

# 2015-2016 (YEAR 4) MAP IMPLEMENTATION PLAN

## GOALS, OBJECTIVES, STRATEGIES, AND INDICATORS

**Goal 1: Empower older adults, their families, and other consumers to make informed decisions and to easily access available services and supports.**

Objective 1.1: Increase the accessibility of information about resources, programs, and services for older adults in Orange County.

**Strategy 1.1.2:** Implement a countywide social marketing plan that distributes needed information to older adults through a variety of means.

Objective 1.2: Provide general information related to finances, long-term care insurance, and estate planning to older adults within Orange County.

**Strategy 1.2.1:** Utilize volunteers and existing educational materials to provide information related to finances, long-term care insurance, and estate planning to older adults.

Objective 1.3: Ensure the attention to diversity in Department on Aging programs and information sharing efforts.

**Strategy 1.3.1:** Create a dedicated program to link older adults from minority, refugee and immigrant groups and faith communities to Senior Centers.

**Goal 2: Enable older adults to age in their place of choice with appropriate services and supports.**

Objective 2.1: Orange County, with input from the towns of Chapel Hill, Carrboro, and Hillsborough, will develop and adopt a housing plan for Orange County's increasing older adult population that includes action steps and a plan for implementation and evaluation.

**Strategy 2.1.1:** The County and the towns conduct a joint study that will identify the types of housing that older adults want and may need in the future and the gaps that currently exist

Objective 2.2: Preserve and increase the number of affordable housing options for low and middle-income older adults.

**Strategy 2.2.1:** Evaluate existing regulations and policies and identify those that might prevent the development of senior housing.

**Indicator 2.2.1a:** Changes in policies that may prevent development of senior housing, such as zoning, restrictions on Accessory Dwelling Units (ADU), school impact fees, expanding low-income eligibility.

**Agencies Responsible:** Orange County Planning Department; Orange County Housing, Human Rights and Community Development Department; Towns of Chapel Hill, Carrboro, and Hillsborough, Department on Aging

**Lead Agency:** Orange County Planning Department

- Strategy 2.2.2:** Consider new regulations and policies that will encourage developments to meet older residents' housing needs.

**Indicator 2.2.2a:** Changes in policies, such as streamlining the land use review process for housing options for older adults.

**Agencies Responsible:** Orange County Planning Department; Orange County Housing, Human Rights and Community Development Department; Towns of Chapel Hill, Carrboro, and Hillsborough

- Strategy 2.2.3:** Encourage and endorse partnerships that lead to the development of new housing options for older adults.

**Indicator 2.2.3a:** New partnerships created among commercial builders, local non-profit organizations, faith communities, and public bodies that increase housing choices.

**Agencies Responsible:** Orange County Planning Department; Orange County Housing, Human Rights, and Community Development Department; Habitat for Humanity of Orange County; Community Home Trust; faith communities

**Lead Agency:** Orange County Housing, Human Rights, and Community Development Department/ Department on Aging

- Strategy 2.2.4:** Encourage the organization of intentional communities (e.g., co-housing, cooperative housing, share-a-home arrangements, etc.) as a housing option for older adults in Orange County.

**Indicator 2.2.4b:** A toolkit developed to guide interested parties through the planning and development process.

**Indicator 2.2.4c:** More intentional communities created.

**Lead Agencies:** Department on Aging, in collaboration with Charles House, Inc.

Objective 2.3: Increase the proportion of the housing stock that accommodates the needs of older adults through universal design features.

**Indicator 2.3.1a: Workshops held at the Senior Centers and other locales (such as congregations, community centers and home improvement centers) on universal design and the positive benefits of home modifications on quality of life and property value.**

**Indicator 2.3.1b: Development of a media campaign to promote the benefits of universal design (through print, radio, and/or television).**

**Indicator 2.3.1c: Creation of a brochure with information on simple and low-cost home modifications to aid aging in place.**

**2.3.1d: A seminar on Aging in Place, Universal Design and ADA accessibility hosted by the Orange County Planning Department.**

**Agencies Responsible: Department on Aging; Orange County Planning Department, Orange County Housing, Human Rights and Community Development Department; Towns of Chapel Hill, Carrboro, Hillsborough; R.L. Mace Universal Design Institute**

**Lead Agency: Orange County Planning Department**

- Strategy 2.3.2:** Advocate that the state of North Carolina 1) strengthen universal design/visitability standards for new housing developments and 2) incorporate universal design features into the state's Health and Safety Code for builders so that buyers can opt-in to universal design features.

