

AIR EXERCISE



HEY BINGO FANS, LET'S PLAY and do simple movements without having to get up out of our seat!

**Thursday, February 16th
10:30 - 11:30 AM**

Seymour Center
2551 Homestead Rd.
Chapel Hill, NC 27516



Free! Fun for All! Great Prizes!



Hosted by Lisia Hernandez

**Register by Monday, February 13
Seymour Center at 919-968-2070**

