00am - 12:00pm Dominoes	10:30am - 11:30am Scrabble Talk	10:30am - 1:30pm Lake Michael	
	11:00am - 11:45am Silver Sneakers-Mondays an	10:00am - 12:00pm Dominoes	10:00am - 12:00pm Garden Club	12:00pm - 1:00pm Passmore Lunch Program	11:00am - 4:00pm Care Partner Respite	
	11:00am - 12:00pm Tai Chi-Arthritis Foundation	10:00am - 12:00pm Games	10:30am - 12:00pm Nifty Knitters	12:00pm - 5:00pm Physical Therapy Services	11:00am - 11:45am Silver Sneakers Strength Fri	
	12:00pm - 1:00pm Passmore Lunch Program	10:00am - 1:00pm Passmore Piece Makers Quil	11:00am - 11:45am Silver Sneakers-Mondays an	12:30pm - 5:00pm Acupuncture	12:00pm - 1:00pm Passmore Lunch Program	
	12:30pm - 2:30pm Pottery-Mon Oct 8-29	10:00am - 11:00am Tap Dance-Intermediate	11:15am - 12:00pm Salli's Seated Workout	1:00pm - 3:00pm Bakgammon & Checkers	12:30pm - 4:00pm Mah Jong	
	1:00pm - 4:00pm Contract Bridge	10:00am - 12:00pm Matter of Balance	12:00pm - 1:00pm Passmore Lunch Program	1:00pm - 3:00pm Digital Photography-Oct 18-	1:00pm - 4:00pm Hand & Foot Card Game	
	1:00pm - 3:00pm Card Making	10:00am - 11:15am Strong and Steady	12:30pm - 2:30pm Beginning Pottery-Wed Oct 3	1:00pm - 8:00pm SHIIP	1:30pm - 3:30pm Open Pottery Studio	
	1:00pm - 4:00pm Hand & Foot Card Game	11:00am - 12:00pm Take off pounds sensibly	1:00pm - 4:00pm Contract Bridge	1:30pm - 3:30pm Food Safety	2:00pm - 5:00pm Pickle Ball-Wed and Fri	

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Passmore Center Activity Calendar

October 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

(Continued)	14	(Continued)	15	(Continued)	16	(Continued)	17	(Continued)	18	(Continued)	19	(Continued)	20
		1:00pm - 8:00pm SHIIP		12:00pm - 1:00pm Passmore Lunch Program		1:00pm - 4:00pm Wood Carving Club		1:30pm - 3:30pm Advanced Watercolor-Oct 18		3:00pm - 5:00pm Busy Beaders			
		1:30pm - 2:00pm Savvy Savers Couponing		12:00pm - 5:00pm Physical Therapy Services		1:00pm - 4:00pm Hand & Foot Card Game		2:00pm - 3:30pm Retirement for Boomers					
		2:00pm - 3:00pm Latino American Documentar		12:30pm - 4:00pm Mah Jong		2:00pm - 3:30pm Finding Joy		2:30pm - 3:30pm Laughter Yoga					
		2:00pm - 4:30pm Line Dance-Mondays		12:30pm - 5:00pm Acupuncture		2:00pm - 5:00pm Pickle Ball-Wed and Fri		4:00pm - 5:30pm Fused Glass Workshop-Oct					
		3:00pm - 5:00pm Oil Painting-Sep 17-Oct 15		1:00pm - 2:30pm Chess		3:00pm - 5:00pm Oil Painting Studio		5:30pm - 7:30pm Beginning Watercolor-Oct 18					
		3:00pm - 4:00pm Pumpkin Painting		1:00pm - 2:30pm Line Dance-Tuesday		4:00pm - 6:00pm Sew What Sewing Group		6:30pm - 7:30pm Moving Forward Live AFG					
		3:30pm - 4:30pm Moving Forward Live AFG		1:00pm - 2:00pm Singing Group		6:00pm - 8:00pm Sportsplex Class							
		4:30pm - 5:30pm Tai Chi -Chen-October		1:00pm - 4:00pm Hand & Foot Card Game		6:00pm - 7:30pm Wood Carving Club-Evening							
		5:00pm - 8:00pm NCCU Alumni Association		2:00pm - 3:30pm Acrylic Painting-Oct 16-Nov		6:00pm - 8:00pm Sportsplex							
		5:00pm - 8:00pm Pickle Ball-Monday		2:00pm - 3:00pm TED Talks-October									
		5:30pm - 8:00pm Dinner with David		2:30pm - 4:00pm Walking									
		6:00pm - 6:50pm Tai Chi Wu/Hao-October		6:00pm - 8:00pm Open Pottery Studio									
		6:00pm - 8:00pm Basic Drawing-Oct 8-29		6:00pm - 8:00pm Sportsplex Class									
		6:00pm - 8:00pm Pottery Class-Eve Oct 8-29		6:00pm - 8:00pm Digital Photography-eve Oct									
				6:00pm - 8:00pm Nimble Thimbles									
				6:00pm - 8:00pm Sportsplex									
				6:45pm - 8:00pm County Government Academ									