**Indicator 2.3.2a: Proposed new standards (1) and codes (2).**

**Agencies Responsible: Board of County Commissioners, Orange County Senior Tar Heel Legislature Delegates**

**Lead Agency: Aging Advisory Board**

- Strategy 2.3.3:** Create county-level incentives or ordinances for new developments or redevelopments to adopt Universal Design features (e.g., financial incentives, building certification, streamlined permitting, construction permitting, construction permit fee waivers, establish a certification program to brand housing options meeting accessibility standards under a recognized label).

**Indicator 2.3.3a: Financial incentives, building certification, streamlined permitting, construction permitting, construction permit fee waivers, establishment a certification**

**program to brand housing options meeting accessibility standards under a recognized label.**

**Indicator 2.3.3b: More new buildings with universal design features constructed.**

**Agencies Responsible: Board of County Commissioners; Orange County Planning Department; Towns of Chapel Hill, Carrboro, and Hillsborough**

Objective 2.4: Coordinate the transportation and wayfinding/walkability plans between the various counties, towns, and other regional bodies that enable community mobility for older adults.

- Strategy 2.4.1:** Form a partnership between Orange County government and the North Carolina Department of Transportation (NCDOT) through which to advocate for changes to the physical environment and infrastructure that will benefit older adults and others to be included in NCDOT's and others' plans.

**Indicator 2.4.1a: Regular meetings held with NCDOT to discuss feasibility of changes to the physical environment including but not limited to: increased crosswalk time, improved way-finding and other signage, maintained lane markings, modified traffic patterns to allow multi-direction pedestrian crossing, and increased number of pedestrian islands.**

**Indicator 2.4.1b: Inclusion of proposed changes in NCDOT and others' transportation plans.**

**Indicator 2.4.1c: Development of an American with Disabilities Act (ADA) compliant sidewalk infrastructure that connects surrounding properties and sidewalks in the areas identified in assessments.**

**Agencies Responsible: Department on Aging Advisory Board; NCDOT; OUT Board, MPO, Burlington Plan, TARPO, Orange County Planning Department; Towns of Chapel Hill, Carrboro and Hillsborough**

**Lead Agency: Orange County Planning Department and OUT Board with support from Department on Aging Advisory Board**

- Strategy 2.4.2:** Pursue innovative solutions to the county's navigation and transportation needs, accounting for older adults at all levels of functionality and income.

**Indicator 2.4.2a: Meetings with county and regional planning and transit organizations held to advocate for innovative and effective solutions, such as ride-sharing matching service, vanpool, or Share-a-Ride; rural centralized park and ride lots with shuttles; once-**

**a-week bus transport to rural areas; or recreational group travel to destinations beyond the Senior Centers, etc.**

Agencies Responsible: Department on Aging, Orange County Planning Department/OPT, Chapel Hill Transit, Triangle Transit

Lead Agency: Advisory Board on Aging/OUT Board

**Strategy 2.4.3:** Designate an aging-related Mobility Manager to coordinate with other transportation providers to assist older adults across Orange County.

**Strategy 2.4.4:** Regularly conduct needs assessments to better coordinate the planning and implementation of recommendations that consider multiple modes of transportation and community connectivity, and communicate the results to the public.

**Indicator 2.4.4a:** Multi-modal navigation and transportation needs assessments conducted every 3-5 years in areas densely populated or heavily used by older adults.

**Indicator 2.4.4b:** Assessment results used to generate multi-modal community connectivity plans at the county and municipal levels.

**Indicator 2.4.4c:** Assessment results and plans made available to the public in paper and/or electronic formats.

Agencies Responsible: Department on Aging; Triangle J Council of Governments; Orange County Planning Department; Durham-Chapel Hill Carrboro Metropolitan Planning Organization (DCHC MPO), Burlington-Graham MPO, Triangle Area Rural Planning Organization (TARPO), Towns of Chapel Hill, Carrboro and Hillsborough

Lead Agency: Orange County Planning Department

**Strategy 2.4.5:** Increase the number of bike lanes in Orange County, especially in the northern region, to connect the existing infrastructure.

**Indicator 2.4.5a:** Increased number of bike lanes in Orange County compared to baseline determined by NCDOT Bicycling Orange County Map and the Chapel Hill-Carrboro Cycle Guide.

Agencies Responsible: Department on Aging; NCDOT; Orange County Planning Department; Towns of Chapel Hill, Carrboro and Hillsborough

- Strategy 2.4.6:** Create a map with all Orange County navigation and transportation routes.

