

# Perceptions of Aging Survey

## Perceptions of Aging in Orange County

Thank you for participating in this survey!

Every 5 years, the Orange County Department on Aging prepares a Master Aging Plan to ready the county for an aging population. We are interested in learning more about your perspective about how to best promote a high quality of life among older adults in Orange County. Your responses will be kept confidential, and will help contribute to this important planning process.

Please take a moment to imagine that in the next 5 years, either you, your parents, or another loved one will be turning 60 or older in Orange County. Please read the following questions and mark your responses as directed. Many questions are about your perceptions of aging in Orange County, so please remember there is no right or wrong answer. We are interested in learning about what you think.

This survey is expected to take 15 minutes to complete.

# Perceptions of Aging Survey

## A. Meeting Basic Needs - Housing

**Imagine that you, one of your parents, or another loved one is turning 60 or older. Which types of housing do you/he/she expect to live in over the next 5 years?**

	Will definitely live in	Will probably live in	Not sure/don't know	Will probably not live in	Will definitely not live in
Houses and condos for homeowners	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rental apartments or homes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assisted living units	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family Care Home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nursing homes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Multigenerational housing (living with children or family members)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Home Sharing (living with people you are not related to)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Naturally occurring retirement communities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Senior Housing based on your income	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Unsubsidized Senior Housing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Senior Housing with Meals and Activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Continuing Care Retirement Communities (CCRC)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If other, please specify below.

# Perceptions of Aging Survey

## A. Meeting Basic Needs - Services to Help Older Adults Live at Home

**Imagine that you, one of your parents, or another loved one is turning 60 or older. Which of these services do you/he/she expect to need over the next 5 years? All of the services listed below are to help older adults stay in their homes for as long as possible.**

	Will definitely use	Will probably use	Not sure/don't know	Will probably not use	Will definitely not use
Affordable housing	<input type="radio"/>				
Financial assistance with utilities	<input type="radio"/>				
In-home structural features to accommodate mobility and safety	<input type="radio"/>				
Housekeeping	<input type="radio"/>				
Heavy cleaning	<input type="radio"/>				
Yard work	<input type="radio"/>				
Assistance with home repairs	<input type="radio"/>				
Grocery delivery	<input type="radio"/>				
Home-delivered meals on wheels	<input type="radio"/>				
Senior Nutrition Program or Group Meals	<input type="radio"/>				
Pharmacy delivery	<input type="radio"/>				
Home health services	<input type="radio"/>				
Volunteer visitor program	<input type="radio"/>				
Personal care services	<input type="radio"/>				
Telephone reassurance, or a phone-buddy program to check up on people	<input type="radio"/>				
Religious group support, like parish nursing	<input type="radio"/>				
Other	<input type="radio"/>				

If other, please specify below.

# Perceptions of Aging Survey

## A. Meeting Basic Needs - Services to Help Older Adults Live at Home

**Imagine that you, one of your parents, or another loved one is turning 60 or older. Which of the following aspects of safety are you/he/she likely to have concerns about over the next 5 years?**

	A major concern	Of some concern	Not sure/don't know	Not much of a concern	Not a concern at all
Elder abuse/neglect	<input type="radio"/>				
Living in an unmonitored neighborhood	<input type="radio"/>				
Injury (e.g. falls)	<input type="radio"/>				
Vulnerability in the event of a natural disaster or other homeland security issue	<input type="radio"/>				
Isolation	<input type="radio"/>				
Fraud/Identity theft	<input type="radio"/>				
Other	<input type="radio"/>				

If other, please specify below.