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Passmore Center Activity Calendar

October 2018 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

21	22	23	24	25	26	27
8:00am - 8:00pm Volunteer Connect 55+	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 8:00pm Volunteer Connect 55+
	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 12:00pm Workshop: Online Safety-Mic	8:00am - 5:00pm Mental Health First Aid	8:00am - 11:00am Table Tennis	9:00am - 11:00am Sportsplex Class
	8:45am - 9:45am Pacesetter Class	8:00am - 5:00pm SHIIP	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+	12:00pm - 5:00pm Maintenance
	9:00am - 11:30am Rummikub	8:30am - 9:30am Hula Hooping	8:00am - 5:00pm SHIIP	9:00am - 12:00pm Shingles & Pneumonia/Flu	9:00am - 11:30am Rummikub	12:00pm - 5:00pm Maintenance
	10:00am - 10:50am Aerobics	9:00am - 11:00am SEANC	8:45am - 9:45am Pacesetter Class	9:00am - 11:00am Staff Meeting	9:30am - 11:30am Rook	
	10:00am - 10:50am Gentle Joy of Yoga-October	9:00am - 11:30am Rummikub	8:45am - 10:00am Healthy Carolinians	9:30am - 11:30am Blood pressure check	9:30am - 12:00pm Low Vision Clinic	
	10:00am - 12:00pm Dominoes	9:00am - 10:00am Tap Dance-Beginners	9:00am - 11:30am Rummikub	9:30am - 11:00am Line Dance-Thursdays	9:30am - 4:30pm NC Symphony-Symphonic H	
	10:00am - 12:00pm Games	9:00am - 12:00pm Farmers' Market at Passmor	9:00am - 4:00pm Fit Feet-October	10:00am - 10:50am Gentle Joy of Yoga-October	10:00am - 12:00pm Dominoes	
	10:00am - 12:30pm Open Pottery Studio	9:30am - 11:30am Shingles & Pneumonia/Flu	9:00am - 11:00am Leatherworks	10:00am - 12:00pm Dominoes	10:00am - 12:00pm Games	
	11:00am - 11:45am Silver Sneakers-Mondays an	10:00am - 11:00am Inspirational Topics	10:00am - 12:00pm Karaoke Sing A Long	10:00am - 1:00pm Creative Crafters	10:00am - 1:00pm Open Artist Studio/Crochet a	
	11:00am - 12:00pm Tai Chi-Arthritis Foundation	10:00am - 11:00am TOPS Weigh in	10:00am - 10:50am Aerobics	10:00am - 11:15am Strong and Steady	11:00am - 4:00pm Care Partner Respite	
	12:00pm - 1:00pm Passmore Lunch Program	10:00am - 12:00pm Dominoes	10:00am - 12:00pm Dominoes	10:30am - 11:30am Scrabble Talk	11:00am - 11:45am Silver Sneakers Strength Fri	
	12:30pm - 2:30pm Pottery-Mon Oct 8-29	10:00am - 12:00pm Games	10:00am - 12:00pm Garden Club	12:00pm - 1:00pm Passmore Lunch Program	12:00pm - 1:00pm Passmore Lunch Program	
	1:00pm - 4:00pm Contract Bridge	10:00am - 1:00pm Passmore Piece Makers Quil	10:30am - 12:00pm Nifty Knitters	12:00pm - 5:00pm Physical Therapy Services	12:30pm - 4:00pm Mah Jong	
	1:00pm - 3:00pm Card Making	10:00am - 11:00am Tap Dance-Intermediate	10:30am - 11:30am Book Club	12:30pm - 5:00pm Acupuncture	1:00pm - 4:00pm Hand & Foot Card Game	
	1:00pm - 4:00pm Hand & Foot Card Game	10:00am - 12:00pm Matter of Balance	11:00am - 11:45am Silver Sneakers-Mondays an	1:00pm - 3:00pm Bakgammon & Checkers	1:30pm - 3:30pm Open Pottery Studio	
	1:00pm - 8:00pm SHIIP	10:00am - 11:15am Strong and Steady	11:15am - 12:00pm Salli's Seated Workout	1:00pm - 3:00pm Digital Photography-Oct 18-	2:00pm - 5:00pm Pickle Ball-Wed and Fri	

Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Passmore Center Activity Calendar

October 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<i>(Continued)</i>	21	<i>(Continued)</i>	22	<i>(Continued)</i>	23	<i>(Continued)</i>	24	<i>(Continued)</i>	25	<i>(Continued)</i>	26	<i>(Continued)</i>	27	
	1:30pm - 2:00pm Savvy Savers Couponing 2:00pm - 4:30pm Line Dance-Mondays 3:00pm - 5:00pm Oil Painting-Oct 22-Nov 19 3:00pm - 4:30pm Estate Planning Workshop 3:30pm - 4:30pm Moving Forward Live AFG 4:30pm - 5:30pm Tai Chi -Chen-October 5:00pm - 8:00pm Pickle Ball-Monday 5:30pm - 8:00pm Dinner with David 6:00pm - 6:50pm Tai Chi Wu/Hao-October 6:00pm - 8:00pm Basic Drawing-Oct 8-29 6:00pm - 8:00pm Pottery Class-Eve Oct 8-29		11:00am - 12:00pm Take off pounds sensibly 12:00pm - 1:00pm Passmore Lunch Program 12:00pm - 12:30pm Tell All 12:00pm - 5:00pm Physical Therapy Services 12:30pm - 4:00pm Mah Jong 12:30pm - 5:00pm Acupuncture 1:00pm - 2:30pm Chess 1:00pm - 2:30pm Line Dance-Tuesday 1:00pm - 2:00pm Singing Group 1:00pm - 4:00pm Hand & Foot Card Game 2:00pm - 3:30pm Acrylic Painting-Oct 16-Nov 2:30pm - 4:00pm Walking 3:00pm - 4:30pm Estate Planning Workshop 5:00pm - 6:00pm Heart Transformed: Ending 6:00pm - 8:00pm Open Pottery Studio 6:00pm - 8:00pm Sportsplex Class 6:00pm - 8:00pm Digital Photography-eve Oct		12:00pm - 1:00pm Passmore Lunch Program 12:30pm - 2:30pm Beginning Pottery-Wed Oct 3 1:00pm - 4:00pm Contract Bridge 1:00pm - 4:00pm Wood Carving Club 1:00pm - 4:00pm Hand & Foot Card Game 2:00pm - 5:00pm Pickle Ball-Wed and Fri 3:00pm - 5:00pm Oil Painting Studio 3:00pm - 4:30pm Estate Planning Workshop 4:00pm - 6:00pm Sew What Sewing Group 6:00pm - 8:00pm Sportsplex Class 6:00pm - 7:30pm Wood Carving Club-Evening 6:00pm - 8:00pm Golden Age of Movies-Dracu 6:00pm - 8:00pm Sportsplex		1:00pm - 4:00pm Hand & Foot Card Game 1:00pm - 8:00pm SHIIP 1:15pm - 3:30pm Flicks at Passmore-Book Clu 1:30pm - 3:30pm Advanced Watercolor-Oct 18 1:30pm - 3:30pm Fall Door Decoration 2:00pm - 3:30pm Retirement for Boomers 2:00pm - 3:30pm Program Advisory Committe 2:30pm - 3:30pm Laughter Yoga 4:00pm - 5:30pm Fused Glass Workshop-Oct 5:30pm - 7:30pm Beginning Watercolor-Oct 18 6:30pm - 7:30pm Moving Forward Live AFG							

Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the even or activity to verify that there have been no program changes.

