

ORANGE COUNTY



Department of Environment, Agriculture, Parks & Recreation

PROGRAM GUIDE

September - December
2018



Youth Winter Basketball League p. 12



Shorty Chef: Healthy Breakfast p. 9



Movie in the Park p. 7



Halloween Spooktacular p. 7



Little Fall Gardeners p. 8

302 West Tryon Street, Hillsborough, NC, 27278 • 919.245.2660
Register in-person Monday-Friday, 8:00 a.m.-5:00 p.m.
Register online at <http://www.orangecountync.gov/deapr/registration.asp>



RECREATION INFORMATION

TABLE OF CONTENTS

Recreation Information..... 2-3

Parks & Facilities..... 4-6

Special Events..... 7
 Halloween Spooktacular
 Movies in the Park

General Recreation 8-11
 321 Blast Off
 Art in 3D
 Capoeira
 Chess
 Creative Arts
 Junior Chef
 Martial Arts
 Piano Lessons
 Shorty Chef
 STEM Fundamentals
 STEM Challenge
 Tai Chi
 Teacher Workday Field Trip
 Yoga and Mindfulness

Athletics..... 11-13
 Adult Co-Rec Volleyball
 Adult Men's Winter Basketball League
 Open Gymnasium
 Start Smart Baseball
 Start Smart Basketball
 Start Smart Lacrosse
 Youth Winter Basketball League

Little River Regional Park..... 14
 Star Gazing with Morehead Planetarium

Blackwood Farm Park..... 15
 LocalFest



DEPARTMENT OF ENVIRONMENT, AGRICULTURE, PARKS & RECREATION

David Stancil, Director

Recreation Division

302 West Tryon Street, Hillsborough, NC 27278

Administration	919.245.2660
Weather Hotline.....	919.245.2669
Fax	919.644.3042
Christopher Sousa, Recreation Superintendent	919.245.2661
Lee Barnes, Recreation Manager	919.245.2668
James Lyon, Recreation Programs Supervisor	919.245.2671
Amanda High, Recreation Programs Coordinator	919.245.2665
Sid Peterson, Recreation Programs Coordinator	919.245.2670
Kyle Talley, Recreation Programs Coordinator	919.245.2672
Gwen Stephens, Recreation Programs Assistant	919.245.2663

ORANGE COUNTY RECREATION DIVISION MISSION STATEMENT

DEAPR-Recreation Division exists to provide Orange County residents of all ages, backgrounds, abilities, and interests with a wide variety of affordable recreation programming, open access to recreation facilities, and opportunities for all people to gather, celebrate, and engage in activities that promote healthy lifestyles, teach important life skills, and build a stronger community.

Director; Natural and Cultural Resources Division; Support Services

306A Revere Road, Hillsborough, NC 27278

Administration	919.245.2510
Fax	919.644.3351

Parks Division

Parks Operation Base, 6823 Millhouse Road, Chapel Hill, NC 27516

Administration	919.245.2660
Fax	919.967.3097

ORANGE COUNTY PARKS & RECREATION COUNCIL

Each member of the Council shall be a County resident appointed by the Orange County Board of Commissioners. This council consults with and advises the Department of Environment, Agriculture, Parks and Recreation, and the Board of County Commissioners on matters affecting recreation policies, programs, personnel, finances, and the acquisition and disposal of lands and properties related to the total community recreation program, and to its long-range planning for recreation.

Tori Williams Reid, Chair
 Haywood Rhodes, Vice-Chair
 Rachel Cotter
 John Greeson
 Katie Loovis

Gina Reyman
 Rob Robinson
 Bob Smith
 Tim Tippen
 Michael Zelek



@orangecountyncrec



@OCDEAPR

To REGISTER

Registrations are processed first-come, first-served.

Online: Log on to www.orangecountync.gov/deapr/registration.asp. If you or your family has participated with us before and you do not know your account information, call 919.245.2660 for further assistance.

In Person: Visit the Central Recreation Center, 302 West Tryon Street, Hillsborough during regular office hours, Monday through Friday, 8:00 a.m.-5:00 p.m.

REFUND POLICY

For all programs except summer camps: Fees are 100% refundable when the program is cancelled by the Department. If requested prior to seven days in advance of the reservation date or first program date, a full refund less a \$5 administrative fee will be given. If requested between two and six days of the reservation date or first program date, a 50% refund less \$5 will be given. No refund will be given if requested less than two days before reservation date or first program date. No administrative fee is charged if a household credit is accepted.

INCLUSION POLICY

Orange County DEAPR-Recreation is committed to providing inclusive recreation opportunities and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable accommodations will be provided. If you or a family member will need accommodations, please add the request on the registration form and/or call our office at 919.245.2660.

FINANCIAL ASSISTANCE

Need assistance paying for your child's registration costs? Contact Orange County Department of Social Services for information about scholarship assistance and to learn how to apply. Contact: Department of Social Services, 919.245.2800.

PHOTO POLICY

Orange County DEAPR reserves the right to photograph and publish photographs of participants for publicity purposes. Photographs may also be shared with the program instructors.



ORANGE COUNTY SCHOOLS BOARD OF EDUCATION STATEMENT

As a service to the community, the Orange County Board of Education permits the distribution of these materials relating to non-school related services, activities, and programs, however, it does not endorse and is not responsible for the services, activities and programs advertised or promoted herein.

YOUTH ATHLETIC LEAGUE PARENT MEETINGS

Prior to participating in an Orange County Department of Environment, Agriculture, Parks and Recreation youth athletics league, at least one parent or guardian per player must attend a mandatory Parent Meeting. The purpose of this meeting is to review the Department's stated goal of encouraging good sportsmanship and social interaction through active participation. In addition to learning how to support their child(ren)'s athletic endeavors, parents will review the Department's policies regarding behavior and decorum at League-sponsored programs and events. Must be attended once per year.

