

# Orange County Senior Games & SilverArts

*Aging Well; Living Well...Keeping Active!*

**Kick-Off Event for Artists & Athletes (SilverArts Opening)**  
**March 31, 2022, 4:30pm**  
**at the Seymour Center, Chapel Hill**

**Sports Events and SilverArts: April 1-May 18, 2022**

**Something for everyone 50 years and better!**

*Participate in Sports, Recreation, the Arts*

Orange County Senior Games is much more than a friendly competition in athletics and arts. Participate, stay active, renew old skills, learn new ones and exercise a positive outlook on life. You can choose from numerous athletic events or SilverArts.

**For more information and registration form, contact: Lee Schimmelfing at [leeschim@email.unc.edu](mailto:leeschim@email.unc.edu) or Dana Hughes, 919-918-7372, or [dhughes@townofcarrboro.org](mailto:dhughes@townofcarrboro.org).**



## **SPORTING EVENTS**

Archery, Badminton, Basketball Throw, 3 on 3 Basketball, Billiards, Bocce, Bowling, Cornhole, Croquet, Cycling, Golf, Horseshoes, Pickleball, Shuffleboard, Swimming, Table Tennis, Tennis, Track and Field

## **SILVERARTS**

**Heritage:** Basket-Weaving, Crocheting, Knitting, Jewelry, Needlework, Quilting (hand-stitched), Pottery (hand-built and thrown), Stained glass, Tole/Decorative Painting, Wood Carving, Woodturning, Woodworking

**Performing:** Cheerleading, Comedy, Drama, Dance, Instrumental, Line Dance, Vocals

**Visual:** Acrylics, Drawing, Mixed Media, Oil Painting, Pastels, Photography (Digital and Film), Sculpture, Water Color



**[orangecountync.gov/SeniorGames](http://orangecountync.gov/SeniorGames)**