**Indicator 2.4.6b: Map updated annually.**

Agencies Responsible: Department on Aging, Orange County Planning Department

Lead Agency: Orange County Planning Department

Objective 2.5: Orange County will encourage transportation services that enable community mobility for older adults.

- Strategy 2.5.1:** Expand existing volunteer driver programs, such as but not limited to Friend-to-Friend, A Helping Hand, and American Red Cross, that provide door-to-door, door-through-door, escorted, and other transportation to low-income older adults.

**Indicator 2.5.1a: Increased number of volunteers providing transportation services.**

**Indicator 2.5.1b: Increased funding to agencies providing volunteer driver programs.**

**Indicator 2.5.1c: Provision of technical assistance to agencies providing volunteer driver programs.**

Agencies Responsible: Department on Aging, Orange County Planning Department, Department of Social Services, A Helping Hand

Lead Agency: Department on Aging/Volunteer Connect 55+/AT

- Strategy 2.5.2:** Encourage private transportation providers to offer door-to-door, door-through-door, escorted, and other transportation to shopping areas for both urban and rural area residents.

**Indicator 2.5.2a: Meetings held with existing private transportation providers (e.g. taxi services, existing group travel providers) and/or local businesses to determine feasibility of regular group transportation between urban and rural areas, the Senior Centers, and shopping areas.**

**Indicator 2.5.2b: More private transportation companies that provide door-to-door, door-through-door, and/or escorted transportation services to both urban and rural area residents.**

Agencies Responsible: Department on Aging, Orange County Planning Department

Lead Agency: Department on Aging/AT

**Strategy 2.5.3:** Expand existing public transit schedules to improve weekend transportation options and to connect the Senior Centers with other businesses, especially at midday.

**Strategy 2.5.4:** Expand existing public transit routes to improve options for travel to other counties.

**Indicator 2.5.4a:** A partnership formed between the Triangle J Council of Governments (COG) and local planning organizations that have existing goals and objectives around expanding regional connections and serving older adults and service providers with existing cross-regional routes (e.g. Triangle Transit Authority).

**Indicator 2.5.4b:** Regional agreements to improve access to out-of-county travel.

Agencies Responsible: Department on Aging, Triangle J Council of Governments, Orange County Planning Department

**Strategy 2.5.5:** Advocate for a consolidated transportation system within the county

**Indicator 2.5.5a:** The merger of Chapel Hill Transit and Orange Public Transportation.

Agencies Responsible: Department on Aging, Orange County Planning Department

Lead Agency: Advisory Board on Aging

**Strategy 2.5.6:** Establish and support senior driving education programs that address the driving task, the driver, and/or the social environment.

**Indicator 2.5.6a:** Driving education programs offered at the Senior Centers at least 2 times per year.

Agency Responsible: Department on Aging/Senior Centers

Objective 2.6: Protect and increase the provision of meal assistance services in Orange County.

- Strategy 2.6.1:** Expand home-delivered meal services to more individuals and areas of the county that are in need of this service.

**Indicator 2.6.1a:** Technical assistance to local organizations, such as congregations, neighborhoods, and service groups, interested in increasing food assistance options available to older adults.

**Indicator 2.6.1b:** More volunteers recruited and trained to assist with meal preparation and/or meal delivery.

**Indicator 2.6.1c:** Organizations, such as the Department of Social Services and the Sheriff's Office, identify and refer adults in need of meal assistance services to local meal service providers.

Agencies Responsible: Department on Aging, in collaboration with existing meal service agencies, such as Chapel Hill/Carrboro Meals on Wheels and Orange Congregations In Mission (OCIM) and other organizations

Lead Agency: Aging Advisory Board

Objective 2.7: Expand in-home and community respite support services that enable Orange County residents to age in place.

- Strategy 2.7.1:** Encourage faith-based groups to provide respite services to caregivers through programs like Caregiver Day Out, as currently provided at the Seymour Center, to other locations in Orange County.

**Indicator 2.7.1a:** Technical assistance offered to faith-based groups to provide respite services to caregivers.

**Indicator 2.7.1b:** More caregivers provided respite services through faith-based groups.

Agencies Responsible: Department on Aging, in collaboration with faith-based groups, Triangle J Area Agency on Aging, and other community groups

Lead Agency: Department on Aging/Aging Transitions

- Strategy 2.7.2:** Offer Friend-to-Friend program through the senior centers to provide respite to caregivers and companion services to older adults living alone.

**Indicator 2.7.2a:** Respite services to older adults and their caregivers provided by the Friend-to-Friend program.

Agency Responsible: Department on Aging

- Strategy 2.7.3:** Increase financial resources to expand the efforts of local organizations that provide in-home and adult day care services to low-income older adults.

