

Orange County Senior Games & Silver Arts

2021 ENTRY PACKET

For Athletes, Artists & Cheerleaders

EARLY BIRD DEADLINE - March 12

ENTRY DEADLINE - March 26

Sports Events and SilverArts

April 19 - June 23

Register online at
[http://ncseniorgames.org
/find-your-local-games](http://ncseniorgames.org/find-your-local-games)



Location Sites

AMF Durham Lanes
Blackwood Farm Park—OC DEAPR
Carol Woods Retirement Center
Chapel Hill Community Center Park
Ephesus Park
Hank Anderson Community Park
Hargraves Center - Northside Gym
Occoneechee Golf Course
Orange County SportsPlex
Robert and Pearl Seymour Center
Union Grove UMC

IMPORTANT

- | | |
|-----------------|--|
| March 12 | Early Bird Registration Deadline |
| March 26 | FINAL Registration Deadline |
| April 19 | Sports Events Begin |
| June 9 | SilverArts Opening Show Seymour Ctr |
| June 9 | Celebration of Games |

COORDINATING AGENCIES

Carrboro Recreation and Parks Department
Chapel Hill Parks and Recreation Department
Orange County Department on Aging
OC Dept of Environment, Agriculture, Parks & Recreation

This program is sanctioned by North Carolina Senior Games, Inc. and is sponsored statewide by The North Carolina Division of Aging and Adult Services.

Orange County Senior Games is dedicated to providing year-round health promotion and education for adults 50 years of age and better. We strive to provide fun, fitness and fellowship for people of all ages.

Mailing Address: Orange County Senior Games / Passmore Center

P.O. Box 8181, Hillsborough, NC 27278

REGISTRATION INFORMATION & GENERAL INFORMATION

ELIGIBILITY

Participants must be North Carolina residents for a minimum of three consecutive months of the year and at least 50 years of age on or before December 31, 2021.

OCSG must receive your Entry Form or online registration by 11:59 pm March 26. Each individual, including doubles partners & all group/team members, must submit a completed registration with total payment to OCSG by March 26. Online registration is available at <http://ncseniorgames.org/local.htm>

Entry Fees

Registration \$16.00

Register by March 12th and save \$3.00. (Early Registration \$13.00)

Entry fee includes Athletic events, SilverArts events, Celebration event with a catered meal and a gift.

Other Fees:

Out of County Fee = \$5.00

Bowling Fee = \$5.00 per event

Golf = \$26.00 green and cart fee ([payable at clubhouse](#))

On-site Event Registration Fee = additional \$5.00 per event. Only sports marked with an * are available for on-site registration.

Scholarships - Limited scholarships are available. Please contact Terry Colville at (919) 245-2016 for more information.

Confirmation letters will be sent to you a few days prior to your event date (by email, if address provided).

HEALTH AND FITNESS

To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High intensity types of activities are offered primarily for the conditioned trained athlete. Participants are encouraged to consult a medical professional before participating.

EVENT MANAGERS AND COORDINATORS

Myra Austin & Lee Schimmelfing, Local Co-Coordinator
(919) 245-2020; maustin@orangecountync.gov or
(919) 606-2598; leeschim@email.unc.edu

Latonya Brown, Event Manager - Cycling, Golf
(919) 245-4270

Terry Colville, OCSG Registration Coordinator, Event Manager - Billiards, Swimming, Track (919) 245-2016

Dana Hughes, Event Manager - Bocce, Cornhole, Field Events, Horseshoes, Shuffleboard (919) 918-7372

CD Poon, Event Manager - Badminton
cdpoon@gmail.com

Corina Riley, Event Manager - Bowling (919) 918-7370

Cydnee Sims, SilverArts Coordinator - SilverArts, Cheerleading (919) 245-4250

Dan Stern, Event Manager - Table Tennis
stern.daniel.b@gmail.com

Michael Troutman, Athletic Events Director, Event Manager -Basketball, Tennis, Croquet, Pickleball,
(919) 968-2736

Aadra Webster, Event Manager - Archery (919) 245-2664

INTERESTED IN BEING A JAMMER (CHEERLEADER)

Please contact Clementine Self at (919) 942-8614 or Cydnee Sims at

REGISTER ONLINE AT <http://ncseniorgames.org/find-your-local-games>

AGE CATEGORIES

Your age category is determined by your age on December 31, 2021.