# Perceptions of Aging Survey

## A. Meeting Basic Needs - Health and Wellness of Older Adults in Orange Coun...

**Imagine that you, one of your parents, or another loved one is turning 60 or older. How important will each of these health and wellness services be to you/him/her over the next 5 years?**

	Essential	Very important	Not sure/don't know	Not very important	Not important at all
Easy to understand information about healthy aging and disease prevention	<input type="radio"/>				
Access to activities to stay mentally and physically active	<input type="radio"/>				
Affordable nutritious food	<input type="radio"/>				
Adequate healthcare coverage	<input type="radio"/>				
Access to healthcare options	<input type="radio"/>				
Access to dental care	<input type="radio"/>				
Access to a specialist	<input type="radio"/>				
Not having to wait a long time to be seen by a medical provider	<input type="radio"/>				
Assistance services for in-home care	<input type="radio"/>				
Information about how to access assistance services for in-home care	<input type="radio"/>				
Affordability of prescription medications	<input type="radio"/>				
Other	<input type="radio"/>				

If other, please specify below

# Perceptions of Aging Survey

## A. Meeting Basic Needs - Health and Wellness of Older Adults in Orange Coun...

**Imagine that you, one of your parents, or another loved one is 60 or older. Which of these recreation, leisure, and wellness activities for older adults will you/he/she expect to need over the next 5 years?**

	Will definitely use	Will probably use	Not sure/don't know	Will probably not use	Will definitely not use
Senior Centers	<input type="radio"/>				
Cultural/Performing Arts (e.g. dance, singing/chorus, theater/improv)	<input type="radio"/>				
Fitness (e.g. yoga, strength training, access to exercise machines)	<input type="radio"/>				
Social Events (e.g. bingo, potlucks, day/overnight trips)	<input type="radio"/>				
Education Opportunities (e.g. language classes, computer classes)	<input type="radio"/>				
Recreation (e.g. bridge, dominoes)	<input type="radio"/>				
Wellness (e.g. health screens, massage, physical therapy)	<input type="radio"/>				
Other	<input type="radio"/>				

If other, please specify below

# Perceptions of Aging Survey

## A. Meeting Basic Needs - Health and Wellness Among Caregivers of Older Adul...

**Imagine that you are a caregiver to an adult age 60 or older. Which of these caregiver support services do you expect to use over the next 5 years?**

	Will definitely use	Will probably use	Not sure/don't know	Will probably not use	Will definitely not use
In-home assistance	<input type="radio"/>				
Respite care	<input type="radio"/>				
Adult day care	<input type="radio"/>				
Caregiver support groups	<input type="radio"/>				
Care management	<input type="radio"/>				
Individual counseling	<input type="radio"/>				
Other	<input type="radio"/>				

If other, please specify below

# Perceptions of Aging Survey

## A. Meeting Basic Needs - Planning for Your Financial Future as an Older Adu...

**Imagine that you, one of your parents, or another loved one is turning 60 or older. Which of these employment options will you/he/she expect to use over the next 5 years?**

	Will definitely use	Will probably use	Not sure/don't know	Will probably not use	Will definitely not use
Job training for older adults	<input type="radio"/>				
Flexible job opportunities (e.g. flexible work hours, telecommuting)	<input type="radio"/>				
Employment opportunities for older workers	<input type="radio"/>				
Do not plan to continue to work	<input type="radio"/>				
Other	<input type="radio"/>				

If other, please specify below

**Imagine that you, one of your parents, or another loved one is turning 60 or older. Which of these financial planning options or financial planning assistance services will you/he/she expect to use over the next 5 years?**

	Will definitely use	Will probably use	Not sure/don't know	Will probably not use	Will definitely not use
Help with retirement planning	<input type="radio"/>				
Help with financial planning	<input type="radio"/>				
Help with healthcare financial planning	<input type="radio"/>				
Help choosing a long-term care insurance policies	<input type="radio"/>				
Prescription assistance	<input type="radio"/>				
Affordable health care	<input type="radio"/>				
SHIIP (Senior Health Insurance Information Program)	<input type="radio"/>				
Social services assistance (e.g. food stamps, energy assistance)	<input type="radio"/>				
Other	<input type="radio"/>				