Fee:	Free		
Day/Date:	Season (Primary Sport):	Time:	Location:
Monday, Sept. 10	Fall (Soccer & Flag Football)	6:15 p.m.-7:00 p.m.	Central Recreation Center
Wednesday, Nov. 14	Winter (Basketball)	6:00 p.m.-6:45 p.m.	Central Recreation Center
Tuesday, Dec. 4	Winter (Basketball)	6:00 p.m.-6:45 p.m.	Central Recreation Center
Instructor:	Recreation Division Staff		

PARKS & FACILITIES

For facility reservations at all sites, please visit <http://www.orangecountync.gov/deapr/registration>, call 919.245.2660, or visit the Central Recreation Center during office hours to schedule facility use at least one week in advance. The listed facilities are sites owned and/or operated by Orange County. They are open to the public for activities scheduled by Orange County and as scheduled by other agencies for special programs offered to the community. Some facilities may be reserved for private use.

Amenity	Location(s)	Resident Rate	Non-Resident Rate	Additional Fees <i>(Vending fees below may apply)</i>
Activity Rooms	CRC; ECCC	\$30.00/hour	\$45.00/hour	
Baseball/Softball Fields	CGCP; ECCP; FP	\$25.00/hour	\$37.50/hour	Lights \$25.00/hour
Sports Tournaments	All	\$50.00/hour	\$75.00/hour	
Farmer's Market Pavilion	FMP	\$10.00/day	\$15.00/day	\$20.00 Restroom Key Deposit
Gymnasium	CRC	\$35.00/hour	\$52.50/hour	
Multi-Purpose Fields	CGP; CRC; ECCP	\$25.00/hour	\$37.50/hour	
Soccer Fields	SCC	\$35.00/hour	\$52.50/hour	Lights \$35.00/hour
Shelters	CGCP; ECCP; FP; BFP	\$20.00/day	\$30.00/day	\$20.00 Restroom Key Deposit

Vending Fees	Special Event	Tournament
Product/Merchandise Sales	\$15.00/booth	\$100.00/day/field

CENTRAL RECREATION CENTER (CRC)

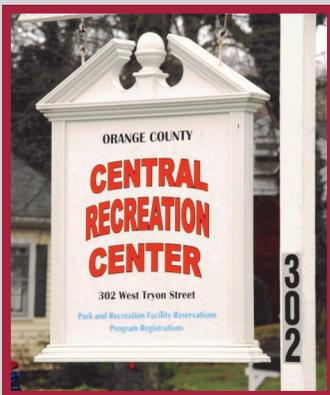
302 West Tryon Street | Hillsborough, NC 27278

Reservations available year-round except County holidays

Hours:

8:00 a.m.-10:00 p.m.

Administrative Offices, Program Registrations & Facility Reservations, Activity Areas, Gymnasium, Multi-Purpose Field, Picnic Area, Playground



SOCCER.COM CENTER (SCC)

4701 West Ten Road | Efland, NC 27243

Reservations available late-Mar.-Oct. 31

Hours:

8:00 a.m.-10:00 p.m. (fields closed Mondays & Fridays)

Lighted Soccer Fields, Concession Stand, Picnic Shelter



EFLAND-CHEEKS COMMUNITY CENTER (ECCC)

117 Richmond Road | Mebane, NC 27243

Reservations available Saturday & Sunday

Hours:

8:00 a.m.-10:00 p.m.

Activity Room, Catering Kitchen, Small Stage



CEDAR GROVE COMMUNITY CENTER (CGCC)

5800 Highway 86 North | Cedar Grove, NC 27231

Reservations available Saturday & Sunday

Hours:

8:00 a.m.-10:00 p.m.

Activity Room, Catering Kitchen, Gymnasium



CEDAR GROVE COMMUNITY PARK (CGCP)

5800 Highway 86 North | Cedar Grove, NC 27231

Reservations available Mar. 1-Oct. 31 (fields closed Mondays)

Park Hours:

Nov.-Feb.: Sunrise-8:00 p.m.

Mar.-Oct.: Sunrise-10:00 p.m.

Lighted Ball Fields, Outdoor Lighted Basketball Courts, Multi-purpose Field, Picnic Shelter, Restrooms, Playground, Lighted Walking Track



EFLAND-CHEEKS COMMUNITY PARK (ECCP)

117 Richmond Road | Mebane, NC 27243

Reservations available Mar. 1-Oct. 31 (fields closed Mondays)

Park Hours:

Nov.-Feb.: Sunrise-8:00 p.m.

Mar.-Oct.: Sunrise-10:00 p.m.

Outdoor Lighted Basketball Courts, Picnic Shelters, Lighted Ball Field, Lighted Walking Track, Picnic Tables, Playground



**FARMERS' MARKET PAVILION (FMP)/
RIVER PARK (RP)**

140 East Margaret Lane | Hillsborough, NC 27278

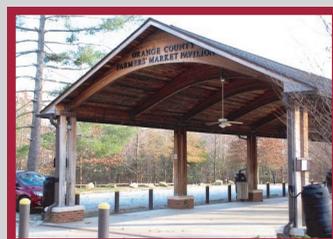
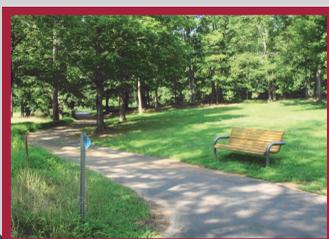
Reservations available Mar. 1-Oct. 31

Park Hours:

Nov.-Feb.: Sunrise-8:00 p.m.

Mar.-Oct.: Sunrise-10:00 p.m.

Event Space, Open Field, Trails, Picnic Shelter



FAIRVIEW PARK (FP)

195 Torain Street | Hillsborough, NC 27278

Reservations available Mar. 1-Oct. 31 (fields closed Mondays)

Park Hours:

Nov.-Feb.: Sunrise-8:00 p.m.