Men & women compete in separate categories in the following five-year age increments: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+.

You **must** compete at the scheduled time with your age/sex category unless a virtual offering. In doubles competition, partners compete in the age category of the younger partner. In team sports, the age category is determined by the age of the youngest player.

DOUBLES EVENTS

The age of the younger player will determine the age group. A player may compete in only one age group; age groups are

INCLEMENT WEATHER PLANS

Event Managers reserve the right to cancel or postpone events in case of inclement weather or unusual or extenuating circumstances. If we know in advance we will send you an email (if address is provided) or call (if email is not provided) when postponing/cancelling events.

IMPORTANT GAME DETAILS

Rules: All sports will be conducted in accordance with the 2021 edition of the *NCSG Official Rules Book*, which is available on the NCSG website.

For Events with multiple sports or games, **you will be contacted about your specific playing time by the event manager or OCSG staff.** If you are unable to attend an activity that you registered for please be sure to call or email the event manager prior to the event time. Sports marked with an * are available for on-site registration.

ARCHERY *

Tuesday, May 4
2:00 pm

Blackwood Farm, Hwy. 86 North, Hillsborough
Recurve w/ sight, Recurve Barebow, Compound w/ sight,
Compound Barebow, Compound w/ sight & release aid,
Recurve w/ sight & release aid
Rain Date: Tuesday, May 11

BADMINTON

Monday & Tuesday, May 17 & 18
1:00 pm

Robert & Pearl Seymour Center
Singles, Doubles & Mixed Doubles

BASKETBALL SHOOTING *

Friday, May 7
9:00 am

Hargraves Center - Northside Gym

BASKETBALL 3 ON 3

Friday, May 7
9:30 am

Hargraves Center - Northside Gym

BILLIARDS *

Monday, May 10
1:30 pm

Robert & Pearl Seymour Center

BOCCE SINGLES & MIXED DOUBLES

Tuesday, April 27
9:00 am

Chapel Hill Community Center (Plant Rd)
Rain Date: Tuesday, May 11

BOCCE MEN TEAMS & WOMEN TEAMS

Wednesday, April 21
9:00 am

Chapel Hill Community Center (Plant Rd)
Rain Date: Thursday, April 28

BOWLING *

Friday, May 14

AMF Durham Lanes, Durham
12:30 pm Singles
2:00 pm Doubles
3:30 pm Mixed Doubles

*Bowling Fee: \$5 per event

CROQUET *

Thursday, May 13
9:00 am

Carol Woods Retirement Center, Chapel Hill
Rain Date: Monday, May 20

CYCLING *

Saturday, May 1
2:00 pm 1 mile

2:30 pm 5k

3:30 pm 10k

Union Grove Church

Rain Date: Sunday, May 3

Field Events

Saturday, April 24

10:45 am

Discus, Football Throw, Shotput,
Softball Throw

Rain Date: Saturday, May 15

GOLF *

Tuesday, May 4
10:00 am

Occoneechee Golf Course, Hillsborough
Equipment: Participant must provide clubs,
balls & soft spikes.

*Golf Fee: \$26 (includes greens fee, cart rental)

Notes: Please call (919) 732-3435 to confirm course conditions.

All players will start at hole #1.

Rain Date: Tuesday, May 11

HORSESHOES *

Monday, April 19
4:30 pm

Hank Anderson Park, Carrboro

Rain Date: Monday, April 26

PICKLEBALL

MEN DOUBLES & WOMEN DOUBLES

Saturday, May 8
12:00 pm

Ephesus Park Courts, Chapel Hill

PICKLEBALL

MEN & WOMEN SINGLES & MIXED DOUBLES

Sunday, May 9
1:00 pm

Ephesus Park Courts, Chapel Hill

SILVERSTRIDERS FUN WALK

April 19—June 1

Virtual

Possible Locations, Guidelines, Rules and
Scoresheets will be sent to all registered participants

