



Orange County Department on Aging Virtual Activity Calendar

August 2020

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

2	3	4	5	6	7	8
<p>8:00am - 9:00pm Salli's Sr.Yoga& Breathing(Vi Virtual Class</p>	<p>8:00am - 9:00pm Salli's Sr.Yoga& Breathing(Vi Virtual Class</p> <p>8:00am - 9:00pm Strength Training - Intro-Virtu Virtual Class</p> <p>8:00am - 9:00pm Prime Time Players Virtual - Virtual Class</p> <p>8:00am - 9:00pm Balance-Virtual* Virtual Class</p> <p>8:00am - 9:00pm Cabin Fever 101-Virtual* Virtual Class</p> <p>10:00am - 12:00pm Quilting at Home with Friend Virtual Class</p> <p>10:00am - 11:00am Strong and Steady-Virtual Virtual Class</p> <p>11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class</p> <p>1:00pm - 3:00pm Mac OS X & Aps - Part 3 Virtual Class</p> <p>1:00pm - 3:00pm Zentangle-Virtual Virtual Class</p> <p>1:00pm - 2:00pm Tune in Tuesdays Virtual Class</p>	<p>10:00am - 11:00am Tap Dance-Virtual Virtual Class</p> <p>11:30am - 12:00pm Hello! Care Partners - Virtual Virtual Class</p> <p>1:00pm - 3:00pm Mac OS X & Aps - Part 3 Virtual Class</p> <p>1:00pm - 2:30pm Introductory Psychology Clas Virtual Class</p> <p>1:00pm - 2:00pm Tune in Tuesdays Virtual Class</p> <p>2:00pm - 3:45pm Memory Cafe Virtual Class</p> <p>2:00pm - 2:30pm Prime Time Players -Virtual Virtual Class</p> <p>7:15pm - 8:30pm Song Swap-virtual Virtual Class</p>	<p>11:00am - 12:00pm Care Partners Collaborative-Virtual Virtual Class</p> <p>11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class</p> <p>12:00pm - 12:30pm Strengthen Your Core-Virtual Virtual Class</p> <p>1:00pm - 3:00pm Mac OS X & Aps - Part 3 Virtual Class</p> <p>1:00pm - 2:00pm Tune in Tuesdays Virtual Class</p> <p>1:00pm - 2:30pm Wednesdays@One Poetry-V Virtual Class</p> <p>3:00pm - 4:00pm Financial Planning for Final Virtual Class</p>	<p>9:00am - 10:30am Let's Exercise - Spanish - Vir Virtual Class</p> <p>10:00am - 11:00am Strong and Steady-Virtual Virtual Class</p> <p>11:30am - 12:30pm Line Dance-Zoom Virtual Class</p> <p>1:00pm - 3:00pm iTunes and iCloud on PC's Virtual Class</p> <p>1:00pm - 2:00pm Tune in Tuesdays Virtual Class</p> <p>2:00pm - 3:00pm Afternoon Jazz with Gary-Vir Virtual Class</p> <p>6:30pm - 7:30pm Al-Anon Moving Forward Liv Virtual Class</p>	<p>10:00am - 11:00am Spanish-Level 2 - Virtual Virtual Class</p> <p>11:00am - 12:00pm Seated T'ai Chi- virtual Virtual Class</p> <p>11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class</p> <p>12:00pm - 12:30pm Strengthen Your Core-Virtual Virtual Class</p> <p>1:00pm - 3:00pm iTunes and iCloud on PC's Virtual Class</p> <p>1:00pm - 2:00pm Tune in Tuesdays Virtual Class</p> <p>7:00pm - 9:00pm Enrichment Life Group-Virtua Virtual Class</p>	

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Orange County Department on Aging: Virtual Activity Calendar