Mar.-Oct.: Sunrise-10:00 p.m.

Lighted Ball Field, Outdoor Lighted Basketball Courts, Lighted Tennis Courts, Horseshoe Pits, Lighted 1/4 mile Walking Track, Natural Surface Trail, Picnic Shelter, Playground



PARKS & FACILITIES

BLACKWOOD FARM PARK (BFP)

4215 NC 86 South | Hillsborough, NC 27278

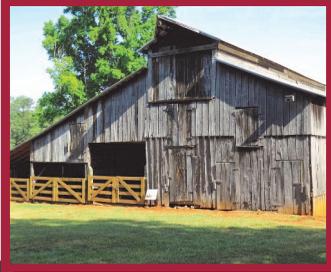
Friday, Saturday, and Sunday

Park Hours:

September: 8:00 a.m. - 7:00 p.m.

October: 8:00 a.m. - 6:00 p.m.

Picnic Shelter (by reservation), Hiking Trails, Fishing, Open Fields, Historic Farmhouse, Restroom Facilities



HOLLOW ROCK NATURE PARK (HR)

692 Erwin Road | Durham, NC 27707

Open Daily

Hours:

Sunrise-Sunset

Natural Surface Trails, Open Meadow



FACILITIES & AMENITIES

Trying to find the right location for your activity? The chart below identifies parks and facilities by amenity.

	Gymnasium(s)	Activity Room(s)	Restroom(s)	Playground(s)	Walking Trail(s) (paved)	Walking Trail(s) (unpaved)	Biking Trail(s)	Picnic Shelter(s)	Grill(s)	Horseshoe Pit(s)	Athletic Field(s) (Lit)	Athletic Field(s) (Unlit)	Baseball/Softball Field(s) (Lit)	Baseball/Softball Field(s) (Unlit)	Basketball Court(s) (Outdoor/Lit)	Tennis Court(s) (Lit)	Fishing	
Blackwood Farm Park			Y			Y		1										Y
Cedar Grove Community Center	Y	Y	Y															
Cedar Grove Community Park			Y	2	Y	Y		1	2	2		1	2	1	2			Y
Central Recreation Center	Y	Y	Y	1					1			1						
Efland-Cheeks Community Center		Y	Y															
Efland-Cheeks Community Park			Y	2	Y	Y		2	2		1		1		2			
Farmer's Market Pavilion			Y			Y		1										
Fairview Park			Y	1	Y			1	3	2			1		2	3		
Hollow Rock			Y			Y												
Little River Regional Park			Y	1	Y	Y	Y	2	7									Y
River Park			Y		Y													Y
Soccer.com Center			Y	Y				1			5							

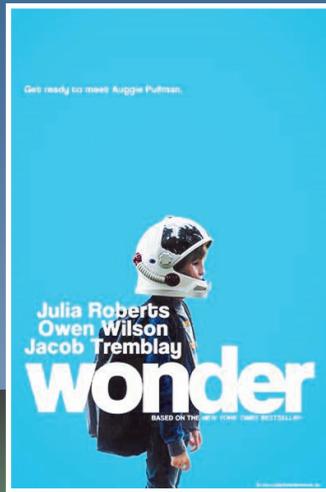
PARKS & RECREATION LOCATOR MAP

Want to find the park closest to your home? Looking for a specific amenity but not sure which park has it? Need driving directions to a specific park? Try the interactive parks locator map. The tool includes parks and recreation facilities for the towns of Carrboro, Chapel Hill, Hillsborough, Mebane (Orange County portion) and Orange County.

<http://server2.co.orange.nc.us/parklocator/>

Movies in the Park

SPECIAL EVENTS



Friday, Aug. 31 • 7:45 p.m.
Rain date: Saturday, Sept. 1



Friday, Sept. 28 • 7:15 p.m.
Rain date: Saturday, Sept. 29



River Park

Downtown Hillsborough
behind the Courthouse

Movie admission is free.
Concession items available for
purchase. Bring your blankets
and lawn chairs.

Orange County DEAPR - Recreation

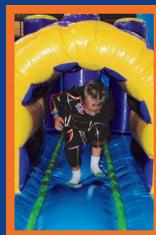
HALLOWEEN SPOOKTACULAR

Friday, October 26 • 5:30 p.m.-8:30 p.m.

Central Recreation Center, 302 West Tryon Street, Hillsborough

Join us for our annual Halloween Party. The Central Recreation Center will be transformed into a Halloween paradise. Your little ghoul or goblin can play many wonderful games and win prizes. Other activities include bounce houses, bingo, cake walks, and concessions.

\$5.00 all-inclusive wristbands will be sold at the door. Cash, check, or Visa/MasterCard will be accepted. The wristbands will allow you or your child to participate in all activities unlimited times.



GENERAL RECREATION

TEACHER WORKDAY FIELD TRIP

This is a one or two day camp designed for your child to enjoy a full day of fun and adventure-filled activities. On each day we will embark from the Central Recreation Center and visit exciting amusement locations throughout the Triangle area. Sites visited may include adventure parks, museums, and other local attractions. Additional waivers may be necessary for some field trips. Lunch is provided.

Ages:	7-9-years-old (Juniors) 10-12-years-old (Seniors)	
Day/Date:	Register by:	Program #:
Mon, Oct. 29	Oct. 15	842501-2018A
Tues, Oct. 30	Oct. 15	842501-2018B
Time:	7:45 a.m.-5:30 p.m.	
Min./Max.:	9/24	
Fee:	\$30 per date	
Location:	Triangle Region	
Instructor:	Recreation Division Staff	

LITTLE FALL GARDENERS

From seed to harvest, Little Fall Gardeners will learn all about vegetables that grow best during the fall season. We'll plant our own garden, tend to it weekly, and watch it grow. At the conclusion of the program, we'll even sample the vegetables that we grow.