SHUFFLEBOARD *

Friday, May 7
1:00 pm

Hargraves Center - Northside Gym

SWIM MEET

Tuesday, April 27
10:30 am

Orange County SportsPlex, Hillsborough

Limit: 6 events maximum

Butterfly
50 yard
100 yard
200 yard

Freestyle
50 yard
100 yard
200 yard
500 yard

Backstroke
50 yard
100 yard
200 yard

Individual Medley
100 yard
200 yard
400 yard

Breaststroke
50 yard
100 yard
200 yard

TABLE TENNIS

Thursday, May 6, 9 am – 5 pm
Friday, May 7, 1 pm

Robert and Pearl Seymour Center
Singles, Doubles & Mixed Doubles

TENNIS

SINGLES & MIXED DOUBLES

Friday, April 23
9:00 am

Ephesus Tennis Courts, Chapel Hill
Rain Date: Tuesday, April 30

TENNIS

DOUBLES

Monday, April 26
9:00 am

Ephesus Tennis Courts, Chapel Hill
Rain Date: Wednesday, April 28

TRACK & FIELD EVENTS *

April 19—June 1

Virtual

Possible Locations, Guidelines, Rules and
Scoresheets will be sent to all registered participants
by April 16 and due to OCSG by June 2

Track Events: 50m, 100m, 200m, 400m Dashes
800m, 1500m, 5k Runs

1500m Race Walk, 5k Race Walk

Field Events: Running Long Jump, Standing Long Jump,

Celebration of Games

Join us to celebrate the spirit of
Senior Games - Wed. June 9 at
4:30pm at the Seymour Ctr.

Chapel Hill

Includes catered dinner.

FREE to Senior Games
participants.

Be sure to register on the
entry form.

SILVERARTS IMPORTANT DETAILS



SilverArts Booklet

Designed for SilverArtists and Cheerleaders, the Booklet provides the history, philosophy, guidelines, details for each category, Judges' Scoresheets and Information Forms. The SilverArts Booklet is available on the website at www.NCSeniorGames.org/silverarts

ALL SilverArts will be held VIRTUALLY this year. Artist, or their representative must deliver Heritage and/or Visual work and/or Performing Arts must submit as a pre-recorded performance to the Robert and Pearl Seymour Center on Friday May 7, from 9:00 am - 12:00 (noon). Please join us for the **SilverArts Virtual Show starting June 9—23**. The show will end on **Wednesday, June 23** and all art work must be picked up by Friday, June 25 between 9:00 am— 12:00pm (noon).

HERITAGE ARTS

Limit: 1 entry per sub-category.

Sub-Categories:

Basket Weaving
Crocheting
Jewelry
Knitting
Needlework

Pottery (thrown & hand built)
Quilting (hand-stitched)
Quilting (machine-stitched)
Stained Glass
Tole/Decorative Painting

Weaving
Woodcarving
Woodturning
Woodworking

VISUAL ARTS

Limit: 1 entry per sub-category.

Sub-Categories:

Acrylics
Oil
Sculpture

Drawing
Pastels
Watercolor

Mixed Media
Photography Film
Photography Digital

PERFORMING ARTS

Limit: 1 entry per sub-category.

Sub-Categories:

Comedy/Drama
Dance

Instrumental
Line Dancing

Vocal

Please visit www.ncseniorgames.org for SilverArts guidelines and other details.

Copies of the SilverArts Guidelines can be obtained at the front desk of the Orange County Senior Centers:
Passmore Center - (919) 245-2015; Seymour Center - (919) 968-2070

THANK YOU SPONSORS!

Orange County Senior Games would like to thank our sponsors.

Gold: Friends of Jerry M. Passmore Center and Friends of Robert and Pearl Seymour Center

Silver: UNC Geriatric Health Inc.; and Bronze: Always Best Care Senior Services.

**Orange County Senior Games / Passmore Center
P.O. Box 8181
Hillsborough, NC 27278**

Please remember to visit www.ncseniorgames.org for State Finals guidelines, rule books and other relevant details.

Registration Fee: \$16.00
Register by Friday, March 12, 2021 and save \$3.00
Final deadline to register is Friday, March 26, 2021