If other, please specify below

# Perceptions of Aging Survey

## A. Meeting Basic Needs - Long-Term Care

**If you or a loved one has spent any time in a long-term care facility (assisted living, family care home or nursing home) in Orange County, please answer the following items. If not, you can go on to Question 13 at this time.**

	Very good	Good	Average	Somewhat poor	Very poor	Don't know
How would you rate your experience locating a suitable long-term care facility in Orange County?	<input type="radio"/>					
How would you rate the quality of care you or a loved one received there?	<input type="radio"/>					

### How did you pay for your long-term care?

- Long Term Care Insurance
- Medicare
- Private Insurance
- Private Funds
- Medicaid
- Other (please specify)

**Please list the factors that made your experience with long-term care in Orange County good.**

**Please list the factors that made your experience with long-term care in Orange County bad.**

# Perceptions of Aging Survey

## B. Encouraging Community Involvement - Navigating Orange County

**Imagine that you, one of your parents, or another loved one is turning 60 or older. How important will each of these features be in helping you/him/her navigate around Orange County over the next 5 years?**

	Essential	Very important	Not sure/don't know	Not very important	Not important at all
Easy to read signage on streets, crosswalks, businesses, houses	<input type="radio"/>				
Availability of parking	<input type="radio"/>				
Availability of handicapped parking	<input type="radio"/>				
Availability of sidewalks, especially in busy areas	<input type="radio"/>				
Maintenance of sidewalks and paths	<input type="radio"/>				
Availability of benches in public areas (e.g. along sidewalks)	<input type="radio"/>				
Appropriate timing of traffic lights and crosswalks	<input type="radio"/>				
Accessibility of building entrances	<input type="radio"/>				
Other	<input type="radio"/>				

If other, please specify below

# Perceptions of Aging Survey

## B. Encouraging Community Involvement - Transportation in Orange County

**Imagine that you, one of your parents, or another loved one is turning 60 or older. Which types of transportation services do you think you/he/she will use to help you/him/her get around in Orange County over the next 5 years?**

	Will definitely use	Will probably use	Not sure/don't know	Will probably not use	Will definitely not use
Own car or vehicle	<input type="radio"/>				
Bus	<input type="radio"/>				
Door-to-door transit (such as, EZ Rider)	<input type="radio"/>				
Volunteer driver program	<input type="radio"/>				
Taxi or other private transportation	<input type="radio"/>				
Affordable public transportation services	<input type="radio"/>				
Transportation that is handicapped accessible	<input type="radio"/>				
Other	<input type="radio"/>				

If other, please specify below

**Imagine that you, one of your parents, or another loved one is turning 60 or older. To what types of places in Orange County will you/he/she need transportation other than one's own car over the next 5 years?**

	Will definitely need	Will probably need	Not sure/don't know	Will probably not need	Will definitely not need
Medical appointments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shopping and haircuts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social/cultural events	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Senior Centers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adult day services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Religious events	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If other, please specify below

# Perceptions of Aging Survey

## B. Encouraging Community Involvement - Important Community Aspects

**Imagine that you, one of your parents, or another loved one is turning 60 or older. To what extent do you think that the following opportunities for community engagement are important for older adults in Orange County?**

	Essential	Very important	Not sure/don't know	Not very important	Not important at all
Recognizing the contributions of older adults	<input type="radio"/>				
Promoting intergenerational activities	<input type="radio"/>				
Providing a range of opportunities for volunteering	<input type="radio"/>				
Participation of older adults as leaders (e.g. mentorship, sharing expertise)	<input type="radio"/>				
Offering a welcoming environment for diverse groups	<input type="radio"/>				
Physical activity and exercise	<input type="radio"/>				
Participation in educational and outreach programs for health and wellness	<input type="radio"/>				
Participation in creative art activities	<input type="radio"/>				
Other	<input type="radio"/>				

If other, please specify below

# Perceptions of Aging Survey

## C. Overall Community Perspective

**Which of these issues do you think will be the biggest barriers to your, your parents', or a loved one's comfortable aging in Orange County? (check any that apply)**