August 2020 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Continued) 2	(Continued) 3 3:30pm - 4:30pm Al-Anon Moving Forward Liv Virtual Class 6:15pm - 8:45pm Shakespeare Outloud Book Virtual Class	(Continued) 4	(Continued) 5	(Continued) 6	(Continued) 7	(Continued) 8
9	10 8:00am - 10:00am Older Adult Driving Safety* Virtual Class 10:00am - 12:00pm Quilting at Home with Friend Virtual Class 10:00am - 11:00am Strong and Steady-Virtual Virtual Class 11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class 1:00pm - 3:00pm How to Use Google Calenda Virtual Class 1:00pm - 2:00pm Tune in Tuesdays Virtual Class 2:00pm - 3:00pm Memory Cafe-Virtual Virtual Class 3:30pm - 4:30pm Al-Anon Moving Forward Liv Virtual Class	11 8:00am - 10:00am Pressed Flower Canvas* Virtual Class 10:00am - 11:00am Tap Dance-Virtual Virtual Class 11:30am - 12:00pm Hello! Care Partners - Virtual Virtual Class 1:00pm - 3:00pm Google Drive and Docs-Virtu Virtual Class 1:00pm - 2:30pm Introductory Psychology Clas Virtual Class 1:00pm - 2:00pm Tune in Tuesdays Virtual Class 1:30pm - 3:30pm Art of Grief-Virtual Virtual Class 2:00pm - 2:30pm Prime Time Players -Virtual- Virtual Class	12 8:00am - 10:00am Container Gardening for Beg Virtual Class 11:00am - 12:00pm Care Partners Collaborative- Virtual Class 11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class 12:00pm - 12:30pm Strengthen Your Core-Virtual Virtual Class 1:00pm - 3:00pm Google Sheets & Slides Virtual Class 1:00pm - 2:00pm Tune in Tuesdays Virtual Class 1:00pm - 2:30pm Wednesdays@One Poetry-V Virtual Class	13 8:00am - 10:00am Passmore's Pandemic Perfor Virtual Class 9:00am - 10:30am Let's Exercise - Spanish - Vir Virtual Class 10:00am - 11:00am Strong and Steady-Virtual Virtual Class 11:30am - 12:30pm Line Dance-Zoom Virtual Class 1:00pm - 3:00pm Windows 10 Email-Virtual Virtual Class 1:00pm - 2:30pm Caregivers' Support-Virtual Virtual Class 1:00pm - 2:00pm Tune in Tuesdays Virtual Class 2:00pm - 3:00pm Afternoon Jazz with Gary-Vir Virtual Class 4:00pm - 5:15pm Making Your Vote Count-Virt Virtual Class 6:30pm - 7:30pm Al-Anon Moving Forward Liv Virtual Class	14 8:00am - 10:00am Intarsia Woodcarving* Virtual Class 10:00am - 11:00am Spanish-Level 2 - Virtual Virtual Class 10:30am - 12:00pm Caregivers' Support Group-V Virtual Class 11:00am - 12:00pm Seated T'ai Chi- virtual Virtual Class 11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class 12:00pm - 12:30pm Strengthen Your Core-Virtual Virtual Class 1:00pm - 3:00pm Windows 10 Email-Virtual Virtual Class 1:00pm - 2:00pm Tune in Tuesdays Virtual Class 7:00pm - 9:00pm Enrichment Life Group-Virtua Virtual Class	15

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Orange County Department on Aging Virtual Activity Calendar

August 2020 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

16	17	18	19	20	21	22	
	8:00am - 10:00am Falls Prevention at Home* Virtual Class 9:30am - 10:30am Spanish Level 1 Virtual Virtual Class 10:00am - 12:00pm Quilting at Home with Friend Virtual Class 10:00am - 11:00am Strong and Steady-Virtual Virtual Class 10:45am - 11:45am Spanish Level 2 Virtual Virtual Class 11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class 1:00pm - 2:00pm Tune in Tuesdays Virtual Class 3:00pm - 4:00pm TED TALKS- Virtual Virtual Class 3:30pm - 4:30pm Al-Anon Moving Forward Liv Virtual Class	8:00am - 10:00am Soap Making-Virtual* Virtual Class 10:00am - 11:00am Tap Dance-Virtual Virtual Class 11:30am - 12:00pm Hello! Care Partners - Virtual Virtual Class 1:00pm - 2:30pm Introductory Psychology Clas Virtual Class 1:00pm - 2:00pm Tune in Tuesdays Virtual Class 1:30pm - 3:30pm Art of Grief-Virtual Virtual Class 1:30pm - 3:30pm Exploring Grief Through Expr Virtual Class 2:00pm - 3:00pm TED Talks-August Virtual Class	2:00am - 3:00am Home Safety Chat- Virtual Virtual Class 8:00am - 10:00am Wholmmovies-Efland and Ce Virtual Class 11:00am - 12:00pm Care Partners Collaborative- Virtual Class 11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class 12:00pm - 12:30pm Strengthen Your Core-Virtual Virtual Class 1:00pm - 2:00pm Tune in Tuesdays Virtual Class 1:00pm - 2:30pm Wednesdays@One Poetry-V Virtual Class 3:00pm - 4:00pm Financial Planning for Final Virtual Class	9:00am - 10:30am Let's Exercise - Spanish - Vir Virtual Class 10:00am - 11:00am Strong and Steady-Virtual Virtual Class 11:30am - 12:30pm Line Dance-Zoom Virtual Class 1:00pm - 3:00pm Gmai & Google meet-Virtual Virtual Class 1:00pm - 2:00pm Tune in Tuesdays Virtual Class 2:00pm - 3:00pm Afternoon Jazz with Gary-Vir Virtual Class 6:30pm - 7:30pm Al-Anon Moving Forward Liv Virtual Class	9:30am - 10:30am Spanish-Level 3 - Virtual Virtual Class 10:00am - 11:00am Spanish-Level 2 - Virtual Virtual Class 11:00am - 12:00pm Seated T'ai Chi- virtual Virtual Class 11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class 12:00pm - 12:30pm Strengthen Your Core-Virtual Virtual Class 1:00pm - 3:00pm Gmai & Google meet-Virtual Virtual Class 1:00pm - 2:00pm Tune in Tuesdays Virtual Class 7:00pm - 9:00pm Enrichment Life Group-Virtua Virtual Class		
23	24	25	26	27	28	29	
	9:30am - 10:30am Spanish Level 1 Virtual Virtual Class 10:00am - 12:00pm Quilting at Home with Friend Virtual Class 10:00am - 11:00am Strong and Steady-Virtual Virtual Class	10:00am - 11:00am Tap Dance-Virtual Virtual Class 11:30am - 12:00pm Hello! Care Partners - Virtual Virtual Class 1:00pm - 2:30pm Introductory Psychology Clas Virtual Class	10:30am - 11:30am Book Club Virtual Class 11:00am - 12:00pm Care Partners Collaborative- Virtual Class 11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class	9:00am - 10:30am Let's Exercise - Spanish - Vir Virtual Class 10:00am - 11:00am Strong and Steady-Virtual Virtual Class 11:30am - 12:30pm Line Dance-Zoom Virtual Class	9:30am - 10:30am Spanish-Level 3 - Virtual Virtual Class 10:00am - 11:00am Spanish-Level 2 - Virtual Virtual Class 10:30am - 12:00pm Caregivers' Support Group-V Virtual Class		