Ages:	4-6-years-old	
Day:	Thursday	
Dates:	Register by:	Program #:
Sept. 13-Oct. 18	Sept. 6	841105-2018A
Time:	6:00 p.m.-7:00 p.m.	
Min./Max.:	4/12	
Fee:	\$47	
Location:	Central Recreation Center	
Instructor:	Recreation Division Staff	

CREATIVE ARTS

The focus of this program is materials and how to manipulate them. Some of the materials include but are not limited to: pen and ink, pencil, watercolors, acrylic or tempera paints, paper mâché, collage/decoupage assemblage (sculpture from recycled materials), fabric works, cartooning, performance/video, pinhole photography, and text. The goal of the program is to let the kids get creative with how they use each material and to have fun!

Ages:	6-9-years-old	
Day:	Thursday	
Dates:	Register by:	Program #:
Oct. 4-Nov. 8	Sept. 27	842103-2018A
Time:	4:30 p.m.-5:30 p.m.	
Min./Max.:	6/15	
Fee:	\$38	
Location:	Central Recreation Center	
Instructor:	Laura Casey	

PIANO LESSONS

Classes are taught in a group environment with individual keyboards and headsets. Class instruction includes music theory, one-on-one practice with the instructor, and individual practice time. All experience and skill levels welcome. Beginner music books will be provided for in-class work; beginner students will need to purchase their own book to practice outside of class time.

Ages:	7-15-years-old	
Day:	Monday	
Dates:	Register by:	Program #:
Sept. 10-Oct. 15	Sept. 3	842107-2018A
Oct. 29-Dec. 3	Oct. 22	842107-2018B
Time:	5:30 p.m.-7:00 p.m.	
Min./Max.:	10/15	
Fee:	\$50	
Location:	Central Recreation Center	
Instructor:	Elena Marinina	

INDIVIDUAL PIANO LESSONS

Expand your piano experience by scheduling an individual lesson with our instructor. Get more one-on-one time than available in a group setting to refine technique, improve agility, or perfect a piece.

Ages:	7-years-old to Adult	
Day:	Monday	
Dates:	Register by:	Program #:
Sept. 10	Sept. 3	845103-2018A
Sept. 17	Sept. 10	845103-2018B
Sept. 24	Sept. 17	845103-2018C
Oct. 1	Sept. 24	845103-2018D
Oct. 8	Oct. 1	845103-2018E
Oct. 15	Oct. 8	845103-2018F
Time:	7:00 p.m.-7:30 p.m.	
Min./Max.:	1/1	
Fee:	\$42/half-hour session	
Location:	Central Recreation Center	
Instructor:	Elena Marinina	

ART IN 3D

Come have fun with 3-dimensional art in the Fall. Students will be offered two clay classes, two paper sculpting classes, one class to work with wire, and one to be determined. Artists will learn and refine technique while exploring the limits of their imaginations.

Ages:	10-15-years-old	
Day:	Thursday	
Dates:	Register by:	Program #:
Oct. 4-Nov. 8	Sept. 27	842108-2018A
Time:	5:35 p.m.-6:35 p.m.	
Min./Max.:	6/15	
Fee:	\$38	
Location:	Central Recreation Center	
Instructor:	Laura Casey	

STEM FUNDAMENTALS WITH LEGO® MATERIALS

Power on your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Snowmobiles, Towers, Catapults, and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. There is no prerequisite for this course.

Ages: 7-9-years-old
Day: Monday
Dates: Sept. 10-Oct. 22
Register by: Sept. 3
Program #: 842117-2018A
Time: 6:00 p.m.-7:30 p.m.
Min./Max.: 10/16
Fee: \$60
Location: Central Recreation Center
Instructor: Play-Well TEKnologies

STEM CHALLENGE WITH LEGO® MATERIALS

Power on your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Catapult Pneumatic Cranes, Arch Bridges, and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

Ages: 10-12-years-old
Day: Monday
Dates: Nov. 5-Dec. 17
Register by: Oct. 29
Program #: 842117-2018B
Time: 6:00 p.m.-7:30 p.m.
Min./Max.: 10/16
Fee: \$60
Location: Central Recreation Center
Instructor: Play-Well TEKnologies

SHORTY CHEF: HEALTHY BREAKFAST

Shorty Chef is six-week program where children learn to make healthy snacks, easy meals, and simple desserts. This session, kids will make recipes focused on healthy breakfast dishes. Kids will learn basic culinary skills such as measuring and mixing techniques, how to use various cooking tools, how to follow recipes, and much more. Throughout the class kids will make a recipe booklet with all of their creations. *Some ingredients may contain peanuts, tree nuts, dairy, gluten or eggs.

Ages: 5-8-years-old
Day: Thursday
Dates: Sept. 13-Oct. 18
Register by: Sept. 6
Program #: 842112-2018A
Time: 6:00 p.m.-7:15 p.m.
Min./Max.: 8/12
Fee: \$47
Location: Central Recreation Center
Instructor: Recreation Division Staff

CHESS LESSONS

Chess is a game that once you learn how to play, you will enjoy forever. While learning the game, students develop skills in critical thinking, focus, sportsmanship, and self-esteem. This course is suitable for the novice chess player. As long as you know how the pieces move and the basic rules of play, this is the class for you! During each class, we may spend time working on micro drills to improve tactics and visualization as well as studying training games where each move, from start to finish, is examined and explained. The last portion of each class may be spent trying to put the lessons learned from the example game into practice in our own games against our fellow students. Optional self-study materials will be provided. Instructor Ed Larson is an active tournament player currently rated 1700-1800 (USCF) range.