**Indicator 2.7.3a:** Additional funding made available to non-profit organizations, such as A Helping Hand, Carolina Villages Project, Project Compassion, Piedmont Health Senior Care, Soltys Adult Day Care, and Charles House, etc. that provide in-home, respite, and adult day care services.

Agencies Responsible: Department on Aging; Towns of Chapel Hill, Carrboro, Hillsborough; Board of County Commissioners

- Strategy 2.7.4:** Explore the use of Home & Community Care Block Grant (HCCBG) funding toward Consumer Directed Care initiatives, allowing older adults to choose their own caretakers or service providers and pay them for their services.

**Indicator 2.7.4a:** Report completed outlining possible uses of HCCBG funding.

**Indicator 2.7.4b:** Articles published in Senior Times and local newspapers on the Consumer Directed Care initiative.

Agencies Responsible: Department on Aging, Department of Social Services, Triangle J Area Agency on Aging

- Strategy 2.7.5:** Collaborate with the Carolina Villages Project to promote the creation of villages in Orange County, in which neighborhood networks assist with aging in place, through education, information sharing, volunteerism, and technical support.

**Indicator 2.7.5a:** Increased number of villages in Orange County.

Agencies Responsible: Department on Aging, Carolina Villages

Lead Agency: Advisory Board on Aging

Objective 2.8: Ensure that more older adults in Orange County are able to maintain, modify, and afford their homes.

- Strategy 2.8.1:** Explore the feasibility of raising the income qualification limit again under the Homestead Tax Exemption program.

**Indicator 2.8.1a:** Initiative added to the Board of County Commissioners and Senior Tar Heel Legislature’s legislative agenda to raise the tax limit of the Homestead Tax Exemption program.

Agencies Responsible: Board of County Commissioners, Orange County Senior Tar Heel Legislature Delegates

Lead Agency: Advisory Board on Aging

- Strategy 2.8.2:** Educate older adults about where they can obtain low-cost assistance with home modifications.

**Indicator 2.8.2a:** Home modification assistance information included in community resource guides and part of information fairs.

Agencies Responsible: Department on Aging, in collaboration with Orange County Housing, Human Rights and Community Development Department and Vocational Rehabilitation Center for Independent Living

Lead Agency: Department on Aging/Aging Transitions

### **Goal 3: Empower older adults to enjoy optimal health status and to have a healthy lifestyle.**

Objective 3.1: Promote wellbeing and the prevention and maintenance of chronic disease for all older adults in Orange County through increased access to evidence-based programs.

- Strategy 3.1.1:** Use geo-mapping strategies to understand where older adults are concentrated in the county and encourage organizations, like congregations and township community centers, to host wellness and exercise classes.

**Indicator 3.1.1a:** Development and dissemination of GIS map displaying current population density of older adults in Orange County to faith-based communities and other county departments.

**Indicator 3.1.1b:** GIS map put on UNC Center for Aging and Health's and UNC Institute on Aging's websites for wide distribution.

**Indicator 3.1.1c:** More wellness and exercise classes offered to older adults in community locations, such as congregations and township community centers.

Agencies Responsible: Department on Aging, in collaboration with Orange County Parks and Recreation Department, town recreation departments, local congregations, UNC Center for Aging and Health, and the UNC Institute on Aging, CRC

Lead Agency: Department on Aging

**Strategy 3.1.2:** Train volunteers to offer evidence-based wellness programs, like A Matter of Balance and Living Healthy, at the Senior Centers, senior housing locations, and congregations, etc.

**Indicator 3.1.2a:** Two trainings per year at Orange County Senior Centers to train volunteers in how to lead evidenced-based exercise programs for older adults.

**Indicator 3.1.2b:** Ads and articles publicizing exercise program leader trainings sent to faith-based organizations, senior living environments, Senior Centers, and published in the Senior Times.

**Indicator 3.1.2c:** Fifty trained volunteers by 2017 providing more evidence-based wellness programs to older adults in Orange County.

Agencies Responsible: Department on Aging, in collaboration with Triangle J Area Agency on Aging and local congregations

Lead Agency: Department on Aging/Wellness

**Strategy 3.1.3:** Develop a health marketing campaign to encourage Orange County citizens aged 50 and above to exercise for wellness and disease prevention and maintenance.

**Indicator 3.1.3c:** Development of marketing campaign materials, articles, television, or radio ads.

Agencies Responsible: Department on Aging, in collaboration with UNC School of Public Health and Orange County Health Department.