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Orange County Department on Aging Virtual Activity Calendar

August 2020 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Continued) 23	<p>(Continued) 24</p> <p>10:45am - 11:45am Spanish Level 2 Virtual Virtual Class</p> <p>11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class</p> <p>1:00pm - 2:00pm Tune in Tuesdays Virtual Class</p> <p>1:30pm - 2:30pm Caregivers Education Series Virtual Class</p> <p>3:30pm - 4:30pm Al-Anon Moving Forward Liv Virtual Class</p>	<p>(Continued) 25</p> <p>1:00pm - 2:00pm Tune in Tuesdays Virtual Class</p> <p>1:30pm - 3:30pm Art of Grief-Virtual Virtual Class</p> <p>1:30pm - 3:30pm Exploring Grief Through Expr Virtual Class</p> <p>2:00pm - 2:30pm Prime Time Players -Virtual-Virtual Class</p>	<p>(Continued) 26</p> <p>12:00pm - 12:30pm Strengthen Your Core-Virtual Virtual Class</p> <p>1:00pm - 3:00pm Zoom Class - How to Host & Virtual Class</p> <p>1:00pm - 2:00pm Tune in Tuesdays Virtual Class</p> <p>1:00pm - 2:30pm Wednesdays@One Poetry-V Virtual Class</p>	<p>(Continued) 27</p> <p>1:00pm - 2:30pm Caregivers' Support-Virtual Virtual Class</p> <p>1:00pm - 3:00pm Intro to IPAD-Virtual Virtual Class</p> <p>1:00pm - 2:00pm Tune in Tuesdays Virtual Class</p> <p>2:00pm - 3:00pm Afternoon Jazz with Gary-Vir Virtual Class</p> <p>6:30pm - 7:30pm Al-Anon Moving Forward Liv Virtual Class</p>	<p>(Continued) 28</p> <p>11:00am - 12:00pm Seated T'ai Chi- virtual Virtual Class</p> <p>11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class</p> <p>12:00pm - 12:30pm Strengthen Your Core-Virtual Virtual Class</p> <p>1:00pm - 3:00pm Intro to IPAD-Virtual Virtual Class</p> <p>1:00pm - 2:00pm Tune in Tuesdays Virtual Class</p> <p>2:30pm - 3:30pm Monticello - Home of Thoma Virtual Class</p> <p>7:00pm - 9:00pm Enrichment Life Group-Virtua Virtual Class</p>	(Continued) 29
30	<p>31</p> <p>9:30am - 10:30am Spanish Level 1 Virtual Virtual Class</p> <p>10:00am - 12:00pm Quilting at Home with Friend Virtual Class</p> <p>10:00am - 11:00am Strong and Steady-Virtual Virtual Class</p> <p>10:45am - 11:45am Spanish Level 2 Virtual Virtual Class</p> <p>11:00am - 12:00pm Alicia's Arthritis Foundation Virtual Class</p>					

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Orange County Department on Aging Virtual Activity Calendar

August 2020 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>(Continued)</p> <p style="text-align: right; color: red;">30</p>	<p>(Continued)</p> <p style="text-align: right; color: red;">31</p> <p>1:00pm - 2:00pm Tune in Tuesdays Virtual Class</p> <p>3:30pm - 4:30pm Al-Anon Moving Forward Liv Virtual Class</p>					



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