Ages: 7-12-years-old
Day: Tuesday
Dates: Sept. 11-Oct. 16
Register by: Sept. 5
Program #: 842122-2018A
 Nov. 13-Dec. 18
Nov. 6 842122-2018B
Time: 6:00 p.m.-7:00 p.m.
Min./Max.: 4/12
Fee: \$42
Location: Central Recreation Center
Instructor: Ed Larson

JUNIOR CHEF: HEALTHY BREAKFAST

Junior Chef is six-week program where children learn basic culinary skills. This session, kids will make recipes focused on healthy breakfast dishes. Kids will develop proficiencies in measuring and mixing techniques, how to use various cooking tools, how to follow recipes, and much more. Throughout the class kids will make a recipe booklet with all of their creations. *Some ingredients may contain peanuts, tree nuts, dairy, gluten or eggs.

Ages: 9-12-years-old
Day: Thursday
Dates: Nov. 1-Dec. 13
Register by: Oct. 25
Program #: 842113-2018A
No class Nov. 22
Time: 6:00 p.m.-7:15 p.m.
Min./Max.: 8/12
Fee: \$47
Location: Central Recreation Center
Instructor: Recreation Division Staff



GENERAL RECREATION

MARTIAL ARTS

A mixed martial arts style called PaSaRyu "Way of Honor" combines karate, kung-fu, and taekwondo into an artistic and effective self-defense technique. This was developed by Master Kang Rhee. Here you will apply traditional and advanced techniques, become fit and confident with integrity, while defining your own sense of honor. As a PaSaRyu martial artist you will gain self-respect and be ambitious while exercising self-discipline and humility. Come make friends, have fun, learn, and if you want to earn a black belt, speak to the instructor about getting certified through a worldwide organization.

Ages: 6-years-old to Adult
Min./Max.: 4/15
Fee: \$52 for one day/week; \$82 for both Wednesday and Friday in the same month and level
Location: Central Recreation Center
Instructor: Nishith Trivedi

Day:	Level:	Dates:	Time:	Register by:	Program #:
Wednesday	Beginner	Aug. 29-Oct. 3	6:00 p.m.-7:00 p.m.	Aug. 22	842101-2018A
Friday	Beginner	Aug. 31-Oct. 5	6:00 p.m.-7:00 p.m.	Aug. 24	842101-2018B
Wednesday	Intermediate/Advanced	Aug. 29-Oct. 3	7:00 p.m.-8:00 p.m.	Aug. 22	842101-2018C
Friday	Intermediate/Advanced	Aug. 31-Oct. 5	7:00 p.m.-8:00 p.m.	Aug. 24	842101-2018D
Wednesday	Beginner	Oct. 17-Dec. 5	6:00 p.m.-7:00 p.m.	Oct. 10	842101-2018E
Friday	Beginner	Oct. 19-Nov. 30	6:00 p.m.-7:00 p.m.	Oct. 12	842101-2018F
Wednesday	Intermediate/Advanced	Oct. 17-Dec. 5	7:00 p.m.-8:00 p.m.	Oct. 10	842101-2018G
Friday	Intermediate/Advanced	Oct. 19-Nov. 30	7:00 p.m.-8:00 p.m.	Oct. 12	842101-2018H

No class Oct. 31, Nov. 21, & Nov. 23.



CAPOEIRA

Capoeira is a mixed martial art that combines elements of martial arts with dance, acrobatics, and music. Created by African slaves brought over to Brazil over 500 years ago, Capoeira builds physical fitness and coordination, strengthens interactive communication and teamwork, and increases multicultural awareness.

Ages: 7-12-years-old
Day: Wednesday
Dates: Oct. 17-Dec. 5
Register by: Oct. 10
Program #: 842119-2018B

No class Oct. 31 & Nov. 21

Time: 5:00 p.m.-6:00 p.m.
Min./Max.: 4/10
Fee: \$47
Location: Central Recreation Center
Instructor: Jason Zwilling



321 BLAST OFF

In 321 Blast Off, kids will build and launch their own rocket. Along the way, participants will learn about space and science, including rocket components and their function for flight. On the last day, campers will launch their rocket.

Ages: 9-12-years-old
Day: Wednesday
Dates: Sept. 12-Oct. 17
Register by: Sept. 5
Program #: 842114-2018A
Time: 6:00 p.m.-7:00 p.m.
Min./Max.: 6/10
Fee: \$47
Location: Central Recreation Center
Instructor: Recreation Division Staff

START SMART PROGRAMS

The Start Smart Program is a sports development class structured to teach you and your child the basic skills of a sport. Parents and children will be led by trained instructors through six weeks of motor skill development activities. The program prepares children for organized sport in a fun, non-competitive environment using age appropriate equipment. Participants will receive an award, t-shirt, and picture at the conclusion of the program. **Parent participation is mandatory!**

START SMART LACROSSE

Start Smart Lacrosse will focus on the fundamentals of shooting, passing, catching, cradling, stick handling, running, and agility.

Ages: 5-7-years-old
Day: Monday
Dates: Sept. 10-Oct. 15
Time: 5:45 p.m.-6:45 p.m.
Min./Max.: 4/18
Fee: \$48
Location: Central Recreation Center
Instructor: Amiel Elbitar-Hartwell

Register by: Sept. 3
Program #: 641217-2018A



START SMART SOCCER

Start Smart Soccer will focus on the fundamentals of running, dribbling, passing and receiving, shooting, and throw-ins.

Ages: 3-5-years-old
Day: Tuesday
Dates: Sept. 11-Oct. 16
Time: 5:15 p.m.-6:00 p.m.
Min./Max.: 8/30
Fee: \$48
Location: Soccer.com Center
Instructor: Recreation Division Staff

Register by: Sept. 4
Program #: 641207-2018A
Program #: 641207-2018B



START SMART BASKETBALL

Start Smart Basketball will focus on the fundamentals of running, dribbling, passing, and shooting.