Lead Agency: Department on Aging/Wellness

- **Strategy 3.1.4:** Provide older adults who have physical or mental health disabilities with access to appropriate exercise classes at the Senior Centers.

**Indicator 3.1.4a:** Volunteers recruited and trained to assist older adults with physical or mental health disabilities in exercise classes.

**Indicator 3.1.4b:** Increased number of exercise classes offered at senior centers that are appropriate for older adults with mental or physical disabilities.

**Agencies Responsible:** Department on Aging, Orange County Parks and Recreation Department

Objective 3.2: Ensure that older adults and their families can access appropriate care for their health needs.

- **Strategy 3.2.1:** Collaborate with Chatham-Orange Community Resource Connections (CRC) member organizations to promote the model of primary medical homes and the inclusion of case managers/social workers on the team at public and private primary care practices to provide patient education and service coordination.

**Indicator 3.2.1a:** Information provided to older adults about benefits of choosing a primary medical home and a list of primary medical homes that serve older adults on Medicare and Medicaid in Orange County.

**Indicator 3.2.1b:** More older adults referred to the PACE (Program of All-Inclusive Care for the Elderly) program.

**Agencies Responsible:** Chatham-Orange Community Resource Connections (CRC) member organizations, including the Department on Aging, Department of Social Services, AccessCare of Central Carolina, Piedmont Health

- **Strategy 3.2.2:** Collaborate with the Chatham-Orange Community Resource Connection (CRC) to promote and expand hospital transition programs that involve nurse follow-up on patients after discharge and linkages with community resources.

**Indicator 3.2.2a:** Decline in local hospital readmission rates.

Agencies Responsible: Chatham-Orange Community Resource Connections (CRC) member organizations, including the Department on Aging, UNC Hospitals, and Carol Woods Retirement Community

- Strategy 3.2.3:** Collaborate with the Chatham-Orange Community Resource Connections (CRC) to advocate for privately owned pharmacies to offer more walk-in clinic services.

**Indicator 3.2.3a: More privately owned pharmacies offer walk-in services within Orange County.**

Agencies Responsible: Chatham-Orange Community Resource Connections (CRC) member organizations, including the Department on Aging

Objective 3.3: Improve quality of and access to mental health and substance abuse services for older adults and their families.

**Strategy 3.3.1:** Educate older adults on the importance of identifying mental health and substance abuse issues such as 1) misuse and abuse of prescription drugs, 2) depression and anxiety, 3) alcohol use and addictions, 4) drug use and abuse, and 5) dementia.

**Indicator 3.3.1a: Articles in Senior Times published regarding the importance of identifying mental health and substance abuse issues.**

**Indicator 3.3.1b: Posters placed in Orange County Senior Centers and other community locations on the importance of identifying mental health and substance abuse issues and how to access services.**

**Indicator 3.3.1c: Use of Cardinal Innovation's county funds to help finance mental health care for older adults on Medicare.**

Agencies Responsible: Department on Aging, Cardinal Innovations – OPC Operations Center

Lead Agency: Department on Aging/Aging Transitions and Wellness

- Strategy 3.3.2:** Advocate for making dementia and depression screening a regular procedure at primary care visits for older adults.

**Indicator 3.3.2a: Healthy IDEAS materials sent to primary care practices that are known to serve older adults.**

Agency Responsible: Department on Aging/Wellness

- Strategy 3.3.3:** Expand free mental health and substance abuse screening, referrals, and brief counseling services at the Orange County Senior Centers.

**Indicator 3.3.3a:** Expanded mental health and substance abuse screening and referrals at the Orange County Senior Centers.

**Indicator 3.3.3b:** Expanded brief counseling services at the Orange County Senior Services.

Agencies Responsible: Department on Aging, Cardinal Innovations – OPC Community Operations Center

- Strategy 3.3.4:** Advocate for the identification of mental health needs of long-term care residents and encourage appropriate treatment for those with mental health diagnoses by 1) building connections with mental health providers and 2) advocating for long-term care facilities to provide enhanced dementia care and interventions for mental health concerns.

**Indicator 3.3.4a:** Long-Term Care Round Table meeting with long-term care facilities held to explore enhanced dementia care and interventions for mental health concerns.

**Indicator 3.3.4b:** Information fair of mental health providers in Orange County attended by directors or administrators of long-term care facilities.