- Availability of recreation, leisure, and wellness activities
- Availability of housing options
- Cost of housing (e.g. rent/mortgage, property taxes)
- Cost of living (e.g. utilities, groceries, transportation etc.)
- Availability of healthcare options
- Lack of affordable long-term care options
- Lack of desirable long-term care options
- Cost of medical care and health-related expenses
- Cost of prescriptions
- Financial security
- Concerns about safety and increasing vulnerability as you age
- Adequate support for my caregivers
- Few opportunities to participate in the community
- Difficulty finding transportation around the county
- Few opportunities for civic engagement as an older adult

Other (please specify)

# Perceptions of Aging Survey

## To what extent are the following items important for older adults in Orange County?

	Essential	Very important	Not sure/don't know	Not very important	Not important at all
Availability of recreation, leisure, and wellness activities	<input type="radio"/>				
Availability of housing options	<input type="radio"/>				
Cost of housing (e.g. rent/mortgage, property taxes)	<input type="radio"/>				
Cost of living (e.g. utilities, groceries, transportation etc.)	<input type="radio"/>				
Availability of healthcare options	<input type="radio"/>				
Lack of affordable long-term care options	<input type="radio"/>				
Lack of desirable long-term care options	<input type="radio"/>				
Cost of medical care and health-related expenses	<input type="radio"/>				
Cost of prescriptions	<input type="radio"/>				
Financial security	<input type="radio"/>				
Concerns about safety and increasing vulnerability as you age	<input type="radio"/>				
Adequate support for my caregivers	<input type="radio"/>				
Few opportunities to participate in the community	<input type="radio"/>				
Difficulty finding transportation around the county	<input type="radio"/>				
Few opportunities for civic engagement as an older adult	<input type="radio"/>				
Other	<input type="radio"/>				

If other, please specify below

## To what extent is Orange County a good place in which to grow older?

	Excellent	Very good	Adequate	Poor	Not sure/don't know
Select one.	<input type="radio"/>				

## Perceptions of Aging Survey

**Overall, what are the strengths or positive things about growing older in Orange County?**

**Please list them in the comment box below.**

**Overall, what are the barriers or challenges to growing older in Orange County? Please list them in the comment box below.**

# Perceptions of Aging Survey

## D. Demographics

### Which County do you live in? (check one)

- Orange County
- Alamance County
- Caswell County
- Chatham County
- Durham County
- Person County
- Wake County
- Other county, please specify below

### If you live in Orange County, which township do you live in? (check one)

- Bingham
- Cedar Grove
- Chapel Hill
- Cheeks
- Eno
- Hillsborough
- Little River
- I do not live in Orange County

### How many years have you lived in Orange County?

- Less than 5 years
- 5 to 10 years
- 10 to 20 years
- More than 20 years
- Lifetime resident
- I do not live in Orange County

# Perceptions of Aging Survey

## What is your age?

- less than 50 years old
- 50 -55
- 56 - 60
- 61 - 65
- 66 - 70
- 71 - 75
- 76 - 80
- 81 - 85
- 86 - 90
- over 90 years old

## What is your marital status?

- Single
- Married
- Widowed/widower
- Divorced
- If other, please specify below

## What is your retirement status?

- Not retired
- Semi-retired
- Retired

## What is your race?

- White
- Black/African American
- Asian
- American Indian/ Alaska Native
- Native Hawaiian or Other Pacific Islander
- If other, please specify below

# Perceptions of Aging Survey

## What is your ethnicity?

- Hispanic
- Non-hispanic

## What is your gender?

- Male
- Female

## What is your total household income? (check one)

- Under \$19,000
- \$20,000 to \$39,000
- \$40,000 to \$59,000
- \$60,000 to \$79,000
- \$80,000 to \$99,000
- \$100,000 to \$125,000
- \$125,000 to \$150,000
- More than \$150,000