Ages: 3-5-years-old
Days: Tuesday
Dates: Nov. 6-Dec. 11
Time: 6:15 p.m.-7:00 p.m.
Min./Max.: 8/24
Fee: \$48
Location: Central Recreation Center
Instructor: Recreation Division Staff

Register by: Oct. 30
Program #: 641201-2018A
Program #: 611201-2019A



START SMART BASEBALL

Start Smart baseball will focus on the fundamentals of throwing, catching, hitting, and running,

Ages: 3-5-years-old
Days: Tuesday
Dates: Feb. 26-Apr. 2
Time: 6:15 p.m.-7:00 p.m.
Min./Max.: 8/24
Fee: \$48
Location: Central Recreation Center
Instructor: Recreation Division Staff

Register by: Feb. 19
Program #: 621203-2019A



YOGA AND MINDFULNESS FOR THE UBER NEWBIE

This series of beginner level classes is designed for those with little to no yoga and mindfulness experience and is being led by a newly certified teacher (200 hour yoga alliance certified) who is interested in making yoga accessible to those who may not think they can "do" yoga including those with chronic medical conditions and of varying physical abilities. These classes will provide an introduction to meditation, pranayama (breath work), and asana (yoga poses) in a slow paced and supportive environment.

Ages: 16-years-old to Adult
Day: Tuesday
Dates: Sept. 25-Nov. 27
Time: 12:00 p.m.-1:00 p.m.
Min./Max.: 4/8
Fee: \$60
Location: Central Recreation Center
Instructor: Maire Alexander

Register by: Sept. 18
Program #: 844101-2018A

No class Oct. 16 & Nov. 6

TAI CHI

Tai Chi is a "soft" martial arts program that involves an exercise system of moving meditation. Major emphasis is on stress relief and freeing the body from unnecessary tension. Beginners and the experienced are welcome.

Ages: 18-years-old to Adult
Day: Tuesday
Dates: Sept. 4-Oct. 16
Time: 6:00 p.m.-7:00 p.m.
Min./Max.: 4/15
Fee: \$56
Location: Central Recreation Center
Instructor: Nina Maier

Register by: Aug. 28
Program #: 844106-2018A
Program #: 844106-2018B

No class Nov. 20

ATHLETICS

YOUTH WINTER BASKETBALL LEAGUE

The Orange County Youth Basketball League is a developmental program for youth ages 5-15-years-old. Volunteer coaches will work with the children to improve individual skills in dribbling, passing, and shooting, while instilling values in teamwork and sportsmanship. Players ages 7 and above will be placed on teams through a mandatory skills assessment process. Practice date and time is scheduled based on coach and facility availability – players may not request specific practice dates and/or times. The Mighty-Mite division will always meet once per week. For divisions Pee Wee and above, pre-season will consist of two practices per week. After games begin, the regular season will consist of one practice per week and one to two games per week. The season will conclude with a single-elimination tournament.

Division:	Ages*:	Min./Max.:	Program #:
Mighty-Mite	5-6-years-old	28/80	611101-2019A
Pee Wee	7-8-years-old	28/80	611101-2019B
Pee Wee Girls	7-9-years-old	28/40	611101-2019D
Mite	9-10-years-old	28/80	611101-2019C
Midget	11-12-years-old	28/80	611101-2019E
Midget Girls	10-12-years-old	28/40	611101-2019G
Junior	13-15-years-old	28/60	611101-2019F

*** Age as of November 1, 2018**

Days:	Monday-Saturday
Dates:	Nov. 17-Feb. 23
Time:	Times will vary based on registration
Register by:	Oct. 26 (Mighty-Mite through Midget Divisions) Nov. 9 (Junior Division Only)
Fee:	\$53
Location:	Central Recreation Center
Instructor:	Volunteer Coaches

Skills Assessments:

All held at the Central Recreation Center.

Pee Wee	Saturday, Nov. 3, 9:00 a.m.
Pee Wee Girls	Saturday, Nov. 3, 11:00 a.m.
Mite	Saturday, Nov. 3, 12:30 p.m.
Midget	Saturday, Nov. 3, 2:30 p.m.
Midget Girls	Saturday, Nov. 3, 4:30 p.m.
Junior	Monday, Nov. 19, 6:00 p.m.

Parent Meetings:

Central Recreation Center
Wednesday, Nov. 14, 6:00 p.m.
Tuesday, Dec. 4, 6:00 p.m.



OPEN GYMNASIUM

The Central Recreation Center gymnasium is open for open gym walking and basketball. Participants may purchase a daily pass, 6-month pass, or annual pass. Open gym calendars are available at the Central Recreation Center and online. Please note: Open Gym schedules change monthly and are subject to change daily. Please visit our website at http://www.orangecountync.gov/departments/deapr/open_gym.php for daily updates. It is recommended that participants bring their own equipment. Open gym participants under the age of 13 must be accompanied by a guardian.

	Monday	Tuesday	Wednesday	Thursday	Friday
Walking	8:00 a.m.-9:30 a.m.	8:00 a.m.-9:30 a.m.	8:00 a.m.-9:30 a.m.	8:00 a.m.-9:30 a.m.	8:00 a.m.-9:30 a.m.
Basketball	9:30 a.m.-12:00 p.m. 1:30 p.m.-3:30 p.m.	9:30 a.m.-12:00 p.m. 1:30 p.m.-3:30 p.m.	9:30 a.m.-3:30 p.m.	9:30 a.m.-12:00 p.m. 1:30 p.m.-3:30 p.m.	9:30 a.m.-3:30 p.m.
Gym Pass Fees:	\$25 Annual Pass; \$15 Six-month Pass; \$3 Daily Pass				

Orange Tennis Club

Year round classes
Summer Camps and more
All skills and all ages
Unlimited classes
One low monthly fee

Junior - \$29
 Adult - \$49
 Couple - \$69
 Family \$79

More information online at
www.OrangeTennisClub.com
 Jason@OrangeTennisClub.com - 919-241-4629

ADULT MEN'S BASKETBALL LEAGUE

This adult men's basketball league will include at least 9 regular season games and a post-season tournament. Prizes will be awarded to the top regular season and tournament finishers. Former college players are permitted with age restrictions.