Agencies Responsible: Department on Aging, in collaboration with Aging Advisory Board, Triangle J Area Agency on Aging and Cardinal Innovations

Lead Agency: Cardinal Innovations - OPC Community Operations Center/Department on Aging

**Objective 3.4:** Collaborate with faith-based groups and other chaplaincy organizations to provide for the psychological, emotional, and spiritual needs of older adults.

- Strategy 3.4.1:** Research how best to address spiritual needs of older adults, especially around loss and end-of-life.

**Indicator 3.4.1a: Focus/study groups held at the Senior Centers to discuss spiritual needs of older adults and how to best address them.**

**Indicator 3.4.1b: Outreach efforts conducted to military and hospital chaplaincies to learn how they provide spiritual help in a non-denominational and secular way.**

**Indicator 3.4.1c: Report compiled on evidence-based chaplain programs and mechanisms for oversight and accountability.**

**Indicator 3.4.1d: Part-time or volunteer secular chaplain available at the Senior Centers.**

**Agency Responsible: Department on Aging**

- Strategy 3.4.2: Support educational opportunities for faith-based groups to provide programs and services within their own organizations.**

**Indicator 3.4.2a: Training provided for lay chaplain leaders, religious leaders, congregational nurses, and citizens on how to counsel caregivers and older adults, especially older adults who have dementia or individuals caring for older adults with dementia.**

**Indicator 3.4.2b: Information provided to faith-based groups on the use of lay leader models, such as the Stephen Ministry, to meet needs for spiritual counseling.**

**Agencies Responsible: Department on Aging**

## **Goal 4: Promote the safety and rights of older and vulnerable adults and prevent their abuse, neglect, and exploitation.**

Objective 4.1: Collaborate with Emergency Management Services (EMS) to improve services for older residents of Orange County.

- Strategy 4.1.1: Collaborate with Orange County EMS to provide multi-media information and trainings on falls prevention to fall victims, their families, and relevant organizations.**

**Indicator 4.1.1a: Trainings provided to older adults, caretakers, and organizations on how to manage and prevent fall events.**

**Indicator 4.1.1b: DVD training on older adult fall management and prevention created that can be disseminated to organizations and citizens.**

**Indicator 4.1.1c: Information materials and pamphlets on fall prevention and management provided to older adults who fall in their own homes.**

Agencies Responsible: Department on Aging, Emergency Management Services (EMS), UNC Division of Geriatric Medicine, UNC Center for Aging and Health

Lead Agency: Department on Aging/Wellness and OT

- Strategy 4.1.2:** Partner with Orange County EMS, managers of long-term care facilities, older adults, and their caretakers to prevent reliance on EMS ambulance services for emerging medical problems, such as falls-related events.

**Indicator 4.1.2a: Meeting between EMS and long-term care administrators to determine which medical events in long-term care facilities could be dealt with appropriately in ways besides full ambulance services and to determine which long-term care facility procedures could be altered to appropriately care for residents without reliance on full ambulance services.**

Agencies Responsible: Department on Aging, Emergency Management Services (EMS), long-term care facility administrators, UNC Division of Geriatric Medicine, and UNC Center for Aging and Health, Sheriff's Office

Lead Agency: Emergency Management Services with assistance from Department on Aging

- Strategy 4.1.3:** Partner with EMS and DSS to make sure that frail older adults are in safe places during weather and environmental emergencies.

**Indicator 4.1.3a: Development of a buddy system between older adults and their neighbors to ensure safety during weather emergencies, especially for rural area residents**

**Indicator 4.1.3b: Provision of informational resource to Orange County residents on caring for older adults during weather emergencies.**

**Indicator 4.1.3c: More older adults referred to the Department on Social Services Special Needs Registry for help in weather emergencies and disasters.**

**Indicator 4.1.4d: Portable generators located at the Senior Centers.**

Agencies Responsible: Department on Aging, Emergency Management Services (EMS), Department of Social Services, Asset Management, Sheriff's Department

Lead Agency: Department of Social Services, EMS

Objective 4.2: Improve the quality of programs and services provided to residents of long-term care facilities, nursing homes, assisted living facilities, and family care homes in Orange County.

- Strategy 4.2.1:** Activate the Department on Aging's Long-term Care Round Table to develop a partnership among the leaders of Orange County long-term care facilities and the regional long-term care Ombudsman to implement a model of person-centered care within long-term care facilities.

**Indicator 4.2.1c:** Evidenced-based and enriching activities that meet individual needs and provide a purpose in life and cognitive stimulation implemented in Orange County long-term care facilities.

**Indicator 4.2.1d:** Meals within long-term care facilities include more fresh foods and vegetables and are provided in a home-like manner.

