

SHIP Appointment Instructions

Before your appointment, if you are enrolled in Medicare: Please create a MyMedicare Account at www.MyMedicare.gov. Watch this [short video](#) if you need assistance. If you already have a MyMedicare account, please login to verify your username and password, resetting these if necessary. If you do not have access to the internet, we will assist you in creating and/or updating your MyMedicare account during your visit.

Before your appointment, if we are meeting over Zoom: In addition to the MyMedicare Account discussed above, please enter your current medications by selecting Update/Print Drugs after logging in. View these [detailed instructions](#) if needed.

What to Bring to Your Appointment:

- Your red, white and blue Medicare Card
- ALL other health insurance cards
- Username and password for your MyMedicare Account*
- List of prescription medications you take regularly, including name of medication, dosage, and frequency. Alternatively, you can bring the actual prescription bottles with labels. Don't forget medications that may be in your refrigerator as well as inhalers, insulin pens, prescription creams, etc.
- List of providers you visit for primary care and specialty services – this is needed for discussions about Medicare Advantage Plans only.