Passmore Center Activity Calendar

October 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

(Continued) 21	(Continued) 22	(Continued) 23 6:00pm - 8:00pm Nimble Thimbles 6:00pm - 8:00pm Sportsplex	(Continued) 24	(Continued) 25	(Continued) 26	(Continued) 27
28 8:00am - 8:00pm Volunteer Connect 55+	29 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:45am - 9:45am Pacesetter Class 9:00am - 11:30am Rummikub 10:00am - 10:50am Aerobics 10:00am - 10:50am Gentle Joy of Yoga-October 10:00am - 12:00pm Dominoes 10:00am - 12:00pm Games 10:00am - 12:30pm Open Pottery Studio 11:00am - 11:45am Silver Sneakers-Mondays an 11:00am - 12:00pm Tai Chi-Arthritis Foundation 12:00pm - 1:00pm Passmore Lunch Program 12:30pm - 2:30pm Pottery-Mon Oct 8-29 1:00pm - 4:00pm Contract Bridge	30 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm SHIIP 8:30am - 9:30am Hula Hooping 9:00am - 11:30am Rummikub 9:00am - 10:00am Tap Dance-Beginners 9:00am - 12:00pm Farmers' Market at Passmor 10:00am - 11:00am Inspirational Topics 10:00am - 11:00am TOPS Weigh in 10:00am - 12:00pm Dominoes 10:00am - 12:00pm Games 10:00am - 1:00pm Passmore Piece Makers Quil 10:00am - 11:00am Tap Dance-Intermediate 10:00am - 12:00pm Matter of Balance	31 8:00am - 5:00pm Billiards 8:00am - 12:00pm Workshop: Online Safety-Mic 8:00am - 8:00pm Volunteer Connect 55+ 8:00am - 5:00pm SHIIP 8:45am - 9:45am Pacesetter Class 9:00am - 11:30am Rummikub 9:00am - 4:00pm Fit Feet-October 9:00am - 11:00am Leatherworks 10:00am - 12:00pm Karaoke Sing A Long 10:00am - 10:50am Aerobics 10:00am - 12:00pm Dominoes 10:00am - 12:00pm Garden Club 10:30am - 12:00pm Nifty Knitters 11:00am - 11:45am Silver Sneakers-Mondays an			

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Passmore Center Activity Calendar

October 2018 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<p>(Continued) 28</p>	<p>(Continued) 29</p> <p>1:00pm - 3:00pm Card Making</p> <p>1:00pm - 4:00pm Hand & Foot Card Game</p> <p>1:00pm - 8:00pm SHIIP</p> <p>1:30pm - 2:00pm Savvy Savers Couponing</p> <p>2:00pm - 4:30pm Line Dance-Mondays</p> <p>3:00pm - 5:00pm Oil Painting-Oct 22-Nov 19</p> <p>3:30pm - 4:30pm Moving Forward Live AFG</p> <p>4:30pm - 5:30pm Tai Chi -Chen-October</p> <p>5:00pm - 8:00pm Pickle Ball-Monday</p> <p>5:30pm - 8:00pm Dinner with David</p> <p>6:00pm - 6:50pm Tai Chi Wu/Hao-October</p> <p>6:00pm - 8:00pm Basic Drawing-Oct 8-29</p> <p>6:00pm - 8:00pm Pottery Class-Eve Oct 8-29</p>	<p>(Continued) 30</p> <p>10:00am - 11:15am Strong and Steady</p> <p>11:00am - 12:00pm Take off pounds sensibly</p> <p>12:00pm - 1:00pm Passmore Lunch Program</p> <p>12:00pm - 5:00pm Physical Therapy Services</p> <p>12:30pm - 4:00pm Mah Jong</p> <p>12:30pm - 5:00pm Acupuncture</p> <p>1:00pm - 2:30pm Chess</p> <p>1:00pm - 2:30pm Line Dance-Tuesday</p> <p>1:00pm - 2:00pm Singing Group</p> <p>1:00pm - 4:00pm Hand & Foot Card Game</p> <p>2:00pm - 3:30pm Acrylic Painting-Oct 16-Nov</p> <p>2:30pm - 4:00pm Walking</p> <p>5:00pm - 6:00pm Heart Transformed: Ending</p> <p>6:00pm - 8:00pm Open Pottery Studio</p> <p>6:00pm - 8:00pm Sportsplex Class</p> <p>6:00pm - 8:00pm Digital Photography-eve Oct</p> <p>6:00pm - 8:00pm Nimble Thimbles</p>	<p>(Continued) 31</p> <p>11:15am - 12:00pm Salli's Seated Workout</p> <p>12:00pm - 1:00pm Passmore Lunch Program</p> <p>12:30pm - 2:30pm Beginning Pottery-Wed Oct 3</p> <p>12:30pm - 1:30pm Trick or Treat Carnival</p> <p>1:00pm - 4:00pm Contract Bridge</p> <p>1:00pm - 4:00pm Wood Carving Club</p> <p>1:00pm - 4:00pm Hand & Foot Card Game</p> <p>2:00pm - 5:00pm Pickle Ball-Wed and Fri</p> <p>3:00pm - 5:00pm Oil Painting Studio</p> <p>4:00pm - 6:00pm Sew What Sewing Group</p> <p>6:00pm - 8:00pm Sportsplex Class</p> <p>6:00pm - 7:30pm Wood Carving Club-Evening</p> <p>6:00pm - 8:00pm Sportsplex</p>			
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Passmore Center Activity Calendar

October 2018 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<i>(Continued)</i> 28	<i>(Continued)</i> 29	<i>(Continued)</i> 30 6:00pm - 8:00pm Sportsplex	<i>(Continued)</i> 31			
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Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.