**Indicator 4.2.1e:** On-site continuing education and exercise classes provided at long-term care facilities.

**Indicator 4.2.1f:** Expansion of the OCDOA Friend-to-Friend program to include long-term care residents who have no family members nearby.

Agencies Responsible: Department on Aging, in collaboration with the Triangle J Area Agency on Aging and Long-Term Round Table

Lead Agency: Triangle J Area Agency on Aging with help from the Aging Advisory Board

- Strategy 4.2.2:** Support the provision of palliative and end of life care for residents living in long-term care facilities, their families, and staff, including a formalized program for bereavement.

**Indicator 4.2.2a:** Long-term Care Round Table meeting held to discuss the development and implementation of palliative care and end of life care programs in long-term care facilities.

Agencies Responsible: Department on Aging, Triangle J Area Agency on Aging and Project Compassion

Lead Agency: Triangle J Area Agency on Aging/with help from the Aging Advisory Board

Objective 4.3: Increase older adults' ability to protect themselves from exploitation, abuse, and neglect.

- Strategy 4.3.2:** Help older adults access needed social service programs.

**Goal 5: Empower older adults to engage in the community through volunteerism, lifelong learning, and civic activities.**

Objective 5.1: Promote lifelong learning of older adults through increased access to continuing education classes and programs throughout the community.

- Strategy 5.1.1:** Advertise lectures, continuing education classes, and resources offered at the Senior Centers, libraries, and other community locations. Senior Centers
- Strategy 5.1.2:** Develop relationships with faith-based community in hopes of coordinating education at their sites.

**Indicator 5.1.2a: Meeting with local coalitions of faith-based organizations held to discuss the unique opportunities of faith based organizations to promote older adult lifelong learning.**

**Indicator 5.1.2b: Continuing education classes held at faith-based organizations.**

Agencies Responsible: Department on Aging, in collaboration with faith-based community.

Lead Agency: DoA/ Wellness/Senior Centers

Objective 5.2: Encourage the participation of older adults and their advocates in housing and transportation planning efforts in Orange County.

- Strategy 5.2.1:** Sponsor forums to discuss the types of housing and transportation services that older adults want and need and promote attendance at public meetings.

**Indicator 5.2.1a: Forums on housing and transportation needs sponsored bi-annually.**

Agencies Responsible: Department on Aging; Orange County Housing, Human Rights and Community Development Department; Orange County Planning Department; Towns of Chapel Hill, Carrboro, and Hillsborough

Lead Agency: Department on Aging

- Strategy 5.2.2:** Maintain volunteer recruitment services through the RSVP program.

## **Goal 6: Prepare Orange County for an aging population.**

Objective 6.1: Promote aging preparedness so that the Orange County community and its residents may be better able to transition to senior living.

- Strategy 6.1.1:** Create an Aging Preparedness campaign to encourage citizens to plan for their retirement years and to challenge negative stereotypes of aging.

**Indicator 6.1.1a: Aging Preparedness campaign planned and implemented.**

**Agencies Responsible:** Department on Aging, Triangle J Area Agency on Aging, UNC Institute on Aging, UNC Center for Aging and Health

Objective 6.2: Develop advocacy efforts for local, state, and federal programs, which will support older adults.

- Strategy 6.2.2:** Support Complete Streets policies at the state, county, and local levels that address the needs of older adults.

**Indicator 6.2.2a: Meeting with towns that have existing Complete Streets policies to ensure they are accounting for the needs of older adults and to determine how to support the creation of polices in other towns and at the state level.**

**Agencies Responsible:** Department on Aging; Orange County Planning Department; Towns of Chapel Hill, Carrboro and Hillsborough; NCDOT

**Lead Agency:** Aging Advisory Board

- Strategy 6.2.3:** Support increasing the number of handicapped parking spaces required in public developments.

**Indicator 6.2.3a: Advocacy for legislation that would increase the number of handicapped parking spaces in public developments.**

**Agencies Responsible:** Board of County Commissioners, Orange County Senior Tar Heel Legislature Delegates

Lead Agency: Aging Advisory Board

- Strategy 6.2.4:** Partner with the UNC Highway Safety Research Center and AARP to advocate for increasing the national standard for crosswalk time.

**Indicator 6.2.4a: Meetings with the UNC Highway Safety Research Center and a representative from AARP held to discuss possibility of partnership for advocacy.**

**Indicator 6.2.4b: Creation and implementation of an advocacy plan to increase the national standard for crosswalk time.**

Agencies Responsible: Department on Aging, Triangle J Area Agency on Aging

- Objective 6.3: Maintain existing and seek new revenues for services and programs that serve the aging needs of Orange County.