Ages:	16-years-old to Adult	
Day:	Sunday	
Dates:	Jan. 13-Apr. 28	Register by: Jan. 6
Time:	3:30 p.m.-10:30 p.m.	Program #: 612101-2019A
Min./Max.:	4 teams/16 teams	
Fee:	\$415	
Location:	Central Recreation Center	

Registration for all Adult Leagues is as a team. To register, the team captain must complete a team registration form and each player must complete an individual player waiver. Interested individuals may contact Orange County DEAPR-Recreation at 919.245.2660



Co-ed Baseball for ages 4-15-years-old
Girls Softball for ages 6-15-years-old
Fee: \$95

Online registration: Early December 2018
 hyabaseball.org

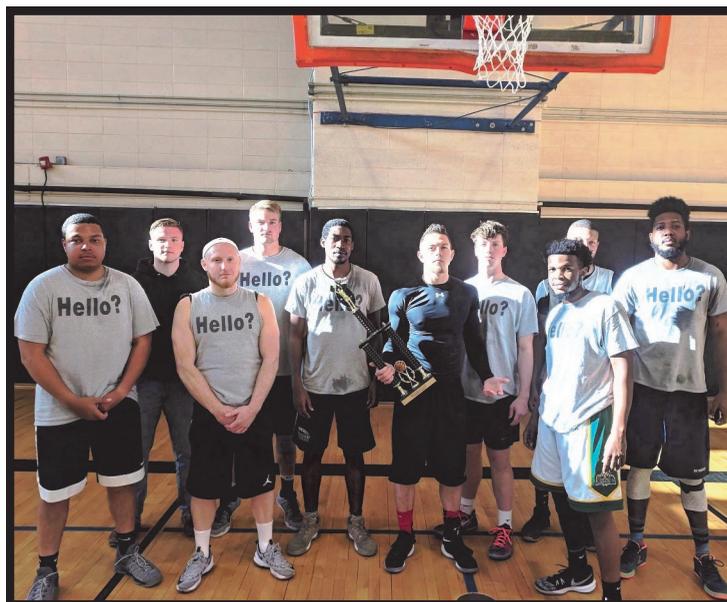
In-person Registration: Early February 2019
 HYAA Headquarters, 123 Daniel Boone Village, Hillsborough

More information:
 hyabaseball.org, 919.732.4454
Coaches needed for all divisions!

ADULT CO-REC VOLLEYBALL LEAGUE

Adult Co-Rec Volleyball will feature two games per week at the Central Recreation Center. The regular season will include ten weeks. The season will conclude with a post season tournament. Prizes are awarded to the top regular season and tournament finishers. Level of play is semi-competitive. Registration is accepted as a team.

Ages:	16-years-old to Adult	
Day:	Sunday	
Dates:	Jan. 13-Apr. 21	Register by: Jan. 6
Time:	9:00 a.m.-3:30 p.m.	Program #: 612111-2019A
Min./Max.:	4 teams/14 teams	
Fee:	\$130	
Location:	Central Recreation Center	



LITTLE RIVER REGIONAL PARK

LITTLE RIVER REGIONAL PARK: A DURHAM COUNTY/ORANGE COUNTY PARTNERSHIP

301 Little River Park Way | Rougemont, NC 27527

Park Office: 919.732.5505

Picnic Shelters, 7 miles of Hiking Trails, 7 miles of Single Track Biking Trails, Playground, 1/4 mile Paved "Loop" Trail, Picnic Areas, 391 acres of Natural Area.

Amenity	Resident Rate	Additional Fees
Shelters	Large Shelter seats 100; Small Shelter seats 40	\$20.00/day

Free programs made possible by donations from the Little River Trail Runs and TrailHeads running club. Race registration at www.trailheads.org.

ENVIRONMENTAL EDUCATION AT LITTLE RIVER

Little River Regional Park offers a variety of nature programs for all ages. Regularly scheduled programs and special events are listed below. For more information, call the park office: 919.732.5505.

DISCOVERY CLUB

The Discovery Club programs are geared toward children 6 & up accompanied by an adult. Programs focus on learning about nature and science through hands-on activities and exploration. Call the Park office for more information 919.732.5505.

Ages: 6 & Up
Day: Saturday
Time: 10:00 a.m.-12:00 p.m.
Location: Park Office
Instructor: Little River Regional Park Staff

Fall Tree ID

Learn to identify trees without looking at their leaves. Go on a leaf scavenger hunt. This is a "drop-in" program so arrive anytime within the two hours and spend as much or as little time exploring that you want.

Date: Oct. 27
Location: Park Office

Full Moon Hike

Experience Little River Park in a whole new light on this hike led by the Park Staff. We'll learn about nocturnal animals, search for eye shine, and hoot like owls.

Date: Nov. 23
Location: Park Office

STAR GAZING WITH MOREHEAD PLANETARIUM

The fine folks from the Morehead Planetarium will bring out their high power telescopes and give us a tour of the night sky. Bring a blanket, chairs, or your own telescopes or binoculars. Be sure to call the park office after 4 p.m. for cloud/cancellation updates.

Ages: All Ages
Date: Oct. 12 7:30 p.m.-9:30 p.m.
 Nov. 16 6:30 p.m.-8:30 p.m.
Fee: Free; no registration required
Location: Play Meadow

TINY TREKKERS

Tiny Trekkers is a series of programs designed for young children ages 3-5-years-old accompanied by an adult. Trekkers learn about nature through stories, activities, crafts and games. Pre-registration is appreciated, just call the park office at 919.732.5505.

Ages: 3-5-years-old
Day: Monday
Time: 10:00 a.m.-11:00 a.m.
Fee: Free
Instructor: Little River Regional Park Staff

Getting Wild

Trekkers explore the differences between wild and tame animals and learn about the wildlife living around us. We'll have a story and an animal parade!

