

Session 3

12:15-1:00

**Seniors Helping Seniors: The Seniors and Law Enforcement Together Program**

***Location: Dogwood Room on 1<sup>st</sup> floor***

Do you wish someone would come by just to check on you? Do you need help finding solutions to nutrition or home maintenance problems? The Seniors and Law Enforcement Together Program matches seniors with friendly volunteers that support aging in place. This session will also provide valuable information on how to get involved as a volunteer.

**Presenter: Archie Daniel**

**Downsize and DeClutter: Simplifying your life**

***Location: Ash room on 2<sup>nd</sup> floor***

Everyone has at least one pile of stuff they haven't used in years that is just taking up space. Whether you are planning to stay in your home or are preparing for a move, this session will change the way you think about belongings and provide simple steps to make a daunting task more manageable.

**Presenter: Jane Armstrong**



# Aging in Community SENIOR HOUSING EXPO II

Housing Innovations  
In Our Midst

May 20, 2017 from 10:00 a.m. to 1:00 p.m.  
Seymour Center | 2551 Homestead Rd | Chapel Hill



Session 1

10:15-11:05

**Aging in Community: Is it possible?**

***Location: Theater on 1<sup>st</sup> floor***

Come learn from those who are doing it. The session features a panel of experts who are organizing themselves, their neighborhoods, and their communities to stay at home and build a network of support and connection.

**Panelists: Nancy Rosebaugh, Karen Metzguer, and Lisa Anthony. Bolton Anthony will be moderating.**

**Pee Wee Homes: Affordable, sustainable, and social**

***Location: Dogwood Room on 1<sup>st</sup> floor***

Inspired by the Tiny House Movement, the Advocate Church and its community partners have innovative plans to build small, sustainable homes that require residents to pay no more than 30% of their incomes in rent. Learn about how it all began and why Pee Wee homes offer one potential way to end homelessness and isolation.

**Presenters: Lisa Fischbeck and Sarah Howell**

**What the future holds for senior housing in Orange County**

***Location: Ash Room on 2nd floor***

Come learn about current and “on the books” senior housing in Orange County. Learn about the costs and availability of local long term care options. Hear a brief overview of all of the current housing models that are available and see what the Master Aging Plan may have in store for us these next five years.

**Presenter: Cherie Rosemond**

Session 2

11:15-12:05

**Renting vs. buying: the ultimate fight for your funds**

***Location: Theater on 1<sup>st</sup> floor***

Are you getting mixed messages about whether buying or renting is the wiser decision for you? This session will help you consider your income source, expenses, and health to learn which is the best route for you.

**Presenter: Scott Ranby**

**Home Safe Home**

***Location: Dogwood Room on 1<sup>st</sup> floor***

Should you really throw out your rugs? Are there certain activities you don't do because you are afraid of falling? Ryan Lavalley, an occupational therapist, will share tips that he's learned while visiting homes across Orange County. Ryan's goal is to promote living successfully, meaningfully, and safely in your home.

**Presenter: Ryan Lavalley**

**Affordable housing for seniors brought to you by Habitat for Humanity**

***Location: Ash Room on 2nd floor***

Habitat for Humanity is making a bold new move. They have land and a plan for senior housing in the Waterstone development. Come hear about their background research and the innovative housing and neighborhood designs they've come up with. They have pioneering ideas that stand to change the affordable housing landscape in Orange County.

**Presenters: Susan Levy and Jay Fulkerson**