**Strategy 6.3.1:** Seek available funding for navigation and transportation services and housing initiatives.

**Indicator 6.3.1a: New funding applications for Section 5310, Section 5317, Section 5316 funds or other federal programs or changes to those programs as a result of new federal legislation.**

**Indicator 6.3.1b: Funding sustained for pilot projects, such as the Hillsborough Circulator and EZ Rider Senior Shuttle.**

**Indicator 6.3.1d: Increases secured in housing subsidies, such as but not limited to rental assistance, tax credits, local home ownership assistance.**

Agencies Responsible: Department on Aging; Orange County Planning Department; Orange County Housing, Human Rights and Community Development Department; Chapel Hill Transit; Triangle Transit

Lead Agency: Department on Aging in collaboration with Orange County Housing, Human Rights, and Community Development and Planning/OPT Departments.

**Goal 7: Promote an adequate direct care workforce for an aging population and opportunities for older workers.**

Objective 7.1: Promote increased opportunities and rewards for professional training in aging issues relevant to Orange County.

- Strategy 7.1.1:** Promote opportunities for professional healthcare providers (nurses, pharmacists, social workers, physician assistants, etc.) and students to learn more about aging-related issues.

**Indicator 7.1.1a:** Area Health Education Centers (AHEC) sponsored continuing education trainings offered for health professionals related to aging issues, such as end of life care, fear of reporting falls, how to work with patients with dementia, etc.

**Indicator 7.1.1b:** Aging program and services information distributed to health professionals in the county, especially primary care physicians.

**Indicator 7.1.1d:** Outreach conducted to high school, technical school, and college faculty to raise awareness of aging-related careers and training opportunities.

Agencies Responsible: Department on Aging, in collaboration with Chapel Hill and Durham Eldercare Resources; AHEC; UNC Schools of Public Health, Medicine, Nursing and Social Work; UNC Institute on Aging; UNC Center for Aging and Health; Carol Woods Retirement Community

Lead Agency: UNC Center for Aging and Health

- Strategy 7.1.2:** Promote increased recognition for direct services workers and employers providing services to older adults.

**Indicator 7.1.2a:** Establishment of a countywide recognition program for direct care workers.

**Indicator 7.1.2b:** Establishment of a countywide recognition program for supportive employers of direct care workers who pay them a living wage and advocate for their involvement in patient care decision-making.

**Indicator 7.1.2c:** Provision of educational workshops and support groups for direct care workers.

Agencies Responsible: Department on Aging, Triangle J Area Agency on Aging, Department of Social Services, AHEC, community colleges

Lead Agency: Advisory Board on Aging

- Strategy 7.2.1:** Create a Job Development Office at the Department on Aging that will create partnerships with businesses to develop and coordinate job opportunities and provide job search training for older adults in Orange County.

**Indicator 7.2.1a: Creation of Job Development Officer position.**

**Indicator 7.2.1b: More job opportunities available for and marketed to older adults.**

**Indicator 7.2.1c: Classes and programs on job search training for older adults held at both Senior Centers.**

**Indicator 7.2.1d: Collaborative plan developed with Senior Corp of Retired Executives (SCORE), the Chapel Hill/Carrboro and Hillsborough Chambers of Commerce and the Economic Development Department to provide more jobs.**

**Agencies Responsible: Department on Aging, NCBA Title V Senior Worker Program, Chambers of Commerce, Orange County Economic Development, SCORE**

## **Goal 8: Maintain good stewardship of publicly funded services.**

Objective 8.1: Monitor the Orange County Department on Aging's fulfillment of the 2012-2017 Master Aging Plan so that county resources are used wisely.

- Strategy 8.1.2:** Develop a process to make adjustments to objectives, strategies, and indicators that are not being achieved as planned or to incorporate newly identified needs and opportunities.

**Indicator 8.1.2a: MAP monitoring data reviewed by the Department on Aging Advisory Board on a quarterly basis.**

**Indicator 8.1.2b: MAP Steering Committee meets twice a year to review monitoring data and to propose solutions to implementation problems.**

**Indicator 8.1.2c: Members of original 2012-2017 MAP work groups meet as needed to propose solutions to MAP implementation problems.**

**Agency Responsible: Orange County Advisory Board on Aging**

- Strategy 8.1.3:** Present an annual MAP update to the BOCC.

**Indicator 8.1.3a: Report provided to the BOCC on MAP successes and barriers each year.**

**Agency Responsible: Department on Aging**

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