Date: Oct. 1
Location: Large Shelter

Fur, Feathers, Scales, & Tails

Trekkers learn about the different ways animals are covered through touch and observation. There will be a story, games, and an animal craft.

Date: Nov. 6
Location: Park Office

Winter Walks

We'll take a stroll along a trail and explore how the forest changes in winter.

Date: Dec. 3
Location: Large Shelter

CITIZEN SCIENCE: PROJECT MONARCH WATCH

Learn about the monarch and its amazing migration. We'll have information on how to create a monarch friendly habitat and check our Milkweed Waystations for Project Monarch Watch.

Ages: All Ages
Day: Monday-Sunday
Date: Sept. 17-26
Fee: Free; no registration required
Location: Park Office

BLACKWOOD FARM PARK

4215 NC 86 South | Hillsborough, NC 27278

Picnic Shelter, Hiking Trails, Fishing, Open Fields, Historic Farmhouse, Restroom Facilities



The poster features a blue background with a faint image of a horse. On the left is the 'Orange County LocalFest' logo, which includes a house silhouette with a rooster on top and the text 'ORANGE COUNTY LOCAL FEST'. The main title 'ORANGE COUNTY LOCALFEST' is in large, white, distressed font. To the right is a yellow starburst with 'FREE ADMISSION!'. Below the title, the date 'September 29, 2018' and time '10am - 6pm' are in yellow. The location 'Blackwood Farm Park, Hillsborough, NC' is in white. A paragraph describes the festival as a family-friendly event celebrating local food, music, and heritage. Another paragraph lists activities like live music, cooking demonstrations, and educational programs. The website 'OrangeCountyLocalFest.com' is at the bottom. The Orange County North Carolina logo is on the right, with the text 'Sponsored by' above it.

ORANGE COUNTY LOCALFEST

FREE ADMISSION!

September 29, 2018
10am - 6pm

Blackwood Farm Park, Hillsborough, NC

Orange County LocalFest is a diverse, family-friendly festival that celebrates and promotes local food, local music, the local economy, and the county's heritage and culture.

Live music, cooking demonstrations, local artists and crafters, and educational and kids' activities will highlight the daylong event.

Sponsored by

ORANGE COUNTY NORTH CAROLINA

OrangeCountyLocalFest.com

WILD FOODS AND MEDICINAL PLANT WALK

Ages: 15 to Adult
Day: Saturday
Date: September 8
Time: 1:00 p.m.-4:00 p.m.
Fee: \$30.00 (Adult)
\$15.00 (Student w/valid Id)
Register: www.campscui.active.com
Location: Blackwood Farm Park
Instructor: Piedmont Wildlife Center



More information about this or other programs available at: <https://www.piedmontwildlifecenter.org>



SAVE THE DATE:

AUGUST

31 Movie in the Park: *Wonder*

SEPTEMBER

28 Movie in the Park: *Paddington 2*
29 LocalFest at Blackwood Farm Park

OCTOBER

26 Youth Winter Basketball Registration Deadline
26 Halloween Spooktacular
29 & 30 Teacher Workdays Field Trip Camp

NOVEMBER

22 & 23 Central Recreation Center Closed

DECEMBER

24, 25, & 26 Central Recreation Center Closed

JANUARY

6 Adult Basketball Registration Deadline
6 Adult Co-Rec Volleyball Registration Deadline



2018 SUMMER CAMP FLASHBACK

- 1,971 Enrolled Campers
- 92 Camps Offered over 10 weeks of summer
- 22 Physical Fitness & Sports Camps
- 10 Field Trip Camps
- 17 Engineering/Technology/Trades Camps
- 10 Science Camps
- 20 Theatre/Arts Camps
- 13 Cooking/Special Interest Camps
- 39 Camp Counselors and 9 Counselors in Training
- 2,250 Cars passed through our NEW morning kiss and go drop-off during 10 weeks of camp
- 2019 Summer Camp Registration
Saturday, February 2, 2019. See you then!

THANK YOU: SUMMER CAMP COUNSELORS AND C.I.T.S

Thank you to all of the counselors and counselors in training who worked tirelessly through 92 camps and 1,971 enrolled campers. This large-scale program would not be possible without their support:

Summer Camp Coordinators: James Lyon, Sid Peterson, Amanda High, Kyle Talley, and Gwen Stephens

Summer Camp Counselors: Tanner Boyer, Kevin Bradshear, Kaylen Campbell, Namron Chapman, Keegan Crabtree, Kathryne Dameron, Greg Dixon, Evan Dorsi, Julia Fish, Adalyn Fleming, Jordan Hamlett, Alexis Jones, Kaela Lane, Kerissa Lane, Jordan Lloyd, Alexis Long, Eboni Long, Bailey Lucas, Koren Mangal, Brenna Mehl, Virginia Nadworny, Clevin Noronha, Jesse Peeler, Krista Perry, Kintwon Pettiford, Alexis Prebula, Jamisen Royal, Olivia Ruff, Fiona Shaw, Helena Shaw, Josh Smith-Breeden, Kelly Sobnosky, Celeste Spector, Madison Tilley, Victorrea Tyson, Logan Vosburg, Serena Wisnewski, Veronica Wisnewski, Ely Wilson

Summer Camp C.I.T.s: Ender Arbogast, Ava Cecil, Jacob Gray, Madelyn Horn, Amelie Kenny, Reagan Price, Painter Richards-Baker, Kate Wanke, Connor Williams



Orange County Recreation is currently seeking volunteer coaches for our upcoming Youth Winter Basketball League (pg. 12). If you are interested in contributing to your community while teaching a love of sport, athletic fundamentals, and positive character, please contact Kyle Talley at ktalley@orangecountync.gov. All volunteer coaches must complete a volunteer application and submit to a